

PROOF OF FTC,

First, the theorem:

Fundamental Theorem of Calculus:

Let $F(t)$ be differentiable on $[a, b]$, then
(with $F'(t)$ continuous)

$$\int_a^b F'(t) dt = F(b) - F(a).$$

Proof: Let's start with the definition of the integral.

$$\int_a^b F'(t) dt = \lim_{n \rightarrow \infty} \text{LEFT}(n) = \lim_{n \rightarrow \infty} \sum_{i=0}^{n-1} F'(t_i) \Delta t \quad (*)$$

Remember: $\Delta t = \frac{b-a}{n}$. First let me show you the conceptual idea of the proof (or, how a physicist would "prove" it.) Then for those interested, I will give the mathematically rigorous proof.

The definition of the derivative tells us that

$$F'(t_i) = \lim_{\Delta t \rightarrow 0} \frac{F(t_i + \Delta t) - F(t_i)}{\Delta t}. \quad \text{So, if we choose } \Delta t \text{ to be very small (equivalently, } n \text{ to be very large,)} \text{ then we have}$$

approximately equal

$$F'(t_i) \approx \frac{F(t_i + \Delta t) - F(t_i)}{\Delta t}$$

Notice that $t_i + \Delta t = t_{i+1}$. (think about the picture,) so

$$F'(t_i) \approx \frac{F(t_{i+1}) - F(t_i)}{\Delta t}. \quad \text{Going back to } (*), \text{ supposing } n \text{ is chosen large, we have}$$

$$\int_a^b F'(t) dt \approx \sum_{i=0}^{n-1} \left(\frac{F(t_{i+1}) - F(t_i)}{\Delta t} \right) \Delta t = \sum_{i=0}^{n-1} F(t_{i+1}) - F(t_i).$$

Here is the sneaky part: let's write out this last sum, I'll list the terms in descending order for clarity.

$$\sum_{i=0}^{n-1} F(t_{i+1}) - F(t_i) = (F(t_n) - F(t_{n-1})) + (F(t_{n-1}) - F(t_{n-2})) + (F(t_{n-2}) - \dots \\ \dots + (F(t_2) - F(t_1)) + (F(t_1) - F(t_0)).$$

Check it out: all the terms in the middle cancel out!

This leaves us with:

$$\sum_{i=0}^{n-1} F(t_{i+1}) - F(t_i) = F(t_n) - F(t_0). \quad \text{Finally we realize that} \\ t_n = b \text{ and } t_0 = a.$$

Putting it all together gives

$$\int_a^b F'(t) dt = F(b) - F(a). \quad \blacksquare$$

The insight of the proof (what really makes this work) is noticing all that cancellation in the sum. Sums like this are called "telescopic".

We fudged a bit with the limits in our proof because the definition of a limit is technical. Let me go back and fill in the details.

$$\text{We want to show that } \lim_{n \rightarrow \infty} \sum_{i=0}^{n-1} F'(t_i) \Delta t = F(b) - F(a).$$

The definition of limit says we need to show that for every positive number $\epsilon > 0$, we can find some large N so that for any $n \geq N$, we have $\left| \sum_{i=0}^{n-1} F'(t_i) \Delta t - (F(b) - F(a)) \right| < \epsilon$.

(Do you see why this is saying the value of the sum is getting closer to $F(b) - F(a)$ for large values of n ?)

So let $\epsilon > 0$ be any positive number and let's find N .

For each t_i , we use the definition of the derivative to say

there is some $\delta > 0$ so that whenever $0 < \Delta t < \delta$, we have

$$\left| F'(t_i) - \left(\frac{F(t_i + \Delta t) - F(t_i)}{\Delta t} \right) \right| < \frac{\epsilon}{b-a} \quad \left(\leftarrow \text{you will see where this comes from in a minute.} \right)$$

so...

$$\left| F'(t_i) \Delta t - (F(t_i + \Delta t) - F(t_i)) \right| < \frac{\epsilon}{b-a} \Delta t = \frac{\epsilon}{n} \quad \left(\text{because } \Delta t = \frac{b-a}{n} \right)$$

There is a possibility that δ depends on t_i which gives us a headache because we want one δ to work for all the t_i .

I need to assume $F'(t)$ continuous.

{ Here I cite a theorem which tells us that because $[a, b]$ is a closed interval of finite length, we can find one δ that works, (we say F is "uniformly differentiable" on $[a, b]$.)

Okay, now let N be ^{any number} $> \frac{b-a}{\delta}$, we need to show this works.

If $n \geq N \implies \frac{b-a}{n} < \frac{b-a}{\delta}$, then $\delta \geq \frac{b-a}{n} = \Delta t$, so for each i we have

$$\left| F'(t_i) \Delta t - (F(t_{i+1}) - F(t_i)) \right| < \frac{\epsilon}{n}$$

Therefore, $\left| \sum_{i=0}^{n-1} F'(t_i) \Delta t - (F(t_{i+1}) - F(t_i)) \right|$

This step uses the "triangle inequality":

$$\leq \sum_{i=0}^{n-1} \left| F'(t_i) \Delta t - (F(t_{i+1}) - F(t_i)) \right| < \sum_{i=0}^{n-1} \frac{\epsilon}{n} = \epsilon$$

Finally, note that

$$\begin{aligned} & \left| \sum_{i=0}^{n-1} F'(t_i) \Delta t - (F(b_{i+1}) - F(t_i)) \right| \\ &= \left| \sum_{i=0}^{n-1} F'(t_i) \Delta t - \sum_{i=0}^{n-1} (F(t_{i+1}) - F(t_i)) \right| \\ &= \left| \sum_{i=0}^{n-1} F'(t_i) \Delta t - (F(b) - F(a)) \right|, \end{aligned}$$

← cancellation trick!

So, we have shown that for any $\epsilon > 0$, choosing any $N > \frac{b-a}{\delta}$ gives us, for any $n \geq N$,

$$\left| \sum_{i=0}^{n-1} F'(t_i) \Delta t - (F(b) - F(a)) \right| < \epsilon,$$

which, by the definition of limit means that

$$\lim_{n \rightarrow \infty} \sum_{i=0}^{n-1} F'(t_i) \Delta t = F(b) - F(a), \text{ which is what we wanted. } \blacksquare$$

Phew, that was a lot more work than I had anticipated.
Kudos if you're still following.