Mentoring Program

"Dignity does not consist in possessing honors, but in deserving them."

Aristotle

People will forget what you said. People will forget what you did. But people will never forget how you make them feel."

Bonnie Jean Wasmund

Why Mentor?

In the CareeRxe program, (the main self-assessment tool utilized within the Center for Professional Development & Mentoring), the premise for career development centers around the cycles of your career. The "renewal" point within your career is a time in which the call to share your gifts is acutely felt. This stage is also considered "legacy development", or the desire to leave a mark in your profession. Mentoring ideally serves this need and it also serves to fill another need within the professional development cycle, that being the desire to master or acquire knowledge. Because mentoring serves dual professional development needs, it only makes sense to establish a venue for this cycle as a professional development service to both those seeking to share their gifts and those seeking to gain knowledge.

"Have you had a kindness shown? Pass it on."

Henry Burton

Scope of Mentoring Program

The mentoring program provided through the Center for Professional Development and Mentoring, (CPDM), seeks to coordinate and make appropriate mentor matches for a wide variety of nursing mentoring opportunities.

The CPDM defines mentoring as an ongoing structured relationship between a Mentor with an established set of experiences and expertise within the Nursing profession, and a Mentee who seeks to develop professional competence in a trusting environment.

Mentoring opportunities can exist in:
In as much as we anticipate a wide variety of mentoring relationships, we have developed a structured approach to mentor training, yet an unstructured approach, (or "situational mentoring"), within the individual relationships; preferring partners to collaboratively identify relevant objectives and goals.

The CPDM Career Coach/Mentor Coordinator provides guidelines, coaching and general facilitation of the mentoring program.

"Learning is finding out that you already know. Doing is demonstrating that you know it. Teaching is reminding others that they know just as well as you. You are all learners, doers, and teachers."

Richard Bach

The process

1. **Register**
   - On-line registration form
   - Submit résumé or CV to CPDM via email attachment
2. Mentor training provided via annual Mentor Action Day.
3. Complete on-line Cultural Competency module via MLearning
4. Mentor match facilitated by Career Coach/Mentor coordinator
5. Mentor initiates contact within one week of established match and completes the Mentoring Statement of Understanding
6. Complete program evaluation at end of mentoring term and scheduled exit interview with the Career Coach/Mentor Coordinator

"Knowledge speaks, but wisdom listens."

Jimi Hendrix

**Guidelines:** (See Mentoring Statement of Understanding)

**Documents:**

- Mentor Application - on-line registration form *(included below)*
- Mentoring Statement of Understanding *(downloadable pdf)*
- Mentoring Exit Evaluation *(downloadable pdf)*

Developed by: Marietta Van Buhler, Program Manager - UMHS Nursing Administration for HRSA grant #:D65HP05254 – Principal Investigator: Margaret Cafarco, PhD, RN (2005-08)
"Coming together is a beginning...Keeping together is progress...Working together is a success."

Anonymous

To begin the process of becoming a registered Mentor:

1. Fill in requested information below
2. Forward an electronic copy of your Resume or CV to: CPDM@umich.edu

- Upon acceptance into the mentor program, you will be required to attend a training session and to complete a Cultural Competency module.
- We will contact you to discuss potential mentee assignments. You will retain the final decision as to whether or not you can accept an assignment at any given time as this is a commitment of your personal time.
- You may withdraw from our registered mentor database at any time by simply calling: 734-936-4795.

Mentor Application Form

Category of Mentoring Capability:
[Hold down "ctrl" & click to select more than one]

If you selected "other", or wish to expand on any of the choices above, please do so here:

How long would you be willing to commit to a mentoring partnership?

☐ 3-6 months ☐ 6-12 months ☐ 1 year or longer ☐ It depends

Education/Certification:
[Hold down "ctrl" & click to select more than one]
Please select all that apply:
- ADN
- BSN
- MSN
- PhD
- RN
- LPN
- BA or BS (other than BSN)
- MA or MS (other than MSN)
- Other

If you chose "other" please explain here:

Click checkbox if you have:
- [ ] Completed the Cultural Competency module through MLearning
- [ ] Attended a Mentor Action Day or Mentor Training provided by the CPDM
- [ ] Submitted your résumé or CV to the CPDM via e-mail

Briefly identify your reason for becoming a Mentor and/or goals:

Contact Information:

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Submit Application  Reset Form