

# SARAH KETCHEN LIPSON, PhD, EdM

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## EDUCATION

- University of Michigan, Ann Arbor, MI  
Doctorate of Philosophy, 2011-16  
School of Public Health, Department of Health Management and Policy  
School of Education, Center for the Study of Higher and Postsecondary Education  
Dissertation: "Understanding and addressing unmet need for mental health services in college populations"  
2016 Stanley E. and Ruth B. Dimond Best Dissertation Award
- The Fulbright Program, Bartın Üniversitesi, Bartın, Turkey  
2010-11
- Harvard Graduate School of Education, Cambridge, MA  
Masters of Education, 2006-09  
2006 HGSE Student Leadership Award
- Tufts University, Medford, MA  
Bachelor of Arts, 2001-05  
Cum laude, highest thesis honors  
2005 Ted Shapiro Award for Best Undergraduate Thesis of the Year

## CURRENT POSITIONS

- Boston University School of Public Health, Department of Health Law Policy and Management, 2018-present  
Assistant Professor
- The Healthy Minds Network for Research on Adolescent and Young Adult Mental Health, 2013-present  
Associate Director
- The Healthy Minds Study, 2013-present  
Co-Principal Investigator (with Daniel Eisenberg)
- The Healthy Bodies Study, 2013-present  
Principal Investigator

## RESEARCH AND TRAINING GRANTS

- Academic Innovation Fund, 2017-18  
Funder: University of Michigan Office of Academic Innovation  
Role: Co-Principal Investigator (with Daniel Eisenberg)  
Total award: \$44,500
- Frances and Kenneth Eisenberg Scholar Award, 2017-18  
Funder: University of Michigan Comprehensive Depression Center  
Role: Principal Investigator  
Total award: \$50,000
- Predocutorial Individual National Research Service Award (1F31MH105149-01), 2014-16  
Funder: National Institutes of Health (National Institute of Mental Health)  
Role: Principal Investigator  
Total award: \$60,866

Martha and Ernest Hammel Graduate Student Research Award, 2014  
Funder: Martha and Ernest Hammel, University of Michigan Rackham School of Graduate Studies  
Role: Principal Investigator  
Total award: \$3,000

Emerging Leaders Grant, 2014  
Funder: American College Counseling Association  
Total award: \$200

Spring/Summer Research Grant, 2014  
Funder: University of Michigan Rackham School of Graduate Studies  
Role: Principal Investigator (Faculty Advisor: Daniel Eisenberg)  
Total award: \$9,000

Walter J. McNerney Award, 2013-14  
Funder: University of Michigan School of Public Health, Department of Health Management and Policy  
Role: Co-Principal Investigator (with Daniel Eisenberg)  
Total award: \$25,000

Distinguished Faculty and Graduate Student Seminar Award, 2013-14  
Funder: University of Michigan Rackham School of Graduate Studies-Office of the Vice President for Research  
Role: Co-Principal Investigator (with Daniel Eisenberg)  
Total award: \$7,500

Graduate Student Research Assistantship, 2013-14  
University of Michigan Institute for Human Adjustment  
Role: Principal Investigator (Faculty Advisor: Daniel Eisenberg)  
Total award: \$18,000

Global Challenges for the Third Century, 2013-14  
Funder: University of Michigan Office of the Provost  
Role: Co-Investigator (Principal Investigator: Daniel Eisenberg)  
Total award: \$251,000

MCubed Program, 2013-14  
Funder: University of Michigan Office of the Provost  
Role: Research Associate (Principal Investigator: Daniel Eisenberg)  
Total award: \$60,000

Rackham Conference Travel Grant, 2012, 2013, 2014, 2015, 2016  
Funder: University of Michigan Rackham School of Graduate Studies  
Total award: \$950 (2012), \$700 (2013), \$800 (2014), \$800 (2015), \$800 (2016)

Graduate Student Research Grant, 2012, 2014  
Funder: University of Michigan Rackham School of Graduate Studies  
Role: Principal Investigator  
Total award: \$1,500 (2012), \$3,000 (2014)

Research Fellowship, 2012-13  
Funder: Global Foundation for Eating Disorders  
Role: Principal Investigator (Faculty Advisor: Daniel Eisenberg)  
Total award: \$20,000

Training Award, 2012  
Funder: University of Michigan Institute for Social Research-Rackham School of Graduate Studies  
Role: Principal Investigator

Emerging Scholars Fellowship, 2012  
Funder: Active Minds, Inc.  
Role: Principal Investigator (Faculty Advisor: Daniel Eisenberg)  
Total award: \$1,500

### **PEER-REVIEWED PUBLICATIONS—JOURNAL ARTICLES AND BOOK CHAPTERS**

- Lipson, S, Lattie, E, & Eisenberg, D (2018). Increased rates of mental health service utilization by U.S. college students: 10-year population-level trends (2007-2017). *Psychiatric Services*.
- Downs, N, Galles, E, Skehan, B, & Lipson, S (2018). Models of care in college mental health. *Current Psychiatry Reports*, 20.
- Lipson, S, Kern, A, Eisenberg, D, & Breland-Noble, A (in press). Mental health and help-seeking among college students of color: results from a national survey study. *Journal of Adolescent Health*.
- Hong, V, Kern, A, Song, J, Lipson, S, & Eisenberg, D (2018). Mental health apps in a college setting: openness, usage, and attitudes. *mHealth*.
- Sonneville, K, & Lipson, S (2018). Disparities in eating disorder diagnosis and treatment according to weight status, race/ethnicity, socioeconomic background, and sex among college students. *International Journal of Eating Disorders*.
- Eisenberg, D, Lipson, S, Ceglarek, P, Kern, A, & Phillips, M (2018). "College student mental health: the national landscape" in *Promoting Behavioral Health and Reducing Risk among College Students: A Comprehensive Approach* (book chapter).
- Lipson, S, & Eisenberg, D (2017). Mental health and academic attitudes and expectations in college populations: results from the Healthy Minds Study. *Journal of Mental Health*, 1-9.
- Lipson, S, & Sonneville, K (2017). Eating disorder symptoms among undergraduate and graduate students at 12 US colleges and universities. *Eating Behaviors*, 24, 81-88.
- Lipson, S, & Eisenberg, D (2016). Do resident advisors serve as mental health gatekeepers?: evidence from a natural experiment on college campuses. *Journal of Psychiatry and Mental Health*, 1(2).
- Posselt, J, & Lipson, S (2016). Competition, anxiety, and depression in the college classroom: variations by student identity and field of study. *Journal of College Student Development*, 57(8), 973-989.
- Eisenberg, D, Lipson, S, & Posselt, J (2016). "Promoting resilience, retention, and mental health" in *New Directions in College Student Mental Health*, 156, 87-95 (book chapter).  
*New Directions in College Student Mental Health: 2017 Award for Excellence in Counseling Center Scholarship Award by the Association for University and College Counseling Center Directors.*
- Lipson, S, Jones, M, Eichen, D, Fitzsimmons-Craft, E, Taylor, CB, Wilfley, D, & Eisenberg, D (2016). Understanding and promoting help-seeking for eating disorders and body image concerns on college campuses through online screening, prevention, and intervention. *Eating Behaviors*, 25, 68-73.
- Pedrelli, P, Borsari, B, Lipson, S, Heinze, J, & Eisenberg, D (2016). Gender differences in the relationship between Major Depressive Disorder, heavy alcohol use, and mental health treatment engagement among college students. *Journal of Studies on Alcohol and Drugs*, 77(4), 620-628.
- Lipson, S, Zhou, S, Wagner, B, Beck, K, & Eisenberg, D (2016). Major differences: variations in student mental health and service utilization across academic disciplines. *Journal of College Student Psychotherapy*, 30(1), 23-41.
- Lipson, S, Gaddis, S, Heinze, J, Beck, K, & Eisenberg, D (2015). Variations in student mental health and treatment utilization across U.S. colleges and universities. *Journal of American College Health*, 63(6), 388-396.

- Lipson, S, Speer, N, Brunwasser, S, Hahn, E, & Eisenberg, D (2014). Gatekeeper training and access to mental health care at universities and colleges. *Journal of Adolescent Health, 55*(5), 612-619.
- Wagner, B, Lipson, S, Sandy, C, & Eisenberg, D (2014). Social media and mental health in adolescent and young adult populations. *Adolescent Medicine: State of the Art Reviews, 025*, 670-683.
- Stallman, H, Lipson, S, & Eisenberg, D (2014). "Population approach to mental health in college students" in *Developing Mental Health in Emerging Adulthood*, Oxford University Press (book chapter).
- Dopp, R, Lipson, S, & Eisenberg, D (2013). Mental health among late adolescents and young adults from a population-level and clinical perspective. *Adolescent Medicine: State of the Art Reviews, 24*(3), 573-596.
- Lipson, S (2013). A comprehensive review of mental health gatekeeper-trainings for adolescents and young adults. *International Journal of Adolescent Medicine and Health, 26*(3), 309-320.
- Lawrence, J, Celis, S, Kim, S, Lipson, S, & Tong, X (2013). To stay or not to stay: retention of Asian international faculty in STEM fields. *Higher Education, 67*(5), 511-531.
- Dooley-Hash, S, Lipson, S, Cunningham, R, & Walton, M (2012). Increased emergency department use by adolescents and young adults with eating disorders. *International Journal of Eating Disorders, 46*(4), 308-315.

### **OTHER PUBLICATIONS**

- Eisenberg, D, Goldrick-Rab, S, Lipson, S, & Broton, K (2016). "Too distressed to learn?: a survey study of mental health at 10 U.S. community colleges". [www.wihopelab.com/publications/Wisconsin\\_HOPE\\_Lab-Too\\_Distressed\\_To\\_Learn.pdf](http://www.wihopelab.com/publications/Wisconsin_HOPE_Lab-Too_Distressed_To_Learn.pdf).
- Lipson, S (2015). "Why This Energy Drink Poster Targeting College Students Is Red Bull\$#!" *Huffington Post*: [www.huffingtonpost.com/sarah-ketchen-lipson/red-bull-why-college-stud\\_b\\_8118916.html](http://www.huffingtonpost.com/sarah-ketchen-lipson/red-bull-why-college-stud_b_8118916.html)

### **WORKING MANUSCRIPTS**

- Lipson, S, Raifman, J, Abelson, S, & Reisner, S. Mental health in gender minority adolescent and young adult populations: results of a national survey on college and university campuses (*working manuscript*).
- Buchholz, K, Lipson, S, Artime, T, Kern, A, & Eisenberg, D. Mental health service utilization among college students reporting a sexual assault (*working manuscript*).
- Lattie, E, Lipson, S, & Eisenberg, D. Technology and college student mental health: challenges and opportunities (*working manuscript*).

### **CONFERENCE PRESENTATIONS**

- International Conference on Eating Disorders, March 2019, New York, NY  
Lipson, S, & Sonnevile, K. "Suicidality and eating disorders among a diverse sample of college students: results from a national survey study"
- American Public Health Association Annual Meeting, November 2018, San Diego, CA  
Abelson, S, Lipson, S, & Zhou, S. "Rise in mental health problems among Muslim young adults in the United States following the 2016 election"  
Hazzard, V, Borton, K, Lipson, S, & Sonnevile, K. "Sexual orientation disparities in eating disorder diagnosis among female college students"
- Eating Disorders Research Society Annual Meeting, October 2018, Sydney, Australia  
Sonneville, K, & Lipson, S. "Sub-threshold eating disorder symptoms associated with suicidality among college students" (poster)

- International Conference on Eating Disorders, April 2018, Chicago, IL  
Sonneville, K, & Lipson, S. "The SWAG stereotype: disparities in eating disorder diagnosis and treatment among college students"
- Depression on College Campuses Conference, March 2018, Ann Arbor, MI  
Abelson, S, Lipson, S, & Breland-Noble, A. "Campus and national climate: implications for the mental health of students of color and other marginalized student populations"
- American College Health Association Symposium, November 2017, Washington, DC  
Lipson, S. "Crisis on campus: addressing the rising mental health demands of our nation's students"
- Campus Prevention Network Annual Summit, June 2017, Boston, MA  
Lipson, S. "Healthy Minds Network: population-level approaches to adolescent and young adult mental health"
- University of Michigan, Department of Pediatrics, Grand Rounds, January 2017, Ann Arbor, MI  
Lipson, S. "Population-level approaches to understand and address college student mental health"
- ObesityWeek, October-November 2016, New Orleans, LA  
Lipson, S, & Sonnevile, K. "Healthy Bodies Study: predicting eating disorders with weight status" (poster)
- Annual Meeting of the Eating Disorders Research Society, October 2016, New York, NY  
Lipson, S, & Sonnevile, K. "Correlates of disordered eating among U.S. college students" (poster)
- NIMH Conference on Mental Health Services Research, August 2016, Bethesda, MD  
Eisenberg, D, Lipson, S, Druss, B, Bickel, W, & Szanto, K. "Exploring the potential for behavioral economics to enhance mental health services research" (symposium)
- Active Minds National Mental Health on Campus Conference, November 2015, Irvine, CA  
Lipson, S. "Mental health research on college campuses: transforming research into advocacy"  
Lipson, S. "Healthy Minds Network: a population-level approach to adolescent and young adult mental health"
- Association for University and College Counseling Center Directors Conference, October 2015, Salt Lake City, UT  
Lipson, S, & Roy, N. "Holistic, campus-wide approaches to promoting student wellbeing: initiatives by the Jed and Clinton Health Matters Campus Program and the Healthy Minds Network"
- University of Michigan Depression Center Colloquium Series, May 2015, Ann Arbor, MI  
Eisenberg, D, & Lipson, S. "Healthy Minds Network: population-level approaches to adolescent and young adult mental health"
- American Educational Research Association Annual Meeting, April 2015, Chicago, IL  
Posselt, J, & Lipson, S. "Competitive learning environments and college student mental health: variations across individual characteristics and fields of study"
- Depression on College Campuses Conference, March 2015, Ann Arbor, MI  
Posselt, J, & Lipson, S. "Interpersonal relationships in the culture of stress: examining the roles of competition, discrimination, and peer support in college student mental health"
- American Public Health Association Annual Meeting, November 2014, New Orleans, LA *(accepted, unable to attend due to weather)*  
Lipson, S. "Overview of the Healthy Minds Network: research-to-practice in campus mental health"
- American College Counseling Association Conference, October 2014, San Antonio, TX  
Lipson, S. "Healthy Minds Network: research-to-practice in campus mental health"
- Michigan Institute for Clinical and Health Research Symposium, October 2014, Ann Arbor, MI  
Eisenberg, D, & Lipson, S. "Healthy Minds Network: research-to-practice in campus mental health"

- Substance Abuse and Mental Health Services Administration Garrett Lee Smith Suicide Prevention Grantee Meeting, June 2014, Washington, DC  
 Lipson, S. "Community college student mental health: new findings from the Healthy Minds Network"  
 Lipson, S. "Research on mental health gatekeeper-trainings on college and university campuses"
- National Institute of Mental Health Conference on Mental Health Services Research, April 2014, Bethesda, MD  
 Lipson, S. "Mental health gatekeeper trainings: results of a multi-campus RCT" (poster)
- American College Personnel Association Annual Convention, March-April 2014, Indianapolis, IN  
 Lipson, S. "Healthy Minds Network: research-to-practice in campus mental health"
- NASPA Annual Conference, March 2014, Baltimore, MD  
 Lipson, S, & Wagner, B. "Healthy Minds Network: research-to-practice in campus mental health"
- Depression on College Campuses Conference, March 2014, Ann Arbor, MI  
 Eisenberg, D, & Lipson, S. "The economic case for student mental health services and programs"
- NASPA Mental Health Conference, January 2014, Coronado, CA  
 Lipson, S, Beck, K, & Lindsay, R. "Healthy Minds Network: research-to-practice in campus mental health"
- Active Minds National Mental Health on Campus Conference, November 2013, Washington, DC  
 Lipson, S. "Healthy Minds Network: a population-level approach to adolescent and young adult mental health"
- National Network of Depression Centers, October 2013, Ann Arbor, MI  
 Eisenberg, D, & Lipson, S. "Healthy Minds Network for Research on Adolescent and Young Adult Mental Health"
- American College Counseling Association Conference, September 2013, New Orleans, LA  
 Lipson, S. "Disordered eating and body image dissatisfaction among college students: what's at stake?"
- AcademyHealth Annual Research Meeting, June 2013, Baltimore, MD  
 Lipson, S. "Gatekeeper training for mental health at colleges and universities: results of a multi-campus RCT"
- Student Affairs Assessment and Research Conference, June 2013, Columbus, OH  
 Lipson, S. "Disordered eating among college students: implications for research and practice"
- University of Michigan Division of Student Affairs Research Symposium, May 2013, Ann Arbor, MI  
 Lipson, S, Carbone, K, Eisenberg, D, & Lawson, A. "Disordered eating among University of Michigan undergraduate and graduate students: what we know and what we can do about it"
- University of Michigan Advising Conference, May 2013, Ann Arbor, MI  
 Lipson, S, Banker, J, Carbone, K, Eisenberg, D, & Lawson, A. "Recognizing and responding to the signs of eating disorders among advisees: findings from U-M's campus-wide survey about eating and body image"
- International Conference on Eating Disorders, May 2013, Montreal, Quebec, Canada  
 Lipson, S, Dooley-Hash, S, Banker, J, Carbone, K, & Lawson, A. "University Study of Habits, Attitudes, and Perceptions around Eating: findings from 2012-13"
- Global Foundations for Eating Disorders Conference, April 2013, New York, NY  
 Lipson, S, & Dooley-Hash, S. "University Study of Habits, Attitudes, and Perceptions around Eating"
- NASPA Annual Conference, March 2013, Orlando, FL  
 Lipson, S, & Carbone, K. "What's eating your students?: new eating and body image study"
- Completing College: What it Takes, What's at Stake?, March 2013, Auburn Hills, MI  
 Lipson, S. "Mental health and college student success"

Depression on College Campuses Conference, February 2013, Ann Arbor, MI

Lipson, S, Dooley-Hash, S, Banker, J, Carbone, K, & Lawson, A. "What's eating your students?"

Active Minds National Mental Health on Campus Conference, November 2012, Orlando, FL

Lipson, S. "Binge eating and help-seeking among a national sample of college students: contributions to eating disorder mental health literacy"

### **INVITED TALKS, RESEARCH TRAINING, WORKSHOP, AND WEBINAR PRESENTATIONS**

Summit on Serving the Mental Health Needs of Postsecondary Students in RI, January 2019, Providence, RI

Lipson, S. "National Organizations Panel"

Harvard University Health Services Grand Rounds, December 2018, Cambridge, MA

Lipson, S. "College student mental health: findings from 10 years of the Healthy Minds Study"

NBC Learn Forum, October 2018, New York, NY

Lipson, S. on "Building the Future of Higher Education"

SAMHSA Collegiate Recovery Supports for Underrepresented Student Populations: A Two-part Roundtable Discussion with Federal Partners, May-June 2018

Lipson, S. "Supporting students with serious mental illness and substance use disorders" (featured speaker)

Lipson, S. "Expanding access to comprehensive treatment and recovery support services" (featured speaker)

University of Massachusetts Board of Trustees meeting, May 2018, Boston, MA

Lipson, S. "The economic case for mental health services on college campuses"

University of North Carolina Behavioral Health Convening, December 2017, Winston-Salem, NC

Lipson, S. "Understanding and addressing student mental health and wellbeing through population-level data: findings and implications from the Healthy Minds Study" (featured speaker)

American College Health Association Mental Health Symposium, November 2017, Washington, DC

Lipson, S. Innovation panel (invited speaker)

International Association for University Student Health and Wellbeing, October 2017

Lipson, S. "Findings from 10 years of the Healthy Minds Study: population-level student mental health" (webinar)

Healthy Minds Network for Research on Adolescent and Young Adult Mental Health, September 2017

Lipson, S, Mortali, M, Trattner, M, & Fassbender, N. "Understanding and addressing suicide on college and university campuses" (webinar)

University of Michigan, Health Science Scholars Program, March 2017, Ann Arbor, MI

Lipson, S. "Research methods for the health sciences"

City University of New York School of Public Health and Health Policy, Workshop on College Affordability, Health, Wellbeing, and Academic Success, December 2016, New York, NY

Lipson, S, & Eisenberg, D. "Depression and psychological distress: specific pathways that link health and education"

University of Michigan, Undergraduate Research Opportunity Program, November 2016, Ann Arbor, MI

Lipson, S. "Research methods for the health sciences"

Healthy Minds Network for Research on Adolescent and Young Adult Mental Health, September 2016

Lipson, S, Buchholz, K, & Rider-Milkovich, H. "Sexual assault and mental health on college campuses" (webinar)

Healthy Minds Network for Research on Adolescent and Young Adult Mental Health, April 2016

Lipson, S, McEvoy, M, & McCreary, M. "Morneau Shepell: International Student Support Program" (webinar)

- Healthy Minds Network for Research on Adolescent and Young Adult Mental Health, December 2015  
Lipson, S, & Eddy, E. "Crisis Text Line" (webinar)
- Healthy Minds Network for Research on Adolescent and Young Adult Mental Health, November 2015  
Lipson, S, & Roy, N. "Data-driven approaches to assessment and improvement in campus mental health" (webinar)
- Healthy Minds Network for Research on Adolescent and Young Adult Mental Health, March 2015  
Lipson, S, & Trockel, M. "Interventions to promote healthy sleeping habits in college populations" (webinar)
- Kognito, October 2014  
Lipson, S. "Community college student mental health: findings from the Healthy Minds Network" (webinar)
- Healthy Minds Network for Research on Adolescent and Young Adult Mental Health, June 2014  
Lipson, S, & Eisenberg, D. "Using the Healthy Minds Network Data Interface to improve research-to-practice" (webinar)
- National Institute of Mental Health New Investigators Workshop, April 2014, Bethesda, MD  
Selected participant
- University of Michigan School of Public Health, Department of Health Policy and Management, Workshop for Integrating and Discussing Topics in Healthcare, January 2014, Ann Arbor, MI  
Lipson, S, & Eisenberg, D. "Mental health check ups: designing a population-level intervention to address the treatment gap for mental health"
- University of Michigan Child Health Evaluation and Research Unit, December 2013, Ann Arbor, MI  
Lipson, S. "A behavioral economic intervention promoting eating disorder treatment among college students"
- University of Michigan Quantitative Methodology Program Workshop, October 2013, Ann Arbor, MI  
Eisenberg, D, & Lipson, S. "Designing mental health check-ups: a universal intervention for college students"
- Healthy Minds Network for Research on Adolescent and Young Adult Mental Health, October 2013  
Lipson, S, Jones, M, & Bertram, M. "Addressing disordered eating on college campuses through research and practice" (webinar)
- University of Michigan Department of Clinical Psychology, September 2013, Ann Arbor, MI  
Eisenberg, D, & Lipson, S. "The Healthy Minds Network: a population-level approach to mental health among adolescents and young adults"
- Healthy Minds Network for Research on Adolescent and Young Adult Mental Health, September 2013  
Lipson, S, Eisenberg, D, & Schwartz, V. "Gatekeeper-trainings at colleges and universities: new findings and next steps for research and practice" (webinar)
- Healthy Minds Network for Research on Adolescent and Young Adult Mental Health, August 2013  
Lipson, S, Eisenberg, D, Behen, J, & Abelson, S. "Connecting research to practice in college student mental health: new opportunities and how to get involved" (webinar)
- Healthy Minds Network for Research on Adolescent and Young Adult Mental Health, June 2013  
Lipson, S, Eisenberg, D, Brownson, C, & Granilo, T. "Mental health and academic success" (webinar)
- Committee on Institutional Cooperation Graduate Deans Meeting, May 2013, Ann Arbor, MI  
Eisenberg, D, & Lipson, S. "Graduate student mental health"
- Penny Stamps Scholars National Convention, April 2013, Ann Arbor, MI  
Eisenberg, D, Lipson, S, & Wagner, B. "College student mental health"



## **TEACHING, ADVISING, AND MENTORSHIP**

### Dissertation and thesis committees

Carolina-Nicole Herrera, doctoral candidate, Boston University School of Public Health, 2018-present  
Kyle Ganson, doctoral candidate, Simmons University School of Social Work, 2018-present  
Sarah Falvery, master's student, University of Michigan School of Public Health, 2018-present  
Areeg Zuair, doctoral candidate, Wayne State University School of Nursing, 2017-present  
Dorothy Kent, doctoral candidate, University of Wisconsin Milwaukee School of Nursing, 2018-present  
Hannah Michelle Brower, master's student, Harvard University School of Public Health, 2018-present

### Boston University School of Public Health, 2019

Faculty for *Applied Studies in Health Services Research* (graduate student course)

### Boston University School of Public Health, 2018

Faculty for *Research Theory and Design* (graduate student course)

### Boston University School of Public Health, Certificate in Mental Health and Substance Use, 2018-present

Faculty advisor

### Boston University School of Public Health, Certificate in Health Policy and Law, 2018-present

Faculty advisor

### Directed/independent studies

Areeg Zuair, PhD student, Wayne State University

### Tufts University School of Medicine, Department of Public Health and Community Medicine, 2018

Faculty for *Scientific Foundations of Social and Behavioral Medicine* (graduate student course)

### University of Michigan Medical School, 2017

Faculty Advisor for Child Health, Evaluation, and Research Center Summer Training Program

### University of Michigan, Institute for Healthcare Policy and Innovation, 2017

Faculty Facilitator for *Understanding and Improving the U.S. Healthcare System* (MOOC)

### University of Michigan School of Public Health, 2016-17

Faculty for *Health and Society: Introduction to Public Health* (undergraduate course)

### University of Michigan School of Public Health and Institute for Social Research, 2016-17

Faculty for *Healthy Minds Network Writing Lab*

### University of Michigan Undergraduate Research Opportunity Program, 2016-17

Research Mentor

### Selected guest lectures

*Health Sciences Scholar Program* (University of Michigan undergraduate course), March 2017

*Environmental Journalism* (University of Michigan undergraduate course), January 2015

*Health Care Services and Policies* (University of Michigan graduate course), April 2014

### University of Michigan School of Public Health, 2014

Graduate Student Instructor for *Health and Society: Introduction to Public Health* (undergraduate course)

### University of Michigan Office of New Student Programs, University Mentorship Program, 2014

Mentor

### University of Michigan Center for Learning and Teaching Seminar on Preparing Future Faculty, 2014

Selected Participant

Active Minds, Inc. Emerging Scholars Fellowship, 2014, 2016  
National Mentor

Bartın Üniversitesi, 2010-11  
Fulbright Scholar  
English Instructor

Harvard College Freshman Dean's Office, 2006-09  
Freshman Residential Proctor  
Board of Freshman Advisers

### **SERVICE AND COMMITTEES**

Boston University School of Public Health, Structural Causes of Health Inequities Lab, 2018-present  
Faculty Member

Boston University School of Public Health, Epidemiology + Health Law Policy and Management Lecture Series,  
October 2018  
Faculty Co-Host

Institute for Healthcare Improvement, Network for Improvement and Innovation in College Health, 2018  
Faculty Member

Boston University, Mental Health Task Force, 2018-present  
Faculty Member

Boston University School of Public Health, Summer Institute for Training in Biostatistics, 2018  
Faculty Presenter

*Archives of Psychiatry and Behavioral Sciences*, 2018-present  
Editorial Board

National Network of Depression Centers, 2017-present  
College Mental Health Task Force Co-Chair

The International Association for University Student Health and Wellbeing, 2017-present  
Faculty Member

Hynes Recovery Services, 2017-present  
University Advisory Board Member

*Mental Health and Prevention*, 2017-present  
Ad-hoc Reviewer

*BMC Psychiatry*, 2017-present  
Ad-hoc Reviewer

University of Michigan Medical School, Department of Pediatrics, Child Health Evaluation and Research Center,  
2016-17  
Emerging Technologies for a Learning Health System Section Faculty

University of Michigan, College Mental Health Research Symposium, 2016-present  
Associate Director

*Journal of Pediatrics and Child Health Care*, 2016-present  
Editorial Board

*Journal of Psychiatry and Mental Disorders*, 2016-present  
Editorial Board

*Depression and Anxiety*, 2018-present  
Ad-hoc Reviewer

*Psychiatric Services*, 2016-present  
Ad-hoc Reviewer

*American Journal of Orthopsychiatry*, 2016-present  
Ad-hoc Reviewer

*Journal of Adolescence*, 2016-present  
Ad-hoc Reviewer

*Journal of Contemporary Medical Education*, 2016-present  
Ad-hoc Reviewer

*Social Psychiatry and Psychiatric Epidemiology*, 2015-present  
Ad-hoc Reviewer

*Eating Behaviors*, 2015-present  
Ad-hoc Reviewer

*Canadian Medical Association Journal*, 2015-present  
Ad-hoc Reviewer

*Australian Journal of Psychology*, 2015-present  
Ad-hoc Reviewer

Active Minds, Emerging Scholars Fellowship Selection Committee, 2013  
Member

National Network of Depression Centers College Mental Health Task Force, 2013-present  
Member

University of Michigan, Depression on College Campuses Conference Executive Committee, 2012-present  
Member

University of Michigan, College Mental Health Research Symposium, 2012-present  
Assistant Director

University of Michigan, Counseling and Psychological Services Student Advisory Board, 2012-13  
Member

Association for the Study of Higher Education, 2012  
Abstract Reviewer

University of Michigan, Center for the Study of Higher and Postsecondary Education, 2011-12  
Faculty Meetings, Student Representative

### **RESEARCH CONSULTING**

American Council on Education Center of Policy Research and Strategy, 2018  
Project: Investing in Student Mental Health-Opportunities and Benefits for College Leadership  
Role: Principal Investigator

The Margaret Clark Morgan Foundation, 2016-19  
Project: Evaluating the Ohio Healthy Campus Initiative  
Role: Principal Investigator  
Total award: \$44,000

Trust for America's Health, 2013-present  
Project: Analyzing Behavioral Risk Factor Surveillance System data

Boys and Girls Club of America, 2015  
Project: Estimating the return on investment for Boys and Girls Club of America programs and services

Association of Independent Colleges of Art and Design, 2012-2017  
Project: Analyzing Healthy Minds Study national data

### **PREVIOUS RESEARCH POSITIONS**

University of Michigan School of Public Health, Department of Health Management and Policy, 2017-18  
Research Assistant Professor

University of Michigan Institute for Healthcare Policy and Innovation, 2016-18  
Faculty Member

MyVoice-Real-Time Text Messaging Polling to Give Adolescents a Voice, 2016-17  
Co-Investigator (Principal Investigator: Tammy Chang)

University of Michigan Depression Center, 2016-18  
Faculty Member

University of Michigan Medical School, Department of Pediatrics, 2016-17  
Research Assistant Professor of Pediatrics and Communicable Diseases

University of Michigan School of Public Health, Department of Health Management and Policy, 2012-16  
Research Associate

U-SHAPE: University Study of Habits, Attitudes, and Perceptions around Eating, 2012-13  
Co-Principal Investigator (with Suzanne Dooley-Hash)

University of Michigan School of Education, Center for the Study of Higher and Postsecondary Education, 2011-12  
Research Assistant (with Janet Lawrence)

University of Michigan, Learning4Teaching Project, 2011-12  
Research Assistant (with Donald Freeman and Kathleen Graves)

Harvard Graduate School of Education, Higher Education, 2009-11  
Research Assistant (with Rachel Becker Rubin)

Harvard Graduate School of Education, Human Development and Psychology, 2008-09  
Research Assistant (with Maria Fusaro)

### **PROFESSIONAL MEMBERSHIP**

American Educational Research Association, 2015-present

Pennsylvania State University Methodology Center, 2015-present

American Public Health Association, 2014-present

American College Counseling Association, 2013-present  
American College Personnel Association, 2013-present  
NASPA, Student Affairs Administrators in Higher Education, 2013-present  
AcademyHealth, 2013-present  
University of Michigan Depression Center, 2013-present  
National Network of Depression Centers, 2013-present  
Academy for Eating Disorders, 2012-present

### **VOLUNTEER EXPERIENCE**

Crisis Text Line, 2015-16  
Crisis Counselor

North Star Reach, 2016-17  
Unit Director/Program Director

The Hole in the Wall Gang Camp, 2009-15  
Volunteer Counselor

WorldTeach, 2009-10  
Volunteer (Republic of the Marshall Islands)

The Posse Foundation, 2009  
Writing Coach

### **MISCELLANEOUS**

Language Skills: Turkish

Athletics: Tufts University Women's Varsity Lacrosse Team, 2001-04; Tufts University Equestrian Team, 2002-04