Help with Health Care

When you are no longer covered by an employer’s plan.

Northern Michigan and Upper Peninsula

Greater Detroit Area

Health Council, INC.

Blue Cross Blue Shield Blue Care Network of Michigan

Nonprofit corporations and independent licensees of the Blue Cross and Blue Shield Association
Help with Health Care

When you are no longer covered by an employer’s plan.
Healthy Kids/Pregnant Women

A comprehensive health plan for children under age 19 and pregnant women. There are no payments required, however there are some income criteria. 
(888) 988-6300

MIChild/Pregnant Women

Provides basic health coverage and preventive services to uninsured Michigan children and pregnant women who do not qualify for Medicaid for $5.00 per month. 
(800) 543-7765

Medicaid

The State of Michigan provides medical assistance through Medicaid and the State Medical Program (SMP). To qualify you must meet eligibility standards related to income, family size, and other criteria. Contact your local health department or Family Independence Agency (FIA) to determine your eligibility.

Alger County FIA
(906) 387-4440

Alcona County FIA
(989) 354-7200

Alpena County FIA
(989) 354-7200

Antrim County FIA
(231) 533-8664

Baraga County FIA
(906) 353-4700

Benzine County FIA
(231) 882-4443

Charlevoix County FIA
(231) 547-4471

Cheboygan County FIA
(231) 627-8500

Chippewa County FIA
(906) 632-3376

Crawford County FIA
(989) 348-7691
<table>
<thead>
<tr>
<th>County</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>Delta County FIA</td>
<td>(906) 786-5394</td>
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<tr>
<td>Dickinson County FIA</td>
<td>(906) 774-1484</td>
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<tr>
<td>Emmet County FIA</td>
<td>(231) 348-1600</td>
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<td>Gogebic County FIA</td>
<td>(906) 663-6200</td>
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<td>Grand Traverse County FIA</td>
<td>(231) 941-3900</td>
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<td>Houghton County FIA</td>
<td>(906) 482-0500</td>
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<td>Iosco County FIA</td>
<td>(989) 362-0300</td>
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<td>Iron County FIA</td>
<td>(906) 265-9958</td>
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<tr>
<td>Leelanau County FIA</td>
<td>(906) 337-3302</td>
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<td>Luce County FIA</td>
<td>(906) 293-5144</td>
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<td>(906) 643-9550</td>
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<td>Manistee County FIA</td>
<td>(231) 723-8375</td>
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<td>Marquette County FIA</td>
<td>(906) 228-9691</td>
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<td>(906) 863-9965</td>
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<td>Montmorency County FIA</td>
<td>(989) 785-4218</td>
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<tr>
<td>Ontonagon County FIA</td>
<td>(906) 884-4951</td>
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<tr>
<td>Otsego County FIA</td>
<td>(989) 732-1702</td>
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Veterans Health Care

Provides comprehensive medical services to all military veterans who have served in the United States Armed Forces. The services are either free or require a small co-payment.
(877) 222-8387

Maternal and Infant Health Advocacy Services

Provides referrals to agencies that assist pregnant women with health insurance, prenatal care, and agencies that provide assistance for women with young children. Please contact your local health department for more information.

Local Health Departments

They offer a variety of free or low-cost health and social services to resident of their area. These services may include well-child clinics, prenatal care, breast and cervical cancer screening, family planning, immunizations and other related programs. Services and eligibility vary from county to county and in some cases appointments are necessary.

Alger County Health Department
(906) 293-5107

Alpena County Health Department
(517) 356-4507

Antrim County Health Department
(231) 547-6523

Baraga County Health Department
(906) 482-7382

Benzie County Health Department
(231) 882-4409

(Medicaid, continued)
Charlevoix County Health Department
(231) 547-6523

Cheboygan County Health Department
(517) 356-4507

Chippewa County Health Department
(906) 635-1566

Crawford County Health Department
(231) 775-9942

Delta County Health Department
(906) 786-5394

Dickinson County Health Department
(906) 774-1484

Emmet County Health Department
(231) 547-6523

Gogebic County Health Department
(906) 482-7382

Grand Traverse County Health Department
(231) 941-3900

Houghton County Health Department
(906) 482-7382

Iron County Health Department
(906) 265-9958

Leelanau County Health Department
(231) 256-6100

Luce County Health Department
(906) 293-5144

Mackinac County Health Department
(906) 293-5107

Manistee County Health Department
(231) 775-9942

Marquette County Health Department
(906) 228-9691

Menominee County Health Department
(906) 863-9965

Missaukee County Health Department
(231) 775-9942
Montmorency County Health Department  
(517) 356-4507

Ontonagon County Health Department  
(906) 884-4951

Otesgo County Health Department  
(989) 732-1702

Presque Isle County Health Department  
(517) 356-4507

Roscommon County Health Department  
(989) 275-5107

Schoolcraft County Health Department  
(906) 293-5107

Wexford County Health Department  
(231) 775-9942

Planned Parenthood

• Provides reproductive health care including, annual exams, pregnancy testing, and sterilization to women and men.

• Fees are based on a sliding scale.

• There are 26 clinics throughout Michigan.

• Call (800) 230-PLAN to be connected to the clinic nearest you.

United Way Supported Information and Referral Services

United Way organizations provide information and referral for a variety of health care programs including programs that assist those who cannot pay for prescription medication. There are a number of these programs offered by pharmaceutical companies. For information and referral call your local United Way supported information service.

Tel-Help of United Way Community Services  
(800) 887-1107
Medical Societies

If you do not have your own physician, your local medical or osteopathic society will provide you with names of physicians in your area.

Marquette-Alger County Medical Society
(906) 226-6200

Michigan Association of Osteopathic Physicians and Surgeons, Inc
(Will make referrals for any county located in Michigan.)
(517) 347-1555 or (800) 657-1556

Prescriptions

Elder Prescription Insurance Coverage (EPIC)
EPIC is a state program to help low-income senior Michigan residents access prescription drugs. Eligibility requirements include: age 65 or over, not currently receiving Medicaid benefits or private prescription drug insurance, not institutionalized, and a resident of Michigan for at least three months. EPIC will cover most prescription drugs plus insulin, needles, and syringes for diabetics. Seniors can receive information and application materials at the following agencies:

General information: (517) 241-3424

Alger County
Alger County Council on Aging
(906) 387-2439

Alpena County
Alpena Area Senior Citizens
(989) 356-3585

Antrim County
Antrim County Council on Aging
(231) 533-8703

Baraga County
Baragaland Senior Citizen Center, Inc.
(906) 524-6711

Benzie County
Benzie County Council on Aging
(231) 325-4851
Charlevoix County
Charlevoix County Council on Aging
(231) 237-0103

Cheboygan County
Cheboygan County Council on Aging
(231) 627-7234

Chippewa County
Chippewa - Luce - Mackinac Community Action Agency (Chippewa County)
(906) 632-3363

Crawford County
Crawford County Commission on Aging
(989) 348-7123

Delta County
Menominee-Delta-Schoolcraft
(906) 786-7080

Dickinson County
Dickinson-Iron Community Services Agency
(906) 774-2256

Emmet County
Friendship Centers of Emmet County
(231) 347-3211

Gogebic County
Gogebic-Ontonagon Community Action Agency
(906) 932-4200

Grand Traverse County
Area Agency on Aging of Northwest Michigan
(231) 947-8920

Grand Traverse County Council on Aging
(616) 922-4688

Houghton County
Baraga-Houghton-Keweenaw
(906) 482-5528

Leelanau County
Leelanau County Council on Aging
(231) 256-7590
**Luce County**
Chippewa - Luce - Mackinac Community Action Agency
(Luce County)
(906) 293-5621

**Mackinac County**
Chippewa - Luce - Mackinac Community Action Agency
(906) 643-8595

**Manistee County**
Manistee County Council on Aging
(231) 723-6477

**Marquette County**
Marquette County Council on Aging
(906) 226-4180

**Missaukee County**
Missaukee County Council on Aging
(231) 839-7839

**Montmorency County**
Montmorency County Commission on Aging
(989) 785-2580

**Ontonagon County**
Ontonagon County Council on Aging
(906) 575-3461

**Otsego County**
Otsego County Commission on Aging
(989) 732-1122

**Presque Isle County**
Presque Isle County Council on Aging
(989) 766-8191

**Roscommon County**
Roscommon County Commission on Aging
(989) 366-9168

**Schoolcraft County**
Schoolcraft County Council on Aging
(906) 341-5923

**Wexford County**
Wexford County Council on Aging
(231) 775-0133
Help with Health Care

LillyAnswers
(877) RX-LILLY

- A flat $12 administrative fee for a 30-day supply of any Lilly retail distributed drugs
- Open to Medicare enrolled seniors and people with disabilities without any other prescription coverage that meet income guidelines

Pfizer ShareCard
(800) 717-6005

- $15 Pfizer prescriptions if you are enrolled in Medicare, have no prescription drug coverage and you meet income requirements

Prescription Drug and Patient Assistance Programs
To make it easier for physicians to identify prescription programs available for needy patients, member companies of the Pharmaceutical Research and Manufacturers of America (PHRMA) created a directory listing programs that provide drugs to physicians whose patients could not otherwise afford them. The programs are listed alphabetically by company. Under the entry for each program is information about how to make a request for assistance, what medications are covered and basic eligibility criteria.

www.phrma.org or www.needymeds.org
(202) 835-3400

Other Prescription Programs

Hemophilia Foundation of Michigan
117 North First Street, Suite 40
Ann Arbor, MI 48104
(734) 761-2535 or (800) 482-3041
- Will help cover medications for adults and children who have Hemophilia

Michigan Lupus Foundation
26507 Harper Avenue
St. Clair Shores, MI 48081
(810) 775-8310
- Provides one-time, emergency assistance for people diagnosed with Lupus
Help with Health Care

(Other Prescription Programs, continued)

**Michigan Parkinson Foundation**
30161 Southfield Road
Southfield, MI
(248) 433-1011 or (800) 852-9781

**Myasthenia Gravis Association**
17117 W. Nine Mile Road
Southfield, MI 48075
(248) 423-9700

- Provides mail order medication for the drugs Mestinon and Prednisone for persons with diagnosis of Myasthenia Gravis

**National Kidney Foundation**
2350 South Huron Parkway
Ann Arbor, MI 48104
(800) 482-1455

- Clients must be pre-dialysis, transplant or diagnosed with kidney disease to be eligible for medication

**Free or Low-Cost Clinics**

The following is a list of community based sources for obtaining free or reduced-cost medical assistance. These resources can provide immediate assistance to eligible clients in need. Since funding availability to these agencies can change greatly, services can vary by the month. It is always important to call first.

**Alcona Health Center**
Alpena General Hospital
177 North Barlow Rd.
Lincoln, MI 48742
(989) 736-8157

- Migrant clinic

**Bay Mills Tribal Health Clinic**
12124 Lakeshore Dr.
Brimley, MI 49715
(906) 248-5527

- Primary care and dental, prenatal care/ sliding scale
- Services available to Native Americans and open to the public
Child and Family Services  
3785 Veterans Drive  
Traverse City, MI 49684  
(231) 946-2104

- Provides free pregnancy testing and counseling
- Serves the following counties: Antrim, Benzie, Charlevoix, Emmet, Grand Traverse, Kalkaska, Leelanau, Manistee, Mason, Missaukee, Roscommon and Wexford

Community Health Clinic  
810 South Garfield  
Traverse City, MI 49686  
(231) 935-0668

- Primary care and women’s clinic, pregnancy tests and HIV testing
- No fee if unable to pay (donation only)

East Jordan Family Health Center  
61 Bridge St.  
East Jordan, MI 49727  
(231) 536-2206

- Migrant clinic

Escanaba Tribal Health Center  
807 Ludington Rd.  
Escanaba, MI 49829  
(906) 786-9211

- Home visits and monthly wellness clinics
- Open members of a United States federally recognized tribe

Family Care Doctors  
1414 West Fair Avenue  
Marquette, MI 49855  
(906) 225-3864

- Primary care to low-income individuals
- Sliding scale fees

Lake Wood Medical Associates  
5087 U.S. 41 South  
Marquette, MI 49855  
(906) 249-5589

- Primary care to low-income individuals
- Sliding scale fees
Lambert Center Tribal Health
225 Wa Seh Drive
St. Ignace, MI 49781
(906) 643-8689
- Health care, vision, dental, traditional medicine
- Services available to Native Americans

Marquette Medical Clinic-Escanaba
2500 7th Avenue
Escanaba, MI 49829
(906) 786-2172
- Primary care including lab and X-ray services to low-income individuals
- Sliding scale fees

Marquette Medical Clinic-Iron River
1500 West Ice Lake Road
Iron River, MI 49935
(906) 265-5378
- Primary care to low-income individuals
- Sliding scale fees

Marquette Medical Clinic-Kingsford
800 East Boulevard
Kingsford, MI 49802
(906) 774-4000
- Primary care to low-income individuals
- Sliding scale fees

North Shore Internal Medicine
2420 First Avenue South
Escanaba, MI 49829
(906) 786-1563
- Primary care to low-income individuals
- Sliding scale fees

Sault Tribe of Chippewa Indians (Tribal Health Center)
2846 Ashmun Street
Sault St. Marie, MI 49783
(906) 632-5200
- Provides medical, optical, dental, mental health and elder care services
- Open members of a United States federally recognized tribe
Tribal Health Clinic
2864 Ashmun Street
Sault St. Marie, MI  49783
(906) 632-5230

• Family medical care, some specialists on staff
• Available to Native Americans in Chippewa, Alger, Schoolcraft, Delta, Luce, Mackinaw, and Marquette counties

Mental Health Services

The community mental health (CMH) boards in each county offer assistance to persons with developmental disabilities and to persons with emotional or psychiatric disorders. Payment for services is based on each person’s ability to pay. The boards should be contacted to determine what mental health services they provide.

Alcona County CMH
(989) 356-2161

Alger County CMH
(906) 225-7201

Alpena County CMH
(989) 356-2161

Antrim County CMH
(231) 533-8619

Baraga County CMH
(906) 482-9400

Benzie County CMH
(231) 723-6516

Charlevoix County CMH
(231) 347-7890

Cheboygan County CMH
(231) 347-7890

Chippewa County CMH
(906) 341-2144

Crawford County CMH
(231) 876-3200

Delta County CMH
(906) 225-7201
Dickinson County CMH  
(906) 774-0522

Emmet County CMH  
(231) 347-7890

Gogebic County CMH  
(906) 229-6100

Grand Traverse County CMH  
(231) 922-4850

Houghton County CMH  
(906) 482-9400

Iosco County CMH  
(989) 362-8636

Iron County CMH  
(906) 774-0522

Leelanau County CMH  
(231) 922-4850

Luce County CMH  
(906) 225-7201

Mackinac County CMH  
(906) 341-2144

Manistee County CMH  
(231) 723-6516

Marquette County CMH  
(906) 225-7201

Missaukee County CMH  
(231) 876-3200

Montmorency County CMH  
(989) 356-2161

Ontonagon County CMH  
(906) 482-9400

Otesgo County CMH  
(231) 347-7890

Presque Isle County CMH  
(989) 356-2161

Roscommon County CMH  
(231) 876-3200
Schoolcraft County CMH
(906) 341-2144

Wexford County CMH
(231) 876-3200

Michigan Department of Public Health Center for Substance Abuse Services—Access, Assessment, and Referral (AAR)

These agencies, located throughout the state, refer individuals in need of substance abuse treatment to an appropriate residential or outpatient program. Substance abusers who also need specialized services such as perinatal care or those who are high risk for diseases such as HIV/AIDS or tuberculosis are referred for additional support services. For more information, call the AAR agency in your area.

Northern Michigan Substance Abuse Services, Inc.
Serving the following counties:
Alcona, Alpena, Antrim, Arenac, Benzie, Charlevoix, Cheboygan, Clare, Crawford, Emmet, Gladwin, Grand Traverse, Iosco, Isabella, Kalkaska, Lake, Leelanau, Manistee, Mason, Mecosta, Midland, Missaukee, Montmorency, Oceana, Ogemaw, Osceola, Oscoda, Otsego, Presque Isle, Roscommon, and Wexford
(517) 732-0864 or (800) 686-0749

Pathways Coordinating Agency
Serving the following counties:
Alger, Chippewa, Delta, Luce, Mackinac, Marquette, Menominee, and Schoolcraft
(906) 228-3468 or (800) 305-6564

Dental and Vision Services

Dental Demonstration Project
2479 Woodlake Circle, Suite 300
Okemos, MI 48864
(888) 826-6565

- Provides reimbursement for preventive and restorative dental services through participating providers
- Eligibility limited to: HIV+, applied to Medicaid, 200% below federal poverty guidelines, Michigan resident
**Tribal Health Clinic—Dental Program**
2864 Ashmun St.
Sault St. Marie, MI 49783
(906) 632-5230

- Dental care
- Available to Native Americans in Chippewa, Alger, Schoolcraft, Delta, Luce, Mackinaw, and Marquette counties

**Sterling Area Dental Center**
4095 Rifle River Trail
Alger, MI 48610
(989) 873-5152

- Sliding scale fees
- General dentistry

**Special Programs**

**AIDS Hotline**
(800) 872-AIDS (872-2437), (734) 727-7124
(800) 750-TEEN (750-8336)

**Children’s Leukemia Foundation**
29777 Telegraph Road, Suite 1651
Southfield, MI 48034
(248) 353-8222

**Ministry with the Aging**
211 Cedar
Gladwin, MI 48624
(517) 426-9943

- Transportation to medical appointments and friendly visits
- No fee/recommended contribution

**Poison Control**
(800) 764-7661

**Michigan Department of Community Health Breast and Cervical Cancer Screening**
(800) 922-6266

- Free screenings for women over 40 years of age who are low to moderate income and belong to an HMO
The Greater Detroit Area Health Council, Inc. is a community service coalition of more than 100 organizations dedicated to ensure that all residents of Southeast Michigan have access to high-quality, affordable health care.

Greater Detroit Area Health Council, Inc.

333 W. Fort Street
Suite 1500
Detroit, Michigan 48226
Phone: (313) 963-4990

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United Way

Help with Health Care