

Shabazz trainfutbol Academy

Head Coach: Lumumba Shabazz: Ann Arbor Pioneer Varsity Coach

Credentials: USSF A, US Region II Staff Coach, NSCAA Premier Diploma, English FA Conditioning Specialist, UK SAQ Advanced Trainer, Meulensteen Dutch Skills Trainer certificate, former professional player (Germany), professional coaching internships & study visits at West Ham United (England), Flamengo (Brazil), Real Madrid & Getafe F.C. (Spain)

Elite College Prep Camp:

Do you want to challenge for a starting position in your freshman season? Are you looking for a skilled trainer to take your game to the next level? Coach Shabazz, a USSF 'A' licensed and nationally recognized coach will teach you practical methods of developing:

-  **Position-specific movement & skills to improve your speed of play**
-  **Small-sided & phase of play games to improve your individual attacking & defensive technique & team tactical play**
-  **Position-specific explosive speed and endurance drills**
-  **Core & strength training to improve power & reduce injuries**

<u>Dates</u>	<u>Time</u>	<u>Location</u>	<u>Fee</u>
July 11-13, 19-23, 25-28	7-9am	Ann Arbor-Pioneer Grass Field	\$600


Participants will also receive specialized instruction in diet and nutrition and video analysis of their individual college style of play to aid their preparation.

Enrollment in this camp will be extremely limited (10-12 players) to allow for intense individual attention.

Contact Camp Coordinator Lumumba Shabazz for registration form

Email: shabazzsoccer@gmail.com

• Phone contact: 786 210-5570

 *trainfutbol with the best to improve your speed, power and skills to take your game to the next level.*

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Registration Form

Name: _____

Position: _____

Address: _____

City/State: _____ Zip: _____

Email: _____ Phone: _____


Emergency contact: _____ Phone: _____

Do you have any allergies that our staff needs to be aware of? Y N If so, please list:

Do you have any pre-existing medical or physical limitations?? Y N If so, please list:

Please include check or money order:

\$600 for Soccer Camp

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I hereby certify that I am the parent or legal guardian of the camper. I hereby give permission for the staff of the camp to seek during the period of the camp appropriate medical attention for the camper and for medical attention to be given and for the camper to receive medical attention in the event of accident, injury, or illness. I will be responsible for any and all costs of medical attention and treatment, except for that covered by the camp's excess medical coverage policy.

I understand soccer is an active, physical sport, and injuries can take place during play. I also understand there will be a number of children attending the camp, there will be a limited number of coaches and/or counselors, and that my child cannot receive individualized attention and supervision at all times. I understand, as with any sport, injuries can occur, and we hereby acknowledge our child is physically fit and mentally capable of participating in soccer and camp activities. I represent I have sought the opinion of our child's pediatrician and he/she concurs my child is fully capable of engaging in this sport's activity, and I am confident he/she is able to engage in such a sport.

I understand this camp is sponsored by itrainfutbol Academy LLC. I further understand Ann Arbor Pioneer is not a sponsor of the camp, nor does it supervise the camp in any way; Ann Arbor Pioneer merely makes its facilities available for the camp. Accordingly, for my child and his/her parents/guardians I hereby release and agree not to sue Ann Arbor Pioneer and any person acting as its agent for any claim related to the camp.

Parent or Guardian Signature _____ Date: _____

Print Name _____