# A POSITIVE CHARACTERIZATION OF RATIONAL MAPS 

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#### Abstract

When is a topological branched self-cover of the sphere equivalent to a rational map on $\mathbb{C P}^{1}$ ? William Thurston gave one answer in 1982, giving a negative criterion (an obstruction to a map being rational). We give a complementary, positive criterion: the branched self-cover is equivalent to a rational map if and only if there is an elastic spine that gets "looser" under backwards iteration.


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## 1. Introduction

In this paper, we complete the program laid out in earlier work [Thu16b], and give a positive characterization of post-critically finite rational maps among branched self-covers of the sphere.
Definition 1.1. A topological branched self-cover of the sphere is a finite set of points $P \subset S^{2}$ and a map $f:\left(S^{2}, P\right) \rightarrow\left(S^{2}, P\right)$, also written $f:\left(S^{2}, P\right) \bigcirc$, so that $f$ is a covering map (with degree greater than 1) when restricted to a map from $S^{2} \backslash f^{-1}(P)$ to $S^{2} \backslash P$. That is, $f$ is a branched cover so that $f(P) \subset P$ and $P$ contains the critical values. Two branched self-covers are equivalent if they are related by conjugacy of $S^{2}$ (possibly changing the set $P$ ) and homotopy relative to $P$.

One source of topological branched self-covers is post-critically finite rational maps. Let $\widehat{\mathbb{C}}=\mathbb{C} \mathbb{P}^{1}$, and suppose $f(z)=P(z) / Q(z)$ is a rational map with a finite, forward-invariant set $P$ that contains all critical values. Then, if we forget the conformal structure, $f:(\widehat{\mathbb{C}}, P) \frown$ is a topological branched self-cover.

Question 1.2. When is a topological branched self-cover equivalent to a post-critically finite rational map?

[^0]One answer to Question 1.2 was given by W. Thurston 30 years ago [DH93], recalled as Theorem 7.4. He proved a negative characterization: there is a certain combinatorial object (an annular obstruction) that exists exactly when $f:\left(S^{2}, P\right) \circlearrowleft$ is not equivalent to a rational map. In this paper, we give a complementary, positive, characterization: a combinatorial object that exists exactly when $f$ is equivalent to a rational map.

Before stating the main theorem, we give a combinatorial description of topological branched self-covers $f:\left(S^{2}, P\right) \frown$ in terms of graph maps. ${ }^{1}$ Pick a graph spine $\Gamma_{0}$ for $S^{2} \backslash P$ (a deformation retract of $S^{2} \backslash P$ ) and considering its inverse image $\Gamma_{1}=f^{-1}\left(\Gamma_{0}\right) \subset S^{2} \backslash f^{-1}(P)$. There are two natural homotopy classes of maps from $\Gamma_{1}$ to $\Gamma_{0}$.

- A covering map $\pi_{\Gamma}$ commuting with the action of $f$ :

- A map $\varphi_{\Gamma}$ commuting up to homotopy with the inclusion of $S^{2} \backslash f^{-1}(P)$ in $S^{2} \backslash P$ :


The homotopy class of $\varphi_{\Gamma}$ is unique, since $\Gamma_{0}$ is a deformation retract of $S^{2} \backslash P$.
This data $\pi_{\Gamma}, \varphi_{\Gamma}: \Gamma_{1} \rightrightarrows \Gamma_{0}$ is a virtual endomorphism of $\Gamma_{0}$. It, together with a ribbon graph structure on $\Gamma_{0}$, determines $f$ up to equivalence (Theorem 3 in Section 2).

For our characterization of rational maps, we also need an elastic structure on $\Gamma=\Gamma_{0}$, by which we mean an elastic length $\alpha(e) \in \mathbb{R}_{>0}$ on each edge $e$ of $\Gamma$. (We treat $\alpha$ as an ordinary length for purposes of differentiation, etc.) An elastic graph $G=(\Gamma, \alpha)$ is a graph $\Gamma$ and an elastic structure $\alpha$ on $\Gamma$. For a PL map $\psi: G_{1} \rightarrow G_{2}$ between elastic graphs, the embedding energy is

$$
\begin{equation*}
\operatorname{Emb}(\psi):=\underset{y \in G_{2}}{\operatorname{ess} \sup } \sum_{x \in \psi^{-1}(y)}\left|\psi^{\prime}(x)\right| \tag{1.3}
\end{equation*}
$$

The essential supremum ignores sets of measure zero. In particular, ignore vertices of $G_{2}$ and images of vertices of $G_{1}$. On a homotopy class, $\operatorname{Emb}[\psi]$ is defined to be the infimum of $\operatorname{Emb}(\varphi)$ for $\varphi \in[\psi] . \operatorname{Emb}[\psi]$ is realized and controls whether $G_{1}$ is "looser" than $G_{2}$ as an elastic graph [Thu16a, Theorem 1].

In the context of a branched self-cover $f:\left(S^{2}, P\right) \bigcirc$, if $G=G_{0}$ is an elastic spine for $S^{2} \backslash P$, we get a virtual endomorphism $\pi_{G}, \varphi_{G}: G_{1} \rightrightarrows G_{0}$, where $G_{1}$ inherits an elastic structure by pulling back via $\pi$. We can then consider $\operatorname{Emb}\left[\varphi_{G}\right]$, the embedding energy of $\varphi_{G}: G_{1} \rightarrow G_{0}$, or the iterated version $\operatorname{Emb}\left[\varphi_{G, n}\right]$. (See Section 5 for iteration.)

In a mild generalization, we also consider disconnected surfaces.
Definition 1.4. A branched self-cover $f:(\Sigma, P) \bigcirc$ is a (possibly disconnected) compact closed surface $\Sigma$, a finite subset $P \subset \Sigma$, and a map $f: \Sigma \rightarrow \Sigma$ that

[^1]- is a branched covering map with branch values contained in $P$,
- has (constant) degree greater than 1 ,
- maps $P$ to $P$, and
- is a bijection on components of $\Sigma$.
(The restriction to $\pi_{0}$-bijective maps avoids dynamically uninteresting cases.) A standard Euler characteristic argument shows that each component of $\Sigma$ is either a sphere or a torus, and that in the torus case the branching is trivial.

Definition 1.5. For the purposes of this paper, a Riemann surface $S=(\Sigma, \omega)$ is a topological surface $\Sigma$, possibly disconnected or with boundary, and a conformal structure $\omega$ on $\Sigma$. A rational map is a closed Riemann surface $S$ and a conformal, $\pi_{0}$-bijective map $f: S$.
Definition 1.6. A branched self-cover $f:(\Sigma, P) \bigcirc$ is of non-compact type if each component of $\Sigma$ contains a point of $P$ that eventually falls into a cycle with a branch point (under forward iteration of $f$ ). It is of hyperbolic type if each component of $\Sigma$ contains a point of $P$ and each cycle of $P$ contains a branch point.

In either case, the branching is non-trivial, so $\Sigma$ is a union of spheres. If $f$ is a rational map, it is of non-compact type iff the Julia set is does not contain any component of $\Sigma$ and it is of non-compact type iff the dynamics on the Julia set is hyperbolic. Thus the term "non-compact type" refers to the orbifold of $f$, while the term "hyperbolic type" refers to dynamics of $f$ and not to the orbifold.

Theorem 1. Let $f:(\Sigma, P) \frown$ be a branched self-cover of hyperbolic type. Then the following conditions are equivalent.
(1) The branched self-cover $f$ is equivalent to a rational map.
(2) There is an elastic graph spine $G$ for $\Sigma \backslash P$ and an integer $n>0$ so that $\operatorname{Emb}\left[\varphi_{G, n}\right]<1$.
(3) For every elastic graph spine $G$ for $\Sigma \backslash P$ and for every sufficiently large $n$ (depending on $f$ and $G$ ), we have $\operatorname{Emb}\left[\varphi_{G, n}\right]<1$.

Loosely speaking, Theorem 1 says that $f$ is equivalent to a rational map iff elastic graph spines get looser under repeated backwards iteration. As compared to the earlier Theorem 7.4, Theorem 1 makes it easier to prove a map is rational: you can just exhibit an elastic spine $G$ and a suitable map in the homotopy class of $\varphi_{G, n}$. (In practice, $n=1$ often suffices.) We prove Theorem 1 as Theorem 1' in Section 5, including some additional equivalent conditions.

There are several ingredients to prove Theorem 1, as outlined in Figure 1 and summarized below. Much of this has appeared in other papers; the main new contributions of this paper are in Sections 4 and 5 .


The zeroth ingredient is the graphical description of topological branched self-covers in terms of spines, crucial to our entire approach. This is essentially a graphical version of Nekrashevych's automata for iterated monodromy groups [Nek05]. It is described in Section 2, culminating in Theorem 3.

The first ingredient is a characterization of rational maps in terms of conformal embeddings of Riemann surfaces, a surface version of the graph criterion in Theorem 1. This has been folklore in the community for some time and is recalled as Theorem 3.3 in Section 3.



Figure 1. An outline of the equivalences used in proving Theorem 1, for a fixed branched self-cover $f:(\Sigma, P) \bigcirc$

The second ingredient is a characterization of conformal embeddings of Riemann surfaces in terms of extremal length of multi-curves on the surface. This appeared in earlier work with Kahn and Pilgrim [KPT15], as we now summarize. Recall that the extremal length of a simple multi-curve $c$ on a Riemann surface measures the maximum thickness of a collection of annuli around $c$.

Definition 1.7. For $f: R \hookrightarrow S$ a topological embedding of Riemann surfaces, the (extremal length) stretch factor of $f$ is the maximal ratio of extremal lengths between the two surfaces:

$$
\mathrm{SF}[f]:=\sup _{c: C \rightarrow R} \frac{\mathrm{EL}_{S}[f \circ c]}{\mathrm{EL}_{R}[c]},
$$

where the supremum runs over all simple multi-curves $c$ on $R$ with $\mathrm{EL}_{R}[c] \neq 0$.
Definition 1.8. An annular extension of a Riemann surface $R$ is any surface obtained by attaching a conformal annulus to each boundary component of $R$, and a conformal embedding $f: R \hookrightarrow S$ between Riemann surfaces is annular if it extends to a conformal embedding of an annular extension of $R$ into $S$.

Theorem 1.9 (Kahn-Pilgrim-Thurston [KPT15]). Let $R$ and $S$ be Riemann surfaces and let $f: R \hookrightarrow S$ be a topological embedding so that no component of $f(R)$ is contained in a disk or a once-punctured disk. Then $f$ is homotopic to a conformal embedding if and only if $\mathrm{SF}[f] \leqslant 1$. Furthermore, $f$ is homotopic to an annular conformal embedding if and only if $\mathrm{SF}[f]<1$.

We also use Theorem 5.11, a strengthening of Theorem 1.9 that behaves well under covers.

$$
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$$

The third ingredient is a relation between the embedding energy of Equation (1.3) to a stretch factor of maps between graphs (rather than surfaces) [Thu16a].


Figure 2. Geometrically thickening an elastic ribbon graph. Left: An edge of elastic length $\alpha$ is thickened to an $\alpha \times \epsilon$ rectangle. Right: At a vertex, glue each half of the end of each rectangle to one of the neighbors according to the ribbon structure.

Definition 1.10. Let $G=(\Gamma, \alpha)$ be an elastic graph. A multi-curve on $G$ is a (not necessarily connected) 1-manifold $C$ and a PL map $c: C \rightarrow G$. It is (strictly) reduced if $c$ is locally injective. The extremal length of $(C, c)$ is

$$
\begin{equation*}
\operatorname{EL}(c):=\int_{y \in G} n_{c}(y)^{2} d \alpha(y) \tag{1.11}
\end{equation*}
$$

where $n_{c}(y)$ is the number of elements in $c^{-1}(y)$. If $c$ is reduced, then $n_{c}(y)$ depends only on the edge containing $y$, and Equation (1.11) reduces to

$$
\begin{equation*}
\operatorname{EL}(c)=\sum_{e \in \operatorname{Edge}(G)} \alpha(e) n_{c}(e)^{2} \tag{1.12}
\end{equation*}
$$

As usual, $\mathrm{EL}[c]$ is the extremal length of any reduced representative of $[c]$.
For $[\varphi]: G \rightarrow H$ a homotopy class of maps between elastic graphs, the (extremal length) stretch factor is the maximum ratio of extremal lengths:

$$
\begin{equation*}
\mathrm{SF}[\varphi]:=\sup _{c: C \rightarrow G} \frac{\mathrm{EL}_{H}[\varphi \circ c]}{\mathrm{EL}_{G}[c]} \tag{1.13}
\end{equation*}
$$

where the supremum runs over all non-trivial multi-curves on $G$.
Theorem 1.14 ([Thu16a, Theorem 1]). For $[\varphi]: G \rightarrow H$ a homotopy class of maps between marked elastic graphs,

$$
\operatorname{Emb}[\varphi]=\mathrm{SF}[\varphi] .
$$

The above two quantities are also equal to the maximum ratio of Dirichlet energies between the two graphs. This arises naturally in the proof of Theorem 1.14, and also justifies the terminology of "loosening" of elastic graphs. But this fact is not used in the present paper, so we will not develop it further here.

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The fourth ingredient is a relation between extremal lengths on graphs and on certain degenerating families of surfaces. Suppose that $G$ is an elastic ribbon graph. (A ribbon graph is a graph with a specified counterclockwise cyclic order of the edges incident to each vertex.) Its $\varepsilon$-thickening $N_{\varepsilon} G$ is the conformal surface obtained by replacing each edge $e$ of $G$ by a rectangle of size $\alpha(e) \times \varepsilon$ and gluing the rectangles at the vertices using the given cyclic order, as shown in Figure 2. A ribbon map $\varphi: G_{1} \rightarrow G_{2}$ between ribbon graphs is a map that lifts to a topological embedding $N_{\varepsilon} \varphi: N_{\varepsilon} G_{1} \hookrightarrow N_{\varepsilon} G_{2}$ (Definition 2.7).

Theorem 2. Let $G$ and $H$ be two elastic ribbon marked graphs with trivalent vertices, and let $\varphi: G \rightarrow H$ be a ribbon map between them. Let $m$ be the minimal value of $\alpha(e)$ for $e$ an edge in $G$ or $H$. Then, for $\varepsilon<m / 2$,

$$
\mathrm{SF}[\varphi] /(1+8 \epsilon / m) \leqslant \mathrm{SF}\left[N_{\epsilon} \varphi\right] \leqslant \mathrm{SF}[\varphi] \cdot(1+8 \epsilon / m)
$$

Theorem 2 is proved in Section 4. We can get some intuition for Theorem 2 from a corollary, which motivates the term "embedding energy" but is not otherwise used.

Corollary 1.15. Let $G_{1}$ and $G_{2}$ be two elastic ribbon marked graphs with trivalent vertices, and let $\varphi: G_{1} \rightarrow G_{2}$ be a ribbon map between them. Then if $\operatorname{Emb}[\varphi]<1$, for all sufficiently small $\varepsilon$ there is a conformal embedding in $\left[N_{\varepsilon} \varphi\right]$. On the other hand, if for some sufficiently small $\varepsilon$ there is a conformal embedding in $\left[N_{\varepsilon} \varphi\right]$, then $\operatorname{Emb}[\varphi] \leqslant 1$.

Proof. Immediate from Theorem 2, Theorem 1.14, and Proposition 4.12.


The fifth and final ingredient is a study of the behavior of the stretch factor/embedding energy under iteration. Let $f:\left(S^{2}, P\right) \frown$ be a branched self-cover. Then we have a virtual endomorphism $\pi, \varphi: X_{1} \rightrightarrows X_{0}$, where the $X_{i}$ are either Riemann surfaces or elastic graphs. By iterating, we get a sequence of virtual endomorphisms $\pi_{n}, \varphi_{n}: X_{n} \rightrightarrows X_{0}$, each with its own stretch factor $\mathrm{SF}\left[\varphi_{n}\right]$. From general principles (Proposition 5.6), it is not hard to prove that the stretch factor grows or shrinks exponentially. That is,

$$
\begin{equation*}
\overline{\mathrm{SF}}[\pi, \varphi]:=\lim _{n \rightarrow \infty} \sqrt[n]{\mathrm{SF}\left[\varphi_{n}\right]} \tag{1.16}
\end{equation*}
$$

exists, whether we are working with elastic graphs or with Riemann surfaces. We call this limit the asymptotic stretch factor. General principles also show that $\overline{\mathrm{SF}}[\pi, \varphi]$ doesn't depend on the particular conformal or elastic structure we start with (Proposition 5.7), and furthermore Theorem 2 implies that $\overline{\mathrm{SF}}[\pi, \varphi]$ is the same in these two cases (Proposition 5.14). Theorem 3.3 and a strengthening of Theorem 1.9 then show that $\overline{\mathrm{SF}}[\pi, \varphi]<1$ iff $f$ is equivalent to a rational map. This is then translated to a proof of Theorem 1, as explained in Section 5.

The last two sections have material complementary to the main proof. In Section 6, we explain how a virtual endomorphism $(\pi, \varphi)$ gives an asymptotic energy $\bar{E}_{p}^{p}[\pi, \varphi]$ for each $p$, with $\bar{E}_{2}^{2}$ agreeing with $\overline{\mathrm{SF}}[\pi, \varphi]$, with a few comments on what this might mean.

In Section 7 we contrast Theorem 1 with the original characterization, Theorem 7.4.
1.1. Prior work. Kahn's work on degenerating surfaces [Kah06, Section 3] has close ties to this work. In particular, his work is quite similar in spirit to Corollary 1.15. His notion of domination of weighted arc diagrams is equivalent to embedding energy being less than one, in the following dualizing sense. Given a ribbon elastic graph $G=(\Gamma, \alpha)$, each edge $e$ of $\Gamma$ has a dual arc $A_{e}$ on $N \Gamma$, the arc between boundary components that meets $e$ in one point. We can then consider the dual weighted arc diagram

$$
W_{G}:=\sum_{e \in \operatorname{Edge}(\Gamma)} \frac{A_{e}}{\alpha(e)}
$$

Proposition 1.17. If $\varphi: G_{1} \rightarrow G_{2}$ is a ribbon map of ribbon elastic graphs, then $\operatorname{Emb}[\varphi] \leqslant 1$ iff $W_{G_{1}}$ dominates $W_{G_{2}}$.

Proof. This follows from tracing through the definitions of both notions.
The notion of weighted arc diagrams is a little more general than elastic graphs, as not every weighted arc diagram is of the form $W_{G}$ for some elastic spine $G$ : For any ribbon elastic graph $G$, the set of arcs in $W_{G}$ is filling. See also [Thu16b, Section 8.5].

The graphical description of branched self-covers in Section 2 has been used surprisingly little. They are closely related to the description in terms of automata and bisets by Nekrashevych. More specifically, these graphical descriptions are examples of his combinatorial models for expanding dynamical systems [Nek14]. (Nekrashevych also allows models with higher-dimensional cells.)

Theorem 3.3 has been circulating in the community. The non-trivial direction is written as [CPT16, Theorem 5.2] or [Wan14, Theorem 7.1].

The overall plan of this argument was summarized earlier [Thu16b], and some of the arguments were sketched there. For completeness, the logically necessary arguments are reproduced and expanded here.
1.2. Future work. There is a version of Theorem 1 for maps of non-compact type.

Theorem 2 can be generalized considerably, to allow grafting along arbitrary embedded arcs and/or circles (with some weakening of the conclusion).

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## 2. Spines for branched self-covers

Definition 2.1. A virtual endomorphism of a group $G$ is a finite-index subgroup $H \subset G$ and a homomorphism $\varphi: H \rightarrow G$.

A virtual endomorphism of a topological space $X$ consists of a space $Y$ and a pair of maps

$$
\pi, \varphi: Y \rightrightarrows X
$$

where $\pi$ is a covering map of constant, finite degree and $\varphi$ is considered up to homotopy.
A virtual endomorphism of spaces gives a virtual endomorphism of groups, as follows. Suppose $X$ and $Y$ are connected and locally connected and $x_{0} \in X$ is a basepoint. If we pick $y_{0} \in \pi^{-1}\left(x_{0}\right)$, then $\pi_{1}\left(Y, y_{0}\right)$ is naturally a subgroup of $\pi_{1}\left(X, x_{0}\right)$. If we homotop $\varphi$ so that $\varphi\left(y_{0}\right)=x_{0}$, then $\varphi_{*}$ gives a group homomorphism from $\pi_{1}\left(Y, y_{0}\right)$ to $\pi_{1}\left(X, x_{0}\right)$, i.e., a virtual endomorphism of $\pi_{1}\left(X, x_{0}\right)$.

Virtual endomorphisms of topological (orbi)spaces are also called topological automata by Nekrashevych [Nek14]. If you drop the condition that $\pi$ be a covering map, the same structures were called topological graphs or topological correspondences by Katsura [Kat04] and multi-valued dynamical systems by Ishii and Smillie [IS10].

Definition 2.2. A homotopy morphism between two virtual endomorphisms, from $\pi_{X}, \varphi_{X}$ : $X_{1} \rightrightarrows X_{0}$ to $\pi_{Y}, \varphi_{Y}: Y_{1} \rightrightarrows Y_{0}$, is a pair of maps $f_{0}: X_{0} \rightarrow Y_{0}$ and $f_{1}: X_{1} \rightarrow Y_{1}$ so that

$$
\begin{aligned}
& f_{0} \circ \pi_{X}=\pi_{Y} \circ f_{1} \\
& f_{0} \circ \varphi_{X} \sim \varphi_{Y} \circ f_{1}
\end{aligned}
$$

where $\sim$ means homotopy.
A homotopy equivalence between $\left(\pi_{X}, \varphi_{X}\right)$ and $\left(\pi_{Y}, \varphi_{Y}\right)$ is a pair of homotopy morphisms $\left(f_{0}, f_{1}\right)$ from $X$ to $Y$ and $\left(g_{0}, g_{1}\right)$ from $Y$ to $X$, so that $f_{0} \circ g_{0} \sim \operatorname{id}_{Y_{0}}$ and $g_{0} \circ f_{0} \sim \operatorname{id}_{X_{0}}$. This implies that $f_{1} \circ g_{1} \sim \operatorname{id}_{Y_{1}}$ and $g_{1} \circ f_{1} \sim \operatorname{id}_{X_{1}}$, as shown below.


If $f:(\Sigma, P) \bigcirc$ is a branched self-cover of a surface, let $\Sigma_{0}=\Sigma \backslash P$ and $\Sigma_{1}=\Sigma \backslash f^{-1}(P)$. The restriction of $f$ gives a map $\pi_{\Sigma}: \Sigma_{1} \rightarrow \Sigma_{0}$, and the natural inclusion of surfaces gives a $\operatorname{map} \varphi_{\Sigma}: \Sigma_{1} \rightarrow \Sigma_{0}$, together forming a surface virtual endomorphism

$$
\begin{equation*}
\pi_{\Sigma}, \varphi_{\Sigma}: \Sigma_{1} \rightrightarrows \Sigma_{0} \tag{2.3}
\end{equation*}
$$

A spine of $\Sigma_{0}$ is a graph $\Gamma_{0} \subset \Sigma_{0}$ that is a deformation retract of $\Sigma_{0}$. If we replace $\Sigma_{0}$ in (2.3) by a spine $\Gamma_{0}$, we get spaces and maps

- $\Gamma_{1}=f^{-1}\left(\Gamma_{0}\right) \subset \Sigma_{1} ;$
- deformation retractions $\kappa_{i}: \Sigma_{i} \rightarrow \Gamma_{i}$;
- the restriction of $f$ to a covering of graphs $\pi_{\Gamma}: \Gamma_{1} \rightarrow \Gamma_{0}$; and
- $\varphi_{\Gamma}=\kappa_{0} \circ \varphi_{\Sigma}: \Gamma_{1} \rightarrow \Gamma_{0}$.

These form a graph virtual endomorphism

$$
\begin{equation*}
\pi_{\Gamma}, \varphi_{\Gamma}: \Gamma_{1} \rightrightarrows \Gamma_{0} \tag{2.4}
\end{equation*}
$$

Since the $\kappa_{i}$ are homotopy equivalences, $\left[\varphi_{\Gamma}\right]$ is determined by $\left[\varphi_{\Sigma}\right]$. While $\varphi_{\Sigma}$ is a topological inclusion, $\varphi_{\Gamma}$ is just a continuous map of graphs. We say $\left(\pi_{\Gamma}, \varphi_{\Gamma}\right)$ is compatible with the branched self-cover $f$. Since any two spines for $\Sigma_{0}$ are homotopy equivalent, the homotopy equivalence class $\left[\pi_{\Gamma}, \varphi_{\Gamma}\right.$ ] is determined by $f$.

To go the other direction and recover the rational map from the graph virtual endomorphism $\pi_{\Gamma}, \varphi_{\Gamma}: \Gamma_{1} \rightrightarrows \Gamma_{0}$, we need some more data.

Definition 2.5. A ribbon structure on a graph $\Gamma$ is, for each vertex $v$ of $\Gamma$, a cyclic ordering on the ends of edges incident to $v$. A ribbon structure gives a canonical thickening of $\Gamma$ into an oriented surface with boundary $N \Gamma$, the underlying topological surface of the Riemann surface $N_{\varepsilon} \Gamma$ from Figure 2. There is a natural inclusion $i_{N \Gamma}: \Gamma \hookrightarrow N \Gamma$ and projection $\pi_{N \Gamma}$ : $N \Gamma \rightarrow \Gamma$.

We will see that a virtual endomorphism of a ribbon graph is compatible with at most one branched self-cover. For an example of what this data looks like, consider the rational map

$$
f(z)=\left(1+z^{2}\right) /\left(1-z^{2}\right)
$$


(a) Virtual endomorphism of a spine for $S^{2} \backslash\{-1,1, \infty\}$. The marked point $\infty$ is at infinity.

(b) Virtual endomorphism of a rose graph

$$
\begin{aligned}
& a(0 \cdot w)=1 \cdot b(w) \\
& a(1 \cdot w)=0 \cdot A(w) \\
& b(0 \cdot w)=1 \cdot w \\
& b(1 \cdot w)=0 \cdot w
\end{aligned}
$$

(d) Textual description of automaton
(c) Dual Moore diagram . 1 is the identity element in the group $F_{2}=\langle a, b\rangle$, and capital letters denote inverses.

Figure 3. Representations of the rational map $z \mapsto\left(1+z^{2}\right) /\left(1-z^{2}\right)$.
with critical portrait


We take $P$ to be the post-critical set $\{-1,1, \infty\}$. We can take $\Gamma_{0}$ to be a $\Theta$-graph embedded in $\Sigma_{0}=S^{2} \backslash P$ and take $\Gamma_{1}$ to be $f^{-1}\left(\Gamma_{0}\right)$, as indicated in Figure 3a. The map $\pi$ is the covering map that preserves labels and orientations on the edges. The map $\varphi$ might, for instance, be chosen so that

- the two $a$ edges of $\Gamma_{1}$ map to the $a$ and $b$ edges of $\Gamma_{0}$,
- the two $b$ edges of $\Gamma_{1}$ map to the $c$ edge of $\Gamma_{0}$, and
- the two $c$ edges of $\Gamma_{1}$ map constantly to the two vertices of $\Gamma_{0}$.

To read off the critical portrait, first recall that from a connected ribbon graph embedded in the plane, the complementary regions are intrinsically determined by following the boundary of the ribbon surface. Thus we can talk about the regions of $\Gamma_{0}$ and $\Gamma_{1}$. Then, for instance, " 1 " is in the region of $\Gamma_{1}$ surrounded by an $a$ edge and a $b$ edge, so must map by $f$ to " $\infty$ ", which is in the exterior region of $\Gamma_{0}$, also surrounded by an $a$ edge and a $b$ edge. On the other hand, " $\infty$ " in the exterior region of $\Gamma_{1}$ is surrounded by an $a, c, a$, and $c$ edge, and so maps with double branching to " -1 ", in the region of $\Gamma_{0}$ surrounded by $a$ and $c$. Proceeding in this way, we recover the critical portrait (2.6).

This data is essentially equivalent to an automaton in the style of Nekrashevych [Nek05]. To construct the automaton, first choose a spanning tree $T_{0}$ inside $\Gamma_{0}$ and collapse it to get a rose graph spine $R_{0}$ for $\Sigma_{0}$. (A rose graph is a graph with one vertex.) If we collapse $\pi^{-1}\left(T_{0}\right)$ inside $\Gamma_{1}$, we get $R_{1}$, which is likewise a spine for $\Sigma_{1}$. ( $R_{1}$ is not itself a rose graph.) Since $R_{0}$ is also a spine for $S^{2} \backslash P$, there is a virtual endomorphism $\pi_{R}, \varphi_{R}: R_{1} \rightrightarrows R_{0}$. In the running example, if we take the spanning tree to be edge $c$ in Figure 3a, we get the graphs $R_{0}$ and $R_{1}$ in Figure 3b.

The graph $R_{1}$ constructed above is quite close to the dual Moore diagram for the corresponding automaton, shown in Figure 3c for the running example. To get from Figure 3b to Figure 3c, perform the following steps.
(1) Homotop the graph map $\varphi: R_{1} \rightarrow R_{0}$ so that it is sends vertices to the vertex of $R_{0}$. In the example, the two $b$ edges of $R_{1}$ get mapped to points.
(2) Take the diagram $D$ to be $R_{1}$ as a graph, with the vertices numbered arbitrarily.
(3) Label each edge $e$ of $D$ by, first, the label of $e$ in $R_{1}$ and, second, the element of $\pi_{1}\left(R_{0}\right)$ represented by $\varphi(e)$.
The dual Moore diagram encodes an automaton, which in the example is given textually in Figure 3d.

Returning to the general theory, not all combinations of a graph virtual endomorphism $\pi, \varphi: \Gamma_{1} \rightrightarrows \Gamma_{0}$ and a ribbon graph structure on $\Gamma_{0}$ are compatible with a branched self-cover.

Definition 2.7. If $\Gamma$ and $\Gamma^{\prime}$ are ribbon graphs, a ribbon map $\varphi: \Gamma \rightarrow \Gamma^{\prime}$ is a map that lifts to an orientation-preserving topological embedding $N \varphi: N \Gamma \hookrightarrow N \Gamma^{\prime}$, in the sense that $\varphi=\pi_{N \Gamma^{\prime}} \circ N \varphi \circ i_{N \Gamma}$.
Lemma 2.8. If $\varphi: \Gamma \rightarrow \Gamma^{\prime}$ is a map between ribbon graphs and $\Gamma$ and $\Gamma^{\prime}$ are connected, then up to isotopy there is at most one orientation-preserving lift $N \varphi: N \Gamma \rightarrow N \Gamma^{\prime}$.

Proof. This follows from the fact that any two orientation-preserving homotopic embeddings from one connected surface to another are isotopic, which in turn follows from work of Epstein [Eps66] by looking at the boundary curves [Put16]. It is also proved as a side effect of work of Fortier Bourque on conformal embeddings [FB15].

Definition 2.9. Suppose that $\pi, \varphi: \Gamma_{1} \rightrightarrows \Gamma_{0}$ is a graph virtual endomorphism where $\Gamma_{0}$ has a ribbon graph structure. We can use the covering map $\pi$ to pull back the ribbon structure on $\Gamma_{0}$ to a ribbon structure on $\Gamma_{1}$. Then we say the data form a ribbon virtual endomorphism if $\varphi$ is a ribbon map. A ribbon homotopy morphism between two ribbon virtual endomorphisms is a homotopy morphism as in Definition 2.2 so that $f_{0}$ and $f_{1}$ are ribbon maps.

Remark 2.10. It is not immediately clear how to give an efficient algorithm to check whether a topological map $\varphi: \Gamma \rightarrow \Gamma^{\prime}$ between ribbon graphs is a ribbon map, but we can give an inefficient algorithm. If we specify, for each regular point $y \in \Gamma^{\prime}$, the order in which the points in $\varphi^{-1}(y)$ appear on the corresponding cross-section of $N \Gamma^{\prime}$, it is easy to check locally whether there is an embedded lift. Since there are only finitely many choices of orders, this can be checked algorithmically.
Definition 2.11. A map $\varphi: X \rightarrow Y$ between locally path-connected topological spaces is $\pi_{0}$-bijective if it gives a bijection from the connected components of $X$ to the connected components of $Y$. (Recall that branched self-covers are assumed to be $\pi_{0}$-bijective.) The
map $\varphi$ is $\pi_{1}$-surjective if, for each $x \in X$, the induced map $\varphi_{*}: \pi_{1}(X, x) \rightarrow \pi_{1}(Y, \varphi(x))$ is surjective.
Theorem 3. Branched self-covers of surfaces $f:(\Sigma, P) \bigcirc$, up to equivalence, are in bijection with ribbon virtual endomorphisms $\pi, \varphi: \Gamma_{1} \rightrightarrows \Gamma_{0}$ so that $\varphi$ is $\pi_{0}$-bijective and $\pi_{1}$-surjective, up to ribbon homotopy equivalence.
Proof. If we are given a branched self-cover $f:(\Sigma, P) \bigcirc$, we have already seen how to pick a compatible spine $\Gamma_{0} \subset \Sigma \backslash P$ and construct a ribbon virtual endomorphism $\pi, \varphi: \Gamma_{1} \rightrightarrows \Gamma_{0}$, unique up to ribbon homotopy equivalence. It is immediate that $\varphi$ is $\pi_{0}$-bijective and $\pi_{1}$-surjective.

It remains to check the other direction. Suppose we have a ribbon virtual endomorphism as in the statement. Let $\Sigma_{0}=N \Gamma_{0}$ and $\Sigma_{1}=N \Gamma_{1}$. Since $\varphi$ is $\pi_{0}$-bijective, Lemma 2.8 tells us the lift $N \varphi: \Sigma_{1} \hookrightarrow \Sigma_{0}$ is unique. Let $\widehat{\Sigma}_{0}$ be the marked surface obtained by attaching a disk with a marked point in the center to each boundary component of $\Sigma_{0}$. Let $P_{0} \subset \widehat{\Sigma}_{0}$ be the set of marked points.

Recall that a simple closed curve $C$ on a closed surface is separating iff it is homologically trivial, and that it is non-separating iff there is a "dual" simple closed curve $C^{\prime}$ that intersects $C$ transversally in one point.

Let $C_{1}$ be a boundary component of $\Sigma_{1}$ and consider the simple curve $C_{0}=N \varphi\left(C_{1}\right) \subset$ $\Sigma_{0} \subset \hat{\Sigma}_{0}$. If $C_{0}$ is non-separating, let $C_{0}^{\prime}$ be a dual curve. Then $C_{0}^{\prime}$ cannot be homotoped to lie in the image of $N \varphi$, contradicting $\pi_{1}$-surjectivity. So $C_{0}$ is separating and divides $\widehat{\Sigma}_{0}$ into two components, with one component containing the image of $N \varphi$. If the other component is not a disk with 0 or 1 marked points, then again $\varphi$ is not $\pi_{1}$-surjective. If $N \varphi\left(C_{1}\right)$ bounds a disk with no marked points in $\widehat{\Sigma}_{0}$ (so bounds a disk in $\Sigma_{0}$ ), say that $C_{1}$ is collapsed.

Now construct $\hat{\Sigma}_{1}$ by attaching a disk $D_{i}$ to each boundary component $C_{i}$ of $\Sigma_{1}$. Mark the center of $D_{i}$ if $C_{i}$ is not collapsed. Let $P_{1} \subset \widehat{\Sigma}_{1}$ be the set of marked points. By the choices made in the construction, $N \varphi$ extends to a homeomorphism $g: \widehat{\Sigma}_{1} \rightarrow \widehat{\Sigma}_{0}$ inducing a bijection from $P_{1}$ to $P_{0}$.

Since the ribbon structure on $\Gamma_{1}$ is the pull-back of the ribbon structure on $\Gamma_{0}$, the covering map $\pi$ extends to a covering of surfaces $N \pi: \Sigma_{1} \rightarrow \Sigma_{0}$. Since $N \pi$ restricts to a covering map from $\partial N \Gamma_{1}$ to $\partial N \Gamma_{0}$, we can extend $N \pi$ to a branched cover $h: \widehat{\Sigma}_{1} \rightarrow \widehat{\Sigma}_{0}$ with $h\left(P_{1}\right) \subset P_{0}$ and branch values contained in $P_{0}$.

The desired branched self-covering is then $f=h \circ g^{-1}:\left(\widehat{\Sigma}_{0}, P_{0}\right) \bigcirc$. The original virtual endomorphism $\pi, \varphi: \Gamma_{1} \rightrightarrows \Gamma_{0}$ is compatible with $f$.
Example 2.12. To see that the ribbon structure is necessary in Theorem 3, consider the $1 / 5$ and $2 / 5$ rabbit (i.e., the centers of the $1 / 5$ and $2 / 5$ bulb of the Mandelbrot set), with compatible graph virtual endomorphisms shown in Figure 4. The two branched self-covers are different, but the graph virtual endomorphisms are the same except for the ribbon structure.

Remark 2.13. The relationship with Nekrashevych's automata can be used to give another proof of the uniqueness part of Theorem 3 [Nek05, Theorem 6.5.2].

## 3. Quasi-CONFORMAL SURGERY

We now turn to the (standard) characterization of rational maps in terms of conformal embeddings of surfaces. For this section, we generalize to maps of non-compact type, since we can do it with little extra work.


Figure 4. Spines for the $1 / 5$ rabbit (left) and $2 / 5$ rabbit (right). There are extra marked points at infinity. The map $\pi$ is the cover that preserves colors/labels and the map $\varphi$ is determined by the deformation retraction.

Let $f:(\Sigma, P) \bigcirc$ be a branched self-cover of non-compact type. Let $P_{F}$ (with $F$ for Fatou) be the set of points in $P$ whose forward orbit under $f$ lands in a branched cycle, and let $P_{J}$ (with $J$ for Julia) be $P \backslash P_{F}$. Let $\Sigma_{0}$ be the complement of a disk neighborhood of $P_{F}$ in $\Sigma$, with marked subset $P_{0 J}:=P_{J}$. Parallel to (2.3), there is a branched virtual endomorphism

$$
\pi, \varphi:\left(\Sigma_{1}, P_{1 J}\right) \rightrightarrows\left(\Sigma_{0}, P_{0 J}\right),
$$

where $\Sigma_{1}:=f^{-1}\left(\Sigma_{0}\right), P_{1 J}$ is $P_{J}$ as a subset of $\Sigma_{1}, \pi$ is a branched cover with branch values contained in $P_{0 J}$, and $\varphi$ induces a bijection between $P_{1 J}$ and $P_{0 J}$ and is considered up to homotopy relative to $P_{1 J}$.

Given a branched virtual endomorphism of surfaces $\pi, \varphi:\left(\Sigma_{1}, P_{1 J}\right) \rightrightarrows\left(\Sigma_{0}, P_{0 J}\right)$, if there is a conformal structure $\omega_{0}$ on $\Sigma_{0}$ there is a pull-back conformal structure $\omega_{1}:=\pi^{*} \omega_{0}$ on $\Sigma_{1}$. Then $(\pi, \varphi)$ is said to be conformal with respect to $\omega_{0}$ if $\varphi$ is homotopic (rel $P_{1 J}$ ) to an annular conformal embedding from $\left(\Sigma_{1}, \omega_{1}\right)$ to $\left(\Sigma_{0}, \omega_{0}\right)$.
Definition 3.1. The Teichmüller space of a branched virtual endomorphism of surfaces $\pi, \varphi$ : $\left(\Sigma_{1}, P_{1 J}\right) \rightrightarrows\left(\Sigma_{0}, P_{0 J}\right)$ is the space $\operatorname{Teich}(\pi, \varphi)$ of isotopy classes of complex structures $\omega_{0}$ on $\Sigma_{0}$ so that $(\pi, \varphi)$ is conformal with respect to $\omega_{0}$.

Remark 3.2. Often the condition that the embedding be annular is omitted.
Theorem 3.3. Let $f:(\Sigma, P) \bigcirc$ be a branched self-cover of non-compact type, and let $\pi, \varphi$ : $\left(\Sigma_{1}, P_{1 J}\right) \rightrightarrows\left(\Sigma_{0}, P_{0 J}\right)$ be the associated branched virtual endomorphism. Then $f$ is equivalent to a rational map iff $\operatorname{Teich}(\pi, \varphi)$ is non-empty.
Proof. We start with the easy direction. If $f$ is equivalent to a rational map, replace it with its rational map $f:(\widehat{\mathbb{C}}, P) \bigcirc$. Let $J \subset \widehat{\mathbb{C}}$ be the Julia set of $f$. Then $P \cap J=P_{J}$. Set $S_{0}$ to be a suitable open neighborhood of $J$, chosen so that $\overline{f^{-1}\left(S_{0}\right)} \subset S_{0}$. Then we can take $S_{1}=f^{-1}\left(S_{0}\right)$.

To be concrete about the "suitable open neighborhood", let $F$ be the Fatou set of $f$, and choose a Green's function on $F$, by which we mean a harmonic function $G: F \rightarrow(0, \infty]$ so that

$$
G(f(z))=\lambda_{z} G(z)
$$

where $\lambda_{z}>1$ is a locally constant function on $F$ so that $\lambda_{f(z)}=\lambda_{z}$. Concretely, if $z$ is attracted to a cycle in $P_{F}$ of period $p$ and total branching $d$, then $\lambda_{z}=d^{1 / p}$. On a basin $B_{i}$
of $F$ with Böttcher coordinate $\varphi_{i}: B_{i} \rightarrow \mathbb{D}$, we can take $G(z)=-K_{i} \log \left|\varphi_{i}\right|$ on $B_{i}$ for some constant $K_{i}$.

Extend $G$ to all of $\widehat{\mathbb{C}}$ by setting $G(z)=0$ for $z \in J$. Pick $\varepsilon>0$, and take $S_{0}$ to be the union of $G^{-1}([0, \varepsilon])$ and all basins in $F$ that do not contain a point of $P_{F}$. We then have a conformal branched virtual automorphism $\pi, \varphi:\left(f^{-1}\left(S_{0}\right), P_{J}\right) \rightrightarrows\left(S_{0}, P_{J}\right)$.

The other direction is a special case of [CPT16, Theorem 5.2] or [Wan14, Theorem 7.1]. The technique is due to Douady and Hubbard [DH85]. We sketch the proof here.

Suppose $\omega_{0}$ is a point in Teich $(\pi, \varphi)$, and consider the corresponding conformal maps $\pi, \varphi$ : $\left(S_{1}, P_{1 J}\right) \rightrightarrows\left(S_{0}, P_{0 J}\right)$. We extend $\pi$ and $\varphi$ to maps $\widehat{\pi}, \widehat{\varphi}:\left(\widehat{S}_{1}, P_{1}\right) \rightrightarrows\left(\widehat{S}_{0}, P_{0}\right)$ between closed surfaces as in the proof of Theorem 3, but with attention to keeping the maps conformal except in controlled ways.

- Let $\widehat{S}_{0}$ be the compact Riemann surface without boundary obtained by attaching disks to the boundary components of $S_{0}$. Let $D_{0}$ be the union of the disks attached to $S_{0}$ and let $V_{0} \subset D_{0}$ be the union of concentrically contained smaller disks. Let $P_{0 F}$ be the set of points in the center of each component of $V_{0}$ (and $D_{0}$ ). Let $P_{0}=P_{0 J} \sqcup P_{0 F}$.
- Let $\widehat{S}_{1}$ be the corresponding conformal branched cover of $\widehat{S}_{0}$, branched at points in $P_{0}$, with $\widehat{\pi}: \widehat{S}_{1} \rightarrow \widehat{S}_{0}$ extending $\pi$. Let $D_{1}$ be $\widehat{\pi}^{-1}\left(D_{0}\right)$. Define $P_{1 F} \subset \widehat{S}_{1}$ by picking those points in $\widehat{\pi}^{-1}\left(P_{0 F}\right)$ that are in the center of non-collapsed boundary components of $S_{1}$, as in the proof of Theorem 3. Let $V_{1} \subset D_{1}$ be the union of those components of $\hat{\pi}^{-1}\left(V_{0}\right)$ that contain a point in $P_{1 F}$ and let $P_{1}=P_{1 J} \sqcup P_{1 F}$.
Next we will define a diffeomorphism $\hat{\varphi}:\left(\widehat{S}_{1}, P_{1}\right) \rightarrow\left(\widehat{S}_{0}, P_{0}\right)$ in stages.
- On $S_{1}$, the map $\hat{\varphi}$ agrees with $\varphi$.
- Each component of $V_{1}$ contains a point $p_{1} \in P_{1}$, which maps to a point $p_{0} \in P_{0}$ with branching $k$. On this component, $\hat{\varphi}$ is the map $z^{k}$ from the disk of $V_{1}$ to the disk of $D_{0}$ containing $p_{0}$.
- It remains to define $\hat{\varphi}$ on $D_{1} \backslash V_{1}$, which is a union of annuli and unmarked disks. Define $\hat{\varphi}$ to be an arbitrary diffeomorphism extending the maps defined so far. This is possible since we haven't changed the isotopy class from the homeomorphism from Theorem 3.
Observe that $\hat{\varphi}$ and $\hat{\varphi}^{-1}$ are quasi-conformal, since they are diffeomorphisms on compact manifolds. The map $\hat{\varphi}$ takes the pieces of $\widehat{S}_{1}$ to the pieces of $\widehat{S}_{0}$ :


Now let $f:\left(\widehat{S}_{0}, P_{0}\right) \frown$ be $\hat{\pi} \circ \hat{\varphi}^{-1}$. Then $f$ is $K$-quasi-conformal for some $K \geqslant 1, f$ is conformal on $\varphi\left(S_{1}\right) \sqcup D_{0}$, and $f\left(D_{0}\right)=V_{0} \subset D_{0}$. If $f$ is not conformal at $x \in \widehat{S}_{1}$, then $f(x) \in D_{0}$, so $f$ is conformal at $f(x)$ and at all further forward iterates of $f(x)$. That is, in the forward orbit of any $x \in \widehat{S}^{1}$, there is at most one $n$ so that $f$ is not conformal at $f^{\circ n}(x)$. Thus $f^{\circ n}$ is also $K$-quasi-conformal with the same value of $K$. We can therefore apply Sullivan's Averaging Principle to find an invariant measurable complex structure on $\widehat{S}_{1}$, which by the Measurable Riemann Mapping Theorem can be straightened to give an honest conformal structure and a post-critically finite map [Sul81].

Remark 3.4. Theorem 3.3 is also true if we take $P_{F}$ to be an invariant subset of the points of $P$ whose forward orbit lands in a branched cycle, as long as there is at least one point of $P_{F}$ in each component of $\Sigma$. For instance, for polynomials we may take $P_{F}=\{\infty\}$.

## 4. Extremal length on thickened surfaces

Our next goal is to relate extremal length on elastic graphs and on Riemann surfaces. We first recall different definitions of extremal length on surfaces.

Definition 4.1. Let $A$ be a conformal annulus. Then the extremal length $\operatorname{EL}(A)$ is defined by the following equivalent definitions. (Equivalence is standard.)
(1) There are real numbers $s, t \in \mathbb{R}_{>0}$ so that $A$ is conformally equivalent to the quotient of the rectangle $[0, s] \times[0, t]$ by identifying $(0, y)$ with $(s, y)$ for $y \in[0, t]$. Then $\operatorname{EL}(A)$ is $s / t$, the circumference divided by the width.
(2) Pick a Riemannian metric $g$ in the conformal class of $A$. For $\rho: A \rightarrow \mathbb{R}_{\geqslant 0}$ a suitable (Borel-measurable) scaling function, let $\ell_{\circ}(\rho g)$ be the minimal length, with respect to the pseudo-metric $\rho g$, of any curve homotopic to the core of $A$, and let Area $(\rho g)$ be the area of $A$ with respect to $\rho g$. Then

$$
\begin{equation*}
\mathrm{EL}(A)=\mathrm{EL}_{\circ}(A)=\sup _{\rho} \frac{\ell_{\circ}(\rho g)^{2}}{\operatorname{Area}(\rho g)} \tag{4.2}
\end{equation*}
$$

(3) For $g$ and $\rho$ as above, let $\ell_{\perp}(\rho g)$ be the minimal length with respect to $\rho g$ of any curve running from one boundary component of $A$ to the other. Then

$$
\begin{align*}
\mathrm{EL}_{\perp}(A) & =\sup _{\rho} \frac{\ell_{\perp}(\rho g)^{2}}{\operatorname{Area}(\rho g)}  \tag{4.3}\\
\mathrm{EL}(A) & =1 / \mathrm{EL}_{\perp}(A) . \tag{4.4}
\end{align*}
$$

Definition 4.5. Let $S$ be a general Riemann surface, and let $(C, c)$ be a simple multi-curve on $S$ (a union of non-intersecting simple closed curves), with components $c_{i}: C_{i} \rightarrow S$. Then $\mathrm{EL}_{S}[c]$ is defined in the following equivalent ways.
(1) If $g$ is a Riemannian metric on $S$ in the distinguished conformal class, then

$$
\begin{equation*}
\mathrm{EL}_{S}[c]=\sup _{\rho} \frac{\ell_{\rho g}[c]^{2}}{\operatorname{Area}_{\rho g}(S)}, \tag{4.6}
\end{equation*}
$$

where again $\rho: S \rightarrow \mathbb{R}_{\geqslant 0}$ runs over all Borel-measurable scaling factors and $\ell_{\rho g}[c]$ is the minimal length of any multi-curve in $[c]$ with respect to $\rho g$.
(2) Extremal length may be defined by finding the "fattest" set of annuli around [ $c$ ], as follows. For $i=1, \ldots, k$, let $A_{i}$ be a (topological) annulus. Then

$$
\begin{equation*}
\operatorname{EL}[c]=\inf _{\omega, f} \sum_{i=1}^{k} \operatorname{EL}_{\omega}\left(A_{i}\right) \tag{4.7}
\end{equation*}
$$

where the infimum runs over all conformal structures $\omega$ on the $A_{i}$ (i.e., a choice of modulus) and over all embeddings $f: \bigsqcup_{i} A_{i} \hookrightarrow S$ that are conformal with respect to $\omega$ and so that $f$ restricted to the core curve of $A_{i}$ is isotopic to $c_{i}$.
These two definitions are equivalent [KPT15, Proposition 3.7].
For a non-simple homotopy class of multi-curves on $S$, use Equation (4.6) as the definition.

To prove Theorem 2, we need to estimate extremal length on $N_{\varepsilon} G$ from below and above. We prove two propositions for the two directions.

Proposition 4.8. Let $G$ be an elastic ribbon graph. Then for $[c]$ any homotopy class of multi-curve on $N G$, we have

$$
\mathrm{EL}_{G}[c] \leqslant \varepsilon \mathrm{EL}_{N_{\varepsilon} G}[c] .
$$

(We use [c] for the homotopy class on both $G$ and on $N_{\varepsilon} G$.)
Proof. We use Equation (4.6) to estimate $\mathrm{EL}_{N_{\varepsilon} G}[c]$ from below. Take as the base metric $g$ the standard piecewise-Euclidean metric in which an edge $e$ gives an $\alpha(e) \times \varepsilon$ rectangle $N_{\varepsilon} e$.

The test function $\rho$ is the piecewise-constant function which is $n_{c}(e)$ on $N_{\varepsilon} e$. (Recall that $n_{c}(e)$ is the number of times $c$ runs over $e$.) Then the shortest representative of $[c]$ will run down the center of each rectangle, so

$$
\ell_{\rho g}[c]=\sum_{e \in \operatorname{Edge}(\Gamma)}\left(n_{c}(e)\right)^{2} \alpha(e) .
$$

On the other hand, the area is

$$
\operatorname{Area}(\rho g)=\sum_{e \in \operatorname{Edge}(G)}\left(\alpha(e) n_{c}(e)\right) \cdot\left(\varepsilon n_{c}(e)\right)
$$

so

$$
\varepsilon \mathrm{EL}_{N_{\varepsilon} G}[c] \geqslant \frac{\varepsilon \ell_{\rho g}[c]^{2}}{\operatorname{Area}(\rho g)}=\frac{\varepsilon\left(\sum n_{c}(e)^{2} \alpha(e)\right)^{2}}{\varepsilon \sum n_{c}(e)^{2} \alpha(e)}=\mathrm{EL}_{G}[c]
$$

Proposition 4.9. Let $G=(\Gamma, \alpha)$ be an elastic ribbon graph with trivalent vertices, and let $m=\min \{\alpha(e) \mid e \in \operatorname{Edge}(\Gamma)\}$ be the lowest weight of any edge in $G$. Then, for $\varepsilon<m / 2$ and c any simple multi-curve on $N G$, we have

$$
\varepsilon \mathrm{EL}_{N_{\varepsilon} G}[c]<\mathrm{EL}_{G}[c] \cdot(1+8 \varepsilon / m)
$$

Proof. We use Equation 4.7 to estimate $\mathrm{EL}_{N_{\varepsilon} G}[c]$ from above.
First find suitable embedded annuli. We have $n_{c}(e)$ sections of annuli running over $N_{\varepsilon} e$, which we divide into pieces corresponding to these different annuli. Divide up the central portion of $N_{\varepsilon} e$ into $n$ horizontal strips of equal height $\varepsilon / n$. Inside an $\varepsilon \times \varepsilon$ square near each end, make adjustments so the annuli will glue together well at the vertices. (These squares do not overlap since $\varepsilon<m / 2$.) Specifically, near one end of $e, n_{1}$ of the annulus sections will continue to the left-hand neighbor of $e$ at the corresponding vertex and $n_{2}$ will continue to the right-hand neighbor, with $n_{1}+n_{2}=n_{c}(e)$. Divide the interval $[0, \varepsilon / 2]$ into $n_{1}$ equal sections, divide the interval $[\varepsilon / 2, \varepsilon]$ into $n_{2}$ equal sections, and connect the corresponding endpoints by diagonal lines. Do the same near the other end of $e$. Let $A$ be the resulting union of conformal annuli, as shown in Figure 5.

To give an upper bound on the total extremal length of annuli in $A$, we will give a lower bound on $\mathrm{EL}_{\perp}(A)$. We do this by finding a suitable test metric $\rho g$, where $g$ is the restriction of the standard piecewise-Euclidean metric on $N_{\varepsilon} G$ to the annuli.

With this setup, take $\rho$ to be $n_{c}(e)$ on the central section of $N_{\varepsilon} e$ and $\sqrt{5} n_{c}(e)$ on the squares at the ends of $N_{\varepsilon} e$. In the standard metric $g$, the vertical width of the annuli is $\varepsilon / n_{c}$ in the center section and at least $\varepsilon / 2 n_{c}$ in the end squares. In the metric $\rho g$, the vertical


Figure 5. The annuli for Proposition 4.9 inside the rectangle corresponding to an edge of elastic weight $\alpha$. Each portion of an annulus lies within a strip bounded by horizontal segments in the middle and diagonal segments near the ends.
width is at least $\varepsilon$ in the center section and $\varepsilon \cdot \sqrt{5} / 2$ in the squares. In the squares, since the edges of the annuli are sloped, the actual width $\ell_{\perp}(A)$ may be less than the vertical width; but since the slope of the edges dividing different pieces of $A$ is in $[-1 / 2,1 / 2]$, we have

$$
\ell_{\rho g, \perp}(A) \geqslant \varepsilon \cdot \sqrt{5} / 2 \cdot \cos \left(\tan ^{-1}(1 / 2)\right)=\varepsilon
$$

Thus we have

$$
\begin{aligned}
\operatorname{Area}(\rho g) & =\sum_{e \in \operatorname{Edge}(\Gamma)}\left[n_{c}(e)^{2}(\alpha(e)-2 \varepsilon) \varepsilon+2 \cdot 5 n_{c}(e)^{2} \varepsilon^{2}\right] \\
& \leqslant \varepsilon \operatorname{EL}_{G}[c] \cdot(1+8 \varepsilon / m) \\
\operatorname{EL}_{\perp}(A) & \geqslant \frac{\ell_{\rho g, \perp}(A)^{2}}{\operatorname{Area}(\rho g)} \geqslant \frac{\varepsilon}{\operatorname{EL}_{G}[c] \cdot(1+8 \varepsilon / m)} \\
\varepsilon \operatorname{EL}_{N_{\varepsilon} G}[c] & \leqslant \varepsilon / \operatorname{EL}_{\perp}(A) \leqslant \operatorname{EL}_{G}[c] \cdot(1+8 \varepsilon / m) .
\end{aligned}
$$

The test function $\rho$ is never continuous, so there is a strict inequality.
The constant in Proposition 4.9 depends only on the local geometry of $G$ and is thus unchanged under covers.
Remark 4.10. The restriction to trivalent graphs in Proposition 4.9 can presumably be removed. Since every graph is homotopy-equivalent to a trivalent graph, it is not necessary for our applications.

We have to do a little more work to deduce Theorem 2 from Propositions 4.8 and 4.9: stretch factor for graphs is defined with respect to all multi-curves, while for surfaces we restrict attention to simple multi-curves. We must check that the difference between two notions of stretch factor does not matter.
Definition 4.11. Let $S_{1}$ and $S_{2}$ be Riemann surfaces. For $\varphi: S_{1} \hookrightarrow S_{2}$ a topological embedding, the simple stretch factor $\mathrm{SF}_{\text {simp }}[\varphi]$ is the stretch factor from Definition 1.7. For $\varphi: S_{1} \rightarrow S_{2}$ a continuous map, the general stretch factor is

$$
\mathrm{SF}_{\text {gen }}[\varphi]:=\sup _{[c]: C \rightarrow S_{1}} \frac{\operatorname{EL}[\varphi \circ c]}{\operatorname{EL}[c]}
$$

where the supremum runs over all multi-curves on $S_{1}$ (not necessarily simple).
Let $G_{1}$ and $G_{2}$ be elastic graphs. For $\varphi: G_{1} \rightarrow G_{2}$ a map between them, the general stretch factor $\mathrm{SF}_{\text {gen }}[\varphi]$ is the stretch factor from Definition 1.10.

Now suppose $\varphi: G_{1} \rightarrow G_{2}$ is a ribbon map between ribbon graphs. A simple multi-curve on $G_{1}$ is a multi-curve $c: C \rightarrow G_{1}$ that lifts to a simple multi-curve on $N G_{1}$ (i.e., so that $c$ is a ribbon map). Then the simple stretch factor is

$$
\mathrm{SF}_{\text {simp }}[\varphi]:=\sup _{c \text { simple }} \frac{\mathrm{EL}[\varphi \circ c]}{\mathrm{EL}[c]}
$$

where the supremum runs over all homotopy classes of simple multi-curves $c: C \rightarrow G_{1}$ on $G_{1}$. Observe that if $c$ is a simple multi-curve, then $\varphi \circ c$ is also a simple multi-curve, since $N \varphi$ is an embedding.

Proposition 4.12. Let $\varphi: G_{1} \rightarrow G_{2}$ be a ribbon map between ribbon elastic graphs. Then

$$
\mathrm{SF}_{\text {gen }}[\varphi]=\mathrm{SF}_{\text {simp }}[\varphi]=\operatorname{Emb}[\varphi]
$$

To prove Proposition 4.12, we use train tracks.
Definition 4.13 ([Thu16a, Definition 3.14]). A train track $T$ is a graph in which the edges incident to each vertex are partitioned into equivalence classes, called gates, with at least two gates at each vertex. A train-track (multi-)curve on $T$ is a (multi-)curve that enters and leaves by different gates each time it passes through a vertex. A weighted train track is a train track $T$ with a weight $w(e)$ for each edge $e$ of $T$, satisfying a triangle inequality at each gate $g$ of each vertex $v$ :

$$
\begin{equation*}
w(g) \leqslant \sum_{\substack{g^{\prime} \text { gate at } v \\ g^{\prime} \neq g}} w\left(g^{\prime}\right) \tag{4.14}
\end{equation*}
$$

where $w(g)$ is the sum of the weights of all edges in $g$. (If there are only two gates at $v$, this inequality is necessarily an equality.)

Lemma 4.15. Let $(T, w)$ be a weighted train track with a ribbon structure. Then there is a sequence of simple train-track multi-curves $\left(C_{i}, c_{i}\right)$ and positive weighting factors $k_{i}$ so that $k_{i} c_{i}$ approximates $w$, in the sense that

$$
\lim _{i \rightarrow \infty} k_{i} n_{c_{i}}=w
$$

This lemma is close to standard facts in the theory of train tracks. There is no assumption that the train track structure and the ribbon structure are compatible. Compare to [Thu16a, Proposition 3.16], which gives the exact weights (without approximation), but does not yield a set of simple multi-curves.

Proof. We first prove that if $w$ is integer-valued and has even total weight at each vertex then there is a simple train-track multi-curve $(C, c)$ so that $n_{c}=w$.

On each edge $e$ of $T$, take $w(e)$ parallel strands on $N e$. We must show how to stitch together these strands at the vertices without crossing strands or making illegal train-track turns. Focus on a vertex $v$. If one of the incident edges has zero weight, delete it. If one of the train-track triangle inequalities is an equality, smooth the vertex (in the sense of
[Thu16a, Definition 3.14]) so that there are only two gates at $v$. After this, if there are at least three gates at $v$, then all inequalities are strict and Equation (4.14) is strengthened to

$$
\begin{equation*}
w(g) \leqslant-2+\sum_{\substack { g^{\prime} \\
\begin{subarray}{c}{\text { atat at } v \\
g^{\prime} \neq g{ g ^ { \prime } \\
\begin{subarray} { c } { \text { atat at } v \\
g ^ { \prime } \neq g } }\end{subarray}} w\left(g^{\prime}\right) \tag{4.16}
\end{equation*}
$$

by the parity condition. Now find any two edges at $v$ that are adjacent in the ribbon structure and belong to different gates. Join adjacent outermost strands from these two edges. We are left with a smaller problem, where the weights on these two strands are reduced by 1 . The train-track inequalities are still satisfied, using Equation (4.16) when there are three or more gates. By induction we can join up all the strands to a simple multi-curve.

For general weights, find a sequence of even integer weights $w_{i}$ on $T$ and factors $k_{i}$ so that $\lim _{i \rightarrow \infty} k_{i} w_{i}=w$ and the $w_{i}$ satisfy the train-track inequalities for $T$. The above argument gives a simple multi-curve $\left(C_{i}, c_{i}\right)$ for each $w_{i}$, as desired.

Proof of Proposition 4.12. We already know that $\operatorname{Emb}[\varphi]=\mathrm{SF}_{\text {gen }}[\varphi]$. From the definition, it is clear that $\mathrm{SF}_{\text {simp }}[\varphi] \leqslant \mathrm{SF}_{\text {gen }}[\varphi]$. It remains to prove that $\mathrm{Emb}[\varphi] \leqslant \mathrm{SF}_{\text {simp }}[\varphi]$. By [Thu16a, Proposition 6.12], there is a weighted train-track $T$ on a subgraph of $G_{1}$ that fits into a tight sequence

$$
T \xrightarrow{t} G_{1} \xrightarrow{\psi} G_{2}
$$

where $t$ is the inclusion of the subgraph, $\psi \in[\varphi]$ and $\psi \circ t$ is a train-track map. ("Tight" means that the energies are multiplicative, which in this case means that $\operatorname{EL}[\psi \circ t]=\operatorname{EL}[t] \operatorname{Emb}[\psi]$, and furthermore all three maps $t, \psi$, and $\psi \circ t$ are minimizers in their homotopy classes.) $T$ inherits a ribbon structure from $G_{1}$. By Lemma 4.15, we can find a sequence of simple multi-curves $\left(c_{i}, C_{i}\right)$ on $T$ so that

$$
C_{i} \xrightarrow{c_{i}} T \xrightarrow{t} G_{1} \xrightarrow{\psi} G_{2}
$$

approaches a tight sequence, in the sense that $t \circ c_{i}$ and $\psi \circ t \circ c_{i}$ are both reduced and

$$
\lim _{i \rightarrow \infty} \frac{\operatorname{EL}\left[\psi \circ t \circ c_{i}\right]}{\operatorname{EL}\left[t \circ c_{i}\right]}=\frac{\operatorname{EL}[\psi \circ t]}{\operatorname{EL}[t]}=\operatorname{Emb}[\varphi] .
$$

Since $t$ is the inclusion, the sequence of weighted multi-curves $t \circ c_{i}$ is simple, as desired.
Proof of Theorem 2. Immediate from Propositions 4.8, 4.9, and 4.12.
Question 4.17. For $\varphi: S_{1} \hookrightarrow S_{2}$ a topological embedding of Riemann surfaces, how does $\mathrm{SF}_{\text {gen }}[\varphi]$ behave? By considering quadratic differentials, it is not hard to see that if $\varphi$ is not homotopic to an annular conformal embedding, then

$$
\mathrm{SF}_{\operatorname{simp}}[\varphi]=\mathrm{SF}_{\operatorname{gen}}[\varphi] \geqslant 1
$$

On the other hand, if $\varphi$ is homotopic to a conformal embedding then

$$
\mathrm{SF}_{\operatorname{simp}}[\varphi] \leqslant \mathrm{SF}_{\operatorname{gen}}[\varphi] \leqslant 1
$$

But this leaves many questions open.


Figure 6. The pullback construction of $X_{n}$.

## 5. Iteration and asymptotic stretch factor

5.1. General theory. To complete the proof of Theorem 1, we turn to the behavior of energies under iteration. Recall first that if $\varphi: X_{1} \rightarrow X_{0}$ is any continuous map and $\pi_{0}$ : $Y_{0} \rightarrow X_{0}$ is a covering map, we can form the pull-back


Then $\pi_{1}$ is also a covering map. In this setting, we call $\widetilde{\varphi}$ a cover of $\varphi$.
Definition 5.1. A topological correspondence is a pair of topological spaces $X_{1}$ and $X_{0}$ and a pair of maps between them: $\pi, \varphi: X_{1} \rightrightarrows X_{0}$.

For $n \geqslant 0$, the $n$ 'th orbit space $X_{n}$ of a topological correspondence is the $n$-fold product of $X_{1}$ with itself over $X_{0}$ using $\pi$ and $\varphi$, i.e., the pull-back $X_{n}$ in Figure 6. Concretely, $X_{n}$ is the set of tuples

$$
\left(y_{0}, x_{1}, y_{1}, x_{2}, y_{2}, \ldots, y_{n-1}, x_{n}, y_{n}\right) \in X_{0} \times\left(X_{1} \times X_{0}\right)^{n}
$$

so that $\varphi\left(x_{i}\right)=y_{i-1}$ and $\pi\left(x_{i}\right)=y_{i}$ for $1 \leqslant i \leqslant n$, with the subspace topology. Of the natural maps from $X_{n}$ to $X_{0}$, we distinguish

$$
\begin{aligned}
& \varphi_{n}\left(y_{0}, x_{1}, \ldots, x_{n}, y_{n}\right)=y_{0} \\
& \pi_{n}\left(y_{0}, x_{1}, \ldots, x_{n}, y_{n}\right)=y_{n} .
\end{aligned}
$$

The corresponding iterate of $(\pi, \varphi)$ is $\pi_{n}, \varphi_{n}: X_{n} \rightrightarrows X_{0}$. If $(\pi, \varphi)$ is a virtual endomorphism, so is $\left(\pi_{n}, \varphi_{n}\right)$.

If we have two topological correspondences $\pi_{X}, \varphi_{X}: X_{1} \rightrightarrows X_{0}$ and $\pi_{Y}, \varphi_{Y}: Y_{1} \rightrightarrows Y_{0}$ and a morphism $\left(f_{0}, f_{1}\right)$ from $\left(\pi_{X}, \varphi_{X}\right)$ to $\left(\pi_{Y}, \varphi_{Y}\right)$, then we can also use the pull-back property to iterate the morphism, getting a map $f_{n}: X_{n} \rightarrow Y_{n}$. Concretely,

$$
f_{n}\left(y_{0}, x_{1}, y_{1}, \ldots, x_{n}, y_{n}\right)=\left(f_{0}\left(y_{0}\right), f_{1}\left(x_{1}\right), f_{0}\left(y_{1}\right), \ldots, f_{1}\left(x_{n}\right), f_{0}\left(y_{n}\right)\right)
$$

If $\varphi$ is injective (as for surface virtual endomorphisms from branched self-covers), $\pi \circ \varphi^{-1}$ is a partially-defined map on $X_{0}$. Then $\varphi_{n}$ is also injective and $\pi_{n} \circ \varphi_{n}^{-1}$ is the $n$-fold composition of $\pi \circ \varphi^{-1}$ with itself, restricted to the subset where the composition is defined. This justifies the term 'iteration'.

Definition 5.2. Consider a category of spaces with a structure that can be lifted to covers (like an elastic structure on graphs or a conformal structure on surfaces). Suppose that we have a non-negative energy $E$ defined for suitable maps $\varphi: X \rightarrow Y$ that is sub-multiplicative, in the sense that

$$
\begin{equation*}
E(\psi \circ \varphi) \leqslant E(\psi) E(\varphi) \tag{5.3}
\end{equation*}
$$

and invariant under covers, in the sense that if $\widetilde{\varphi}: \widetilde{X} \rightarrow \tilde{Y}$ is a cover of $\varphi$, then

$$
\begin{equation*}
E(\widetilde{\varphi})=E(\varphi) \tag{5.4}
\end{equation*}
$$

Then for $\pi, \varphi: X_{1} \rightrightarrows X_{0}$ a virtual endomorphism between such spaces, where the structure on $X_{1}$ is lifted from the structure on $X_{0}$ via $\pi$, the asymptotic energy is

$$
\begin{equation*}
\bar{E}(\pi, \varphi):=\lim _{n \rightarrow \infty} E\left(\varphi_{n}\right)^{1 / n} \tag{5.5}
\end{equation*}
$$

Proposition 5.6. Let $\pi, \varphi: X_{1} \rightrightarrows X_{0}$ be a virtual endomorphism and let $E$ be an energy that is sub-multiplicative and invariant under covers. Then the limit defining the asymptotic energy converges and is equal to the infimum of the terms. In particular, $\bar{E}(\pi, \varphi) \leqslant E(\varphi)$.
Proof. For $0 \leqslant k \leqslant n$, let $\varphi_{n}^{k}: X_{n} \rightarrow X_{k}$ be the map

$$
\varphi_{n}^{k}\left(y_{0}, x_{1}, \ldots, x_{n}, y_{n}\right)=\left(y_{0}, x_{1}, \ldots, x_{k}, y_{k}\right)
$$

Then $\varphi_{n}=\varphi_{k} \circ \varphi_{n}^{k}$. An examination of the diagrams reveals that $\varphi_{n}^{k}$ is a cover of $\varphi_{n-k}$, so $E\left(\varphi_{n}^{k}\right)=E\left(\varphi_{n-k}\right)$. We therefore have $E\left(\varphi_{n}\right) \leqslant E\left(\varphi_{k}\right) E\left(\varphi_{n-k}\right)$ by Equation (5.3). Then the sequence $\log \left(E\left(\varphi_{n}\right)\right)$ is sub-additive, and Fekete's Lemma gives the result. ${ }^{2}$

If an energy $E(\varphi)$ is invariant under homotopy of $\varphi$, we will write it as $E[\varphi]$.
Proposition 5.7. Let $\pi, \varphi: X_{1} \rightrightarrows X_{0}$ be a virtual endomorphism and let $E$ be an energy that is sub-multiplicative, invariant under covers, and invariant under homotopy. Then $\bar{E}(\pi, \varphi)$ is invariant under homotopy equivalence of $(\pi, \varphi)$.

Proof. Let $\pi^{\prime}, \varphi^{\prime}: X_{1}^{\prime} \rightrightarrows X_{0}^{\prime}$ be a virtual endomorphism homotopy equivalent to $(\pi, \varphi)$, with homotopy equivalences given by $f_{i}: X_{i} \rightarrow X_{i}^{\prime}$ and $g_{i}: X_{i}^{\prime} \rightarrow X_{i}$ for $i=0,1$. We need to compare $E\left[\varphi_{n}\right]$ and $E\left[\varphi_{n}^{\prime}\right]$. Let $f_{n}: X_{n} \rightarrow X_{n}^{\prime}$ be the iterate of $\left(f_{0}, f_{1}\right)$. Since $f_{n}$ is a cover of $f_{0}$, we have $E\left[f_{n}\right]=E\left[f_{0}\right]$. Furthermore, $\varphi_{n}$ is homotopic to $g_{0} \circ \varphi_{n}^{\prime} \circ f_{n}$. Then

$$
\begin{aligned}
E\left[\varphi_{n}\right] & \leqslant E\left[g_{0}\right] E\left[\varphi_{n}^{\prime}\right] E\left[f_{n}\right]=E\left[\varphi_{n}^{\prime}\right]\left(E\left[f_{0}\right] E\left[g_{0}\right]\right) \\
E\left[\varphi_{n}\right]^{1 / n} & \leqslant E\left[\varphi_{n}^{\prime}\right]^{1 / n}\left(E\left[f_{0}\right] E\left[g_{0}\right]\right)^{1 / n} .
\end{aligned}
$$

Passing to the limit on both sides, we have

$$
\bar{E}(\pi, \varphi) \leqslant \bar{E}\left(\pi^{\prime}, \varphi^{\prime}\right)
$$

By the same reasoning in the other direction, $\bar{E}\left(\pi^{\prime}, \varphi^{\prime}\right) \leqslant \bar{E}(\pi, \varphi)$.

[^2]If $E$ is sub-multiplicative, invariant under covers, and invariant under homotopy, we will write $\bar{E}[\pi, \varphi]$ to indicate that the asymptotic energy is independent of homotopy equivalence.
5.2. Specific energies. We now turn to the specific energies of interest on elastic graphs or conformal surfaces. There are three relevant energies:

- the stretch factor SF for conformal surfaces;
- the stretch factor SF for elastic graphs; and
- the embedding energy Emb for elastic graphs.

The last two are equal by Theorem 1.14, although we sometimes distinguish when we need to use that theorem. All three are invariant under homotopy by definition.

For $\varphi$ a map between elastic graphs, the embedding energy $\operatorname{Emb}[\varphi]$ is sub-multiplicative by [Thu16a, Proposition 2.15].

Lemma 5.8. Let $\varphi: X \rightarrow Y$ and $\psi: Y \rightarrow Z$ be either topological embeddings of conformal surfaces or maps between elastic graphs. Then stretch factor is sub-multiplicative:

$$
\operatorname{SF}[\psi \circ \varphi] \leqslant \operatorname{SF}[\varphi] \operatorname{SF}[\psi] .
$$

Proof. In either case, the stretch factor is a supremum over multi-curves (simple multi-curves for maps between surfaces). For $c$ any suitable multi-curve on $X$, if $\mathrm{EL}_{Y}[\varphi \circ c] \neq 0$ we have

$$
\frac{\mathrm{EL}_{Z}[\psi \circ \varphi \circ c]}{\mathrm{EL}_{X}[c]}=\frac{\mathrm{EL}_{Z}[\psi \circ \varphi \circ c]}{\mathrm{EL}_{Y}[\varphi \circ c]} \frac{\mathrm{EL}_{Y}[\varphi \circ c]}{\mathrm{EL}_{X}[c]} \leqslant \mathrm{SF}[\psi] \mathrm{SF}[\varphi] .
$$

If $\mathrm{EL}_{Y}[\varphi \circ c]=0$, then also $\mathrm{EL}_{Z}[\psi \circ \varphi \circ c]=0$ and we get the same inequality. Since $\operatorname{SF}[\psi \circ \varphi]$ is the supremum of the left-hand side over all $c$, we get the desired result.
Proposition 5.9. Stretch factor for maps between elastic graphs is invariant under covers.
Proof. Let $\varphi: G \rightarrow H$ be a map between elastic graphs and let $\widetilde{\varphi}: \widetilde{G} \rightarrow \widetilde{H}$ be a cover of degree $d$. First note that we can pull-back a multi-curve $(C, c)$ on $G$ to a multi-curve ( $\widetilde{C}, \widetilde{c})$ on $\widetilde{G}$, with $\operatorname{EL}[\widetilde{c}]=d \operatorname{EL}[c]$ and $\operatorname{EL}[\widetilde{\varphi} \circ \widetilde{c}]=d \operatorname{EL}[\varphi \circ c]$. It follows that $\operatorname{SF}[\widetilde{\varphi}] \geqslant \operatorname{SF}[\varphi]$.

For the other inequality, we use Theorem 1.14. Let $\psi \in[\varphi]$ be a map with $\operatorname{Emb}(\psi)=$ $\operatorname{Emb}[\varphi]$, and let $\widetilde{\psi}$ be the corresponding lift. Then $\operatorname{Emb}[\widetilde{\varphi}] \leqslant \operatorname{Emb}(\widetilde{\psi})=\operatorname{Emb}(\psi)=$ $\operatorname{Emb}[\varphi]$.

For graphs, embedding energy/stretch factor fits nicely into the general theory laid out in Section 5.1. For surfaces, SF is not invariant under covers [KPT15, Example ??]. We therefore modify the definition.

Definition 5.10. For $\varphi: R \hookrightarrow S$ a topological embedding of conformal surfaces, the lifted stretch factor $\widetilde{\mathrm{SF}}[\varphi]$ is

$$
\widetilde{\mathrm{SF}}[\varphi]:=\sup _{\substack{\tilde{\varphi} \text { finite } \\ \text { cover of } \varphi}} \mathrm{SF}[\widetilde{\varphi}] .
$$

Theorem 5.11 (Kahn-Pilgrim-Thurston [KPT15, Theorem 3]). Let $\varphi: R \hookrightarrow S$ be a topological embedding of Riemann surfaces. If $\mathrm{SF}[\varphi] \geqslant 1$, then $\widetilde{\mathrm{SF}}[\varphi]=\mathrm{SF}[\varphi]$. If $\mathrm{SF}[\varphi]<1$, then

$$
\mathrm{SF}[\varphi] \leqslant \widetilde{\mathrm{SF}}[\varphi]<1
$$

Lemma 5.12. $\widetilde{\mathrm{SF}}$ is sub-multiplicative.

Proof. Any cover of a composition factors as a composition of covers.
Lemma 5.13. $\widetilde{\mathrm{SF}}$ is invariant under covers.
Proof. Any two finite covers of a map have a common finite cover.
Let us recap what we have so far. For $\pi_{G}, \varphi_{G}: G_{1} \rightrightarrows G_{0}$ an virtual endomorphism of elastic graphs, we have an asymptotic energy $\overline{\mathrm{SF}}\left[\pi_{G}, \varphi_{G}\right]$, invariant under homotopy equivalence. In particular, $\overline{\mathrm{SF}}$ is independent of the elastic structure on $G_{0}$.

For $\pi_{S}, \varphi_{S}: S_{1} \rightrightarrows S_{0}$ a virtual endomorphism of conformal surfaces, we have an asymptotic energy $\widetilde{\mathrm{SF}}\left[\pi_{S}, \varphi_{S}\right]$, which we will also write $\overline{\mathrm{SF}}\left[\pi_{S}, \varphi_{S}\right]$. (See Corollary 5.15 below.) This is invariant under quasi-conformal homotopy equivalences and therefore is independent of the conformal structure, as long as we don't change a puncture to a boundary component or vice versa.

In particular, if $\pi, \varphi: G_{1} \rightrightarrows G_{0}$ is a ribbon virtual endomorphism of elastic graphs, then the asymptotic energy of the induced virtual endomorphism $N_{\varepsilon} \pi, N_{\varepsilon} \varphi: N_{\varepsilon} G_{1} \rightrightarrows N_{\varepsilon} G_{0}$ is independent of $\varepsilon$. Thus we will drop $\varepsilon$ from the notation.

Proposition 5.14. Let $\pi, \varphi: \Gamma_{1} \rightrightarrows \Gamma_{0}$ be a ribbon graph virtual endomorphism. Then

$$
\overline{\mathrm{SF}}[\pi, \varphi]=\overline{\mathrm{SF}}[N \pi, N \varphi]=\lim _{n \rightarrow \infty} \sqrt[n]{\mathrm{SF}\left[N \varphi_{n}\right]}
$$

Proof. By Proposition 5.7, we can replace the virtual endomorphism with a ribbon homotopy equivalent one without changing $\overline{\mathrm{SF}}$. So we may assume that $G_{0}$ and $G_{1}$ are trivalent, with some minimum elasticity $m$ on any edge. Pick $\varepsilon<m / 2$.

Theorem 2 says that $\operatorname{SF}\left[N_{\varepsilon} \varphi_{n}\right]$ is within a factor of $1+8 \varepsilon / m$ of $\operatorname{SF}\left[\varphi_{n}\right]$ for all $n$. Similarly, since SF for graphs is invariant under covers and the estimates depend only on the local geometry, $\widetilde{\mathrm{SF}}\left[N_{\varepsilon} \varphi_{n}\right]$ is within a factor of $1+8 \varepsilon / m$ of $\widetilde{\mathrm{SF}}\left[\varphi_{n}\right]$. When we take the $n$ 'th root in limit for the three terms in the statement, this factor disappears, as in Proposition 5.7.

Corollary 5.15. For any virtual surface endomorphism $\pi, \varphi: S_{1} \rightrightarrows S_{0}$ where $S_{0}$ and $S_{1}$ have no punctures,

$$
\overline{\mathrm{SF}}[\pi, \varphi]=\lim _{n \rightarrow \infty} \sqrt[n]{\mathrm{SF}\left[\varphi_{n}\right]}
$$

Proof. If $S_{0}$ and $S_{1}$ are closed surfaces, then $\mathrm{SF}[\varphi] \geqslant 1$ (since there is never a non-trivial conformal embedding) so SF is invariant under covers and the statement is trivial. Otherwise, use the independence of asymptotic energy on the conformal structure to replace $S_{0}$ by $N_{\varepsilon} G_{0}$ for a spine $G_{0}$ of $S_{0}$, replace $S_{1}$ by the corresponding cover, and apply Proposition 5.14.
5.3. Proof of Theorem 1. We are now ready to prove Theorem 1. We expand the statement to include asymptotic energies.

Theorem 1'. Let $f:(\Sigma, P) \bigcirc$ be a branched self-cover of hyperbolic type with associated surface virtual endomorphism $\left(\pi_{S}, \varphi_{S}\right)$. Then the following conditions are equivalent.
(1) $f$ is equivalent to a rational map;
(2) there is an elastic graph spine $G$ for $\Sigma \backslash P$ and an integer $n>0$ so that $\operatorname{Emb}\left[\varphi_{G, n}\right]<1$;
(3) for every elastic graph spine $G$ for $\Sigma \backslash P$ and for every sufficiently large $n$ (depending on $f$ and $G$ ), we have $\operatorname{Emb}\left[\varphi_{G, n}\right]<1$;
(4) $\overline{\mathrm{SF}}\left[\pi_{S}, \varphi_{S}\right]<1$; and
(5) $\overline{\mathrm{SF}}\left[\pi_{G}, \varphi_{G}\right]<1$.

Proof. Conditions (4) and (5) are equivalent by Proposition 5.14. Conditions (2) and (3) are equivalent to Condition (5) by Proposition 5.6 and Theorem 1.14.

Now suppose $f$ is equivalent to a rational map. Then by Theorem 3.3, there is a conformal virtual endomorphism $\pi_{S}, \varphi_{S}: S_{1} \rightrightarrows S_{0}$ compatible with $f$. Since $\varphi_{S}$ is annular, by Theorem $5.11 \widetilde{\mathrm{SF}}\left[\varphi_{S}\right]<1$, so by Proposition $5.6, \overline{\mathrm{SF}}\left[\pi_{S}, \varphi_{S}\right]<1$.

Conversely, suppose $\overline{\mathrm{SF}}\left[\pi_{S}, \varphi_{S}\right]<1$ with respect to any conformal structure $S_{0}$. By Proposition 5.6, there is some $n$ so that $\mathrm{SF}\left[\varphi_{S, n}\right] \leqslant \widetilde{\mathrm{SF}}\left[\varphi_{S, n}\right]<1$, so by Theorem $1.9, \varphi_{S, n}$ is homotopic to an annular conformal embedding. Then by Theorem 3.3, the $n$-fold composition $f^{\circ n}$ is equivalent to a rational map, which implies that $f$ itself is equivalent to a rational map. This last step follows from W. Thurston's Obstruction Theorem (Theorem 7.4 below), since an obstruction for $f$ is also an obstruction for $f^{\circ n}$, but doesn't use the full strength of that theorem. It suffices, for instance, to know that some power of the pull-back map on Teichmüller space is contracting [BCT14, Section 2.5].

## 6. Asymptotics of other energies

The theory of asymptotic energies developed at the beginning of Section 5 applies to any energy that is sub-multiplicative and invariant under homotopy and covers. In particular, it applies to any of the $p$-conformal energies $E_{p}^{p}$ defined in [Thu16a, Appendix A]. These energies $E_{p}^{p}[\varphi]$ are a simultaneous generalization of best Lipschitz constant $\operatorname{Lip}[\varphi]=E_{\infty}^{\infty}[\varphi]$, and the embedding energy $\operatorname{Emb}[\varphi]=\left(E_{2}^{2}[\varphi]\right)^{2}$.

Recall that a $p$-conformal graph, for $1<p \leqslant \infty$, is a graph with a $p$-length $\alpha(e)$ on each edge $e$, which we will treat as a metric. A 1-conformal graph is instead a weighted graph. For $\varphi: G_{1} \rightarrow G_{2}$ a PL map between $p$-conformal graphs, $E_{p}^{p}[\varphi]$ is defined by

$$
\begin{align*}
& E_{p}^{p}(\varphi):= \begin{cases}\underset{y \in G_{2}}{\operatorname{ess} \sup } n_{\varphi}(y) & p=1 \\
\underset{y \in G_{2}}{\operatorname{ess} \sup }\left(\sum_{x \in \varphi^{-1}(y)}\left|\varphi^{\prime}(x)\right|^{p-1}\right)^{1 / p} & 1<p<\infty \\
\operatorname{Lip}(\varphi) & p=\infty\end{cases}  \tag{6.1}\\
& E_{p}^{p}[\varphi]
\end{align*}=\inf _{\psi \in[\varphi]} E_{p}^{p}(\psi) . ~ l l
$$

Like Emb, the energy $E_{p}^{p}$ is sub-multiplicative and invariant under covers, whether or not we take homotopy classes. For a graph virtual endomorphism $\pi, \varphi: \Gamma_{1} \rightrightarrows \Gamma_{0}$, we thus have asymptotic energies $\bar{E}_{p}^{p}[\pi, \varphi]$. By Proposition 5.7, $\bar{E}_{p}^{p}$ is invariant under homotopy equivalence.
$E_{p}^{p}[\varphi]$ can be characterized as a stretch factor for energies of maps to length graphs [Thu16a, Theorem 6]. For $1 \leqslant p \leqslant \infty$ and $f: G \rightarrow K$ a map from a $p$-conformal graph to a length graph, there are energies

$$
\begin{align*}
E_{\infty}^{p}(f) & :=\left\|f^{\prime}\right\|_{p} \\
E_{\infty}^{p}[f] & :=\inf _{g \in[f]} E_{\infty}^{p}(g) . \tag{6.2}
\end{align*}
$$

Then, for $\varphi: G_{1} \rightarrow G_{2}$ a map between $p$-conformal graphs,

$$
\begin{equation*}
E_{p}^{p}[\varphi]=\sup _{[f]: G_{2} \rightarrow K} \frac{E_{\propto \infty}^{p}[f \circ \varphi]}{E_{\infty}^{p}[f]} \tag{6.3}
\end{equation*}
$$

where the supremum runs over all homotopy classes of maps $[f]$ to a length graph $K$.
We now compare $p$-conformal energies and $q$-conformal energies for $p \leqslant q$.
Definition 6.4. For a metric graph $G$, let

$$
\begin{aligned}
m(G) & :=\min _{e \in \operatorname{Edge}(G)} \alpha(e) \\
M(G) & :=\sum_{e \in \operatorname{Edge}(G)} \alpha(e) .
\end{aligned}
$$

Lemma 6.5. For $1 \leqslant p \leqslant q \leqslant \infty$ and $f: G \rightarrow K$ a constant-derivative map from a metric graph to a length graph,

$$
E_{\infty}^{q}(f) \leqslant m(G)^{-\frac{1}{p}+\frac{1}{q}} E_{\infty}^{p}(f) .
$$

Proof. In general, there is an inequality

$$
\begin{equation*}
\left(\sum_{i} x_{i}{ }^{q}\right)^{1 / q} \leqslant\left(\sum_{i} x_{i}{ }^{p}\right)^{1 / p} . \tag{6.6}
\end{equation*}
$$

With positive weights $w_{i}$ with $m=\min _{i} w_{i}$, this becomes

$$
\begin{equation*}
\left(\sum_{i} w_{i} x_{i}^{q}\right)^{1 / q} \leqslant m^{-\frac{1}{p}+\frac{1}{q}} \cdot\left(\sum_{i} w_{i} x_{i}^{p}\right)^{1 / p} . \tag{6.7}
\end{equation*}
$$

(Apply Equation (6.6) to the sequence $w_{i}^{1 / q} x_{i}$.) Apply Equation (6.7) to Equation (6.2).
Lemma 6.8. For $1 \leqslant p \leqslant q \leqslant \infty$ and $f: G \rightarrow K$ a PL map from a metric graph to a length graph

$$
E_{\infty}^{p}[f] \leqslant M(G)^{\frac{1}{p}-\frac{1}{q}} \cdot E_{\infty}^{q}[f] .
$$

Proof. Use sub-multiplicativity of the energies [Thu16a, Proposition A.13]

$$
E_{\infty}^{p}(f) \leqslant E_{q}^{p}(\mathrm{id}) E_{\infty}^{q}(f)
$$

From the definition [Thu16a, Equation A.7], we see that $E_{q}^{p}(\mathrm{id})=M(G)^{\frac{q-p}{p q}}$. (Alternatively, apply Hölder's inequality to Equation (6.2).)

We can now see that we get that these energies give nothing new for (non-virtual) graph endomorphisms (i.e., outer automorphisms of the free group). We use the asymptotic energy of an endomorphism $\varphi$, defined by $\bar{E}[\varphi]:=\bar{E}[\mathrm{id}, \varphi]=\lim _{n \rightarrow \infty} \sqrt[n]{E\left[\varphi^{\circ n}\right]}$.

Proposition 6.9. For $[\varphi]: \Gamma \rightarrow \Gamma$ an endomorphism of a graph,

$$
\bar{E}_{p}^{p}[\varphi]=\overline{\operatorname{Lip}}[\varphi]
$$

Proof. By Lemmas 6.5 and 6.8 there is a constant $C \geqslant 1$ so that

$$
\frac{1}{C} \frac{\operatorname{Lip}\left[f \circ \varphi^{\circ n}\right]}{\operatorname{Lip}[f]} \leqslant \frac{E_{\infty}^{p}\left[f \circ \varphi^{\circ n}\right]}{E_{\infty}^{p}[f]} \leqslant C \frac{\operatorname{Lip}\left[f \circ \varphi^{\circ n}\right]}{\operatorname{Lip}[f]}
$$

Equation (6.3) then shows that $E_{p}^{p}\left[\varphi^{\circ n}\right]$ is within a factor of $C$ of $\operatorname{Lip}\left[\varphi^{\circ n}\right]$. The constant factor disappears in the limit defining $\bar{E}_{p}^{p}[\varphi]$.

For virtual endomorphisms, the situation is more interesting.

Proposition 6.10. For $\pi, \varphi: \Gamma_{1} \rightrightarrows \Gamma_{0}$ a virtual endomorphism of graphs, $\bar{E}_{p}^{p}[\pi, \varphi]$ is a non-increasing function of $p$ : if $1 \leqslant p \leqslant q \leqslant \infty$,

$$
\bar{E}_{q}^{q}[\pi, \varphi] \leqslant \bar{E}_{p}^{p}[\pi, \varphi] .
$$

Proof. Pick a metric structure $G_{0}$ on $\Gamma_{0}$ and lift it to get a series of metric graphs $G_{n}$ as usual. Then for any $f: G_{0} \rightarrow K$ a map to a length graph,

$$
\frac{E_{\infty}^{q}\left[f \circ \varphi_{n}\right]}{E_{\infty}^{q}[f]} \leqslant \frac{1}{C} \frac{E_{\infty}^{p}\left[f \circ \varphi_{n}\right]}{E_{\infty}^{p}[f]}
$$

for some constant $C$, since $m\left(G_{n}\right)=m\left(G_{0}\right)$. Now $E_{q}^{q}\left[\varphi_{n}\right] \leqslant E_{p}^{p}\left[\varphi_{n}\right] / C$, and the constant factor disappears in the limit as usual.
Proposition 6.11. For $\pi, \varphi: \Gamma_{1} \rightrightarrows \Gamma_{0}$ a virtual endomorphism of graphs with $\pi$ a covering of degree $d$, if $1 \leqslant p \leqslant q \leqslant \infty$,

$$
\bar{E}_{q}^{q}[\pi, \varphi] \geqslant d^{\frac{1}{p}-\frac{1}{q}} \bar{E}_{p}^{p}[\pi, \varphi] .
$$

Proof. Pick a metric structure $G_{0}$ on $\Gamma_{0}$ and lift it as before. Observe that $M\left(G_{n}\right)=d^{n} M\left(G_{0}\right)$. Then for any $f: G_{0} \rightarrow K$,

$$
\frac{E_{\infty}^{p}\left[f \circ \varphi_{n}\right]}{E_{\infty}^{p}[f]} \leqslant\left(\frac{M\left(G_{0}\right)}{m\left(G_{n}\right)}\right)^{\frac{1}{p}-\frac{1}{q}} \frac{E_{\infty}^{q}\left[f \circ \varphi_{n}\right]}{E_{\infty}^{q}[f]}=C \cdot d^{n\left(\frac{1}{p}-\frac{1}{q}\right)} \cdot E_{q}^{q}\left[\varphi_{n}\right]
$$

for some constant $C$. The result follows by taking the supremum, taking the $n$ 'the root, and passing to the limit.
Corollary 6.12. $\bar{E}_{p}^{p}[\pi, \varphi]$ is a continuous function of $p$.
Question 6.13. What more can be said about $\bar{E}_{p}^{p}[\pi, \varphi]$ as $p$ varies? For instance, an examination of Equation (6.1) shows that for any map $\varphi: G_{1} \rightarrow G_{2}$ between metric graphs and $1 \leqslant p \leqslant q \leqslant \infty$,

$$
\left(E_{q}^{q}(\varphi)\right)^{q /(q-1)} \leqslant\left(E_{p}^{p}(\varphi)\right)^{p /(p-1)}
$$

and so for a virtual endomorphism

$$
\begin{equation*}
\left(\bar{E}_{q}^{q}[\pi, \varphi]\right)^{q /(q-1)} \leqslant\left(\bar{E}_{p}^{p}[\pi, \varphi]\right)^{p /(p-1)} . \tag{6.14}
\end{equation*}
$$

When $\bar{E}_{p}^{p}[\pi, \varphi]<1$, this is stronger than Proposition 6.10. What more can be said?
The cases $p=1,2$, or $\infty$ of the asymptotic energy are of particular interest.

- The most important case is $\bar{E}_{\infty}^{\infty}[\pi, \varphi]$, for which $\bar{E}_{\infty}^{\infty}<1$ iff $\pi, \varphi: G_{1} \rightrightarrows G_{0}$ is a combinatorial model for an expanding dynamical system in the sense of Nekrashevych [Nek14]. ${ }^{3}$ This notion of expanding is quite important. In particular, the iterated monodromy groups of an expanding dynamical system are well-behaved [Nek05], having, for instance, solvable word problem, while still allowing for many interesting examples (e.g., groups of intermediate growth).
- For $p=2$, Theorem 1 relates $\bar{E}_{2}^{2}[\pi, \varphi]<1$ to rational maps.
- The other natural special case is $p=1$. If the weights are all $1, E_{1}^{1}[\varphi]<1$ implies that $\varphi$ is null-homotopic, so in non-trivial cases $\bar{E}_{1}^{1}[\pi, \varphi] \geqslant 1$. It appears that $\bar{E}_{1}^{1}[\pi, \varphi]>1$ when the Julia set has Sierpinski-carpet-like behavior, and that $\bar{E}_{1}^{1}[\pi, \varphi]=1$ when the Julia set has many local cut points in the sense of Carrasco Piaggio [CP14].

[^3]
## 7. Obstructions

7.1. Obstructions for rational maps. We now relate Theorem 1 to W. Thurston's Obstruction Theorem, which we rephrase in terms of elastic multi-curves without the assumption of hyperbolic type.

Definition 7.1. An elastic multi-curve $A=(C, \alpha, c)$ on a surface $\Sigma$ is a multi-curve $c$ : $C \hookrightarrow \Sigma$, together with an elastic structure $\alpha$ on $C$. The support of $A$ is the underlying multi-curve ( $C, c$ ).

There are two operations we may do on elastic multi-curves. First, if $\pi: \widetilde{\Sigma} \rightarrow \Sigma$ is a covering map and $A$ is an elastic multi-curve on $\Sigma$, there is a multi-curve $\widetilde{A}=\pi^{-1}(A)$ on $\widetilde{\Sigma}$ obtained by pull-back in the usual way.

Second, if $A=(C, \alpha, c)$ is an elastic multi-curve on $\Sigma$, then the $j o i n \operatorname{Join}(A)$ is the elastic multi-curve obtained by

- deleting all components of $C$ whose images are null-homotopic or bound a punctured disk, and
- replacing any components $\left(C_{1}, \alpha_{1}\right), \ldots,\left(C_{k}, \alpha_{k}\right)$ of $A$ whose images are parallel with a single component $\left(C_{0}, \alpha_{0}\right)$, with elastic length obtained by the harmonic sum:

$$
\alpha_{0}=\alpha_{1} \oplus \cdots \oplus \alpha_{k}=\frac{1}{\frac{1}{\alpha_{1}}+\cdots+\frac{1}{\alpha_{k}}}
$$

(The harmonic sum comes from the parallel law for resistors or for springs.)
Definition 7.2. An obstruction for $f$ is

- an elastic multi-curve $A$ on $\Sigma \backslash P$ and
- a map $\psi: A \rightarrow \operatorname{Join}\left(f^{-1}(A)\right)$
so that
- $\psi$ commutes up to homotopy with the maps to $\Sigma \backslash P$ and
- $\operatorname{Emb}(\psi) \leqslant 1$.

Remark 7.3. Contrast the obstruction map $\psi$ with the map $\varphi: f^{-1}(G) \rightarrow G$ in the statement of Theorem 1: the maps are going the opposite direction.

Theorem 7.4 (W. Thurston, Douady-Hubbard [DH93]). Let $f:(\Sigma, P) \multimap$ be a topological branched self-cover so that the first return map is not a Lattés map on any component. Then $f$ is equivalent to a rational map iff there is no obstruction for $f$.

The usual formulation of Theorem 7.4 refers to the maximum eigenvalue of a matrix constructed out of the multi-curves underlying $A$. The above formulation is equivalent by Perron-Frobenius theory, as we spell out in Proposition 7.14 below. Intuitively, Theorem 7.4 says that $f$ is rational iff there is no conformal collection of annuli that gets (weakly) wider under backwards iteration.
7.2. Obstructions for virtual endomorphisms. We now turn to obstructions in the more general setting of the asymptotic $p$-conformal energies from Section 6. We also switch to virtual endomorphisms of topological spaces (e.g., graphs) or orbifolds. (In the context of branched self-covers $f:(\Sigma, P) \bigcirc$, we should consider the orbifold of $f$.)

Definition 7.5. For $1<p<\infty$ and $\alpha_{1}, \alpha_{2} \in \mathbb{R}_{>0}$, the $p$-harmonic sum of $\alpha_{1}$ and $\alpha_{2}$ is

$$
\begin{equation*}
\alpha_{1} \oplus_{p} \alpha_{2}:=\left(\left(\alpha_{1}\right)^{1-p}+\left(\alpha_{2}\right)^{1-p}\right)^{1 /(1-p)} . \tag{7.6}
\end{equation*}
$$

For $p=\infty$, set

$$
\alpha_{1} \oplus_{\infty} \alpha_{2}:=\min \left(\alpha_{1}, \alpha_{2}\right) .
$$

This definition is chosen so that the $p$-energies satisfy a parallel law.
Proposition 7.7. For $1<p \leqslant q \leqslant \infty$, let $[\varphi]: G^{p} \rightarrow H^{q}$ be a homotopy class of maps from a p-conformal graph to a $q$-conformal graph. Suppose that $G$ has two parallel edges $e_{1}$ and $e_{2}$ that are mapped to homotopic paths by $\varphi$. Let $G_{3}$ be the p-conformal graph $G$ with $e_{1}$ and $e_{2}$ replaced by a single edge $e_{3}$ with $\alpha\left(e_{3}\right)=\alpha\left(e_{1}\right) \oplus_{p} \alpha\left(e_{2}\right)$, and let $\left[\varphi_{3}\right]: G_{3} \rightarrow H$ be the natural homotopy class. Then

$$
E_{q}^{p}\left[\varphi_{3}\right]=E_{q}^{p}[\varphi]
$$

Proof. If $q=\infty$, then the optimal maps in $\varphi$ and in $\varphi^{\prime}$ will be constant-derivative. The result follows by examining the energy and comparing the derivatives. The general statement follows from the $q=\infty$ case by Equation (6.3)..

For $p=1$, we do not have a $p$-length in the same way; instead, a 1 -conformal graph is a weighted graph, and when joining them in parallel we add the weights.

Definition 7.8. A p-conformal multi-curve $A=(C, \alpha, c)$ on a space $X$ is a multi-curve $c$ : $C \rightarrow \Gamma$, together with a $p$-conformal structure $\alpha$ on $C$. The $j$ oin $\operatorname{Join}_{p}(A)$ is obtained by deleting components of $C$ whose image is null-homotopic or torsion in $\pi_{1}(X)$ and replacing components of $C$ whose images are parallel (up to homotopy) by a single component so that

- for $p>1$, the new $p$-length is the $p$-harmonic sum of the constituent $p$-lengths and
- for $p=1$, the new weight is the (ordinary) sum of the constituent weights.

If $\pi: X_{1} \rightarrow X_{0}$ is a covering map and $A$ is a $p$-conformal multi-curve on $X_{0}$, we have the usual pull-back $\pi^{*} A$, a $p$-conformal multi-curve on $X_{1}$. If $\varphi: X_{1} \rightarrow X_{0}$ is a map and $A=(C, \alpha, c)$ is a $p$-conformal multi-curve on $X_{1}$, the push-forward $\varphi_{*} A$ is $\operatorname{Join}_{p}(C, \alpha, \varphi \circ c)$.

If $\pi, \varphi: X_{1} \rightrightarrows X_{0}$ is a virtual endomorphism, a $p$-obstruction for $(\pi, \varphi)$ is

- a $p$-conformal multi-curve $A=(C, \alpha, c)$ on $\Gamma_{0}$ and
- a map $\psi: A \rightarrow \varphi_{*} \pi^{*} A$
so that
- $\psi$ commutes up to homotopy with the maps to $X_{0}$ and
- $E_{p}^{p}(\psi) \leqslant 1$.

Proposition 7.9. If $1 \leqslant p \leqslant q \leqslant \infty$, $G$ is a $q$-conformal graph, and $A$ is a $p$-conformal multi-curve on $G$, then $E_{q}^{p}[A]=E_{q}^{p}\left[\operatorname{Join}_{p}(A)\right]$.
Proof. Parallel to Proposition 7.7.
Proposition 7.10. Let $\pi, \varphi: G_{1} \rightrightarrows G_{0}$ be a virtual endomorphism of p-conformal graphs. If there is a p-obstruction for $(\pi, \varphi)$, then $E_{p}^{p}[\varphi] \geqslant 1$. Likewise, if $f:(\Sigma, P) \bigcirc$ is a topological branched self-cover of hyperbolic type compatible with $(\pi, \varphi)$ and there is a p-obstruction for $f$, then $E_{p}^{p}[\varphi] \geqslant 1$.
Remark 7.11. In the branched self-cover case, if $f$ is not of hyperbolic type, then considering boundary curves shows that we always have $E_{p}^{p}[\varphi] \geqslant 1$.

Proof. Let $(A, \psi)$ be a $p$-obstruction for $(\pi, \varphi)$. We have a diagram of maps

commuting up to homotopy. Since $E_{p}^{p}$ is invariant under covers, $E_{p}^{p}[\widetilde{c}]=E_{p}^{p}[c]$. Proposition 7.9 guarantees that

$$
E_{p}^{p}\left[\varphi_{*} \pi^{*} A \rightarrow G_{0}\right]=E_{p}^{p}[\widetilde{c} \circ \varphi] .
$$

Then by sub-multiplicativity and the assumptions, we have

$$
E_{p}^{p}[c] \leqslant E_{p}^{p}[\psi] E_{p}^{p}[\widetilde{c}] E_{p}^{p}[\varphi] \leqslant \cdot E_{p}^{p}[c] \cdot E_{p}^{p}[\varphi],
$$

so $E_{p}^{p}[\varphi] \geqslant 1$. The statement for branched self-covers follows immediately.
See Corollary 7.15 for a strengthening of Proposition 7.10.
7.3. Duality. There is a notion of $p$-conductance, dual to $p$-length. Recall that we can describe electrical networks either in terms of resistances or in terms of conductances. Resistances add in series and change by a harmonic sum in parallel. Conductances add in parallel and change by a harmonic sum in series. Alternately, we can think about the relation between extremal length and modulus of conformal annuli.

There is a similar story for general $p$-conformal graphs when $1<p<\infty$. Recall [Thu16a, Definition A.18] that we can think of an edge $e$ in a $p$-conformal graph as an equivalence class of rectangles of length $\ell$ and width $w$, with the $p$-length $\alpha$ given by

$$
\alpha=\frac{\ell}{w^{1 /(p-1)}} .
$$

Now consider a dual view, interchanging the role of length and width. The p-conductance is

$$
\gamma:=\alpha^{1-p}=\frac{w}{\ell^{p-1}}=\frac{w}{\ell^{1 /\left(p^{\vee}-1\right)}}
$$

where $p^{\vee}=p /(p-1)$ is the Hölder conjugate of $p$.
Propositions 7.7 and 7.9 say that $p$-conductances add in parallel.
In checking whether a $p$-conformal multi-curve $A$ is a $p$-obstruction, there are two basic operations. Let us recall what happens to the $p$-lengths.

- We pass to a cover by taking $f^{-1}(A)$ (i.e., the pullback by the covering map). A connected cover of a circle is necessarily a (longer) circle, which is series composition. Thus if a component of $f^{-1}(A)$ covers a component of $A$ by a degree $d$ map, the $p$-length gets multiplied by $d$.
- We merge parallel components in the $\mathrm{Join}_{p}$ operation. The $p$-weights change by the p-harmonic sum (Equation (7.6)).
If we work with the dual $p$-conductances instead, the two operations switch in complexity.
- If a circle of $p$-conductance $\gamma$ is covered by a degree $d$ map, the pull-back $p$-conductance is $d^{1-p} \gamma$.
- The parallel composition in $\operatorname{Join}_{p}$ becomes simpler: add the constituent $p$-conductances.
7.4. Obstruction matrices and invariant multi-curves. We now investigate when we can choose $p$-lengths on a given curve to make it into a $p$-obstruction. As a result of the previous section, if we use $p$-conductances to search for $p$-obstructions, we get linear inequalities and can construct a matrix.
Definition 7.12. Let $\pi, \varphi: X_{1} \rightrightarrows X_{0}$ be a virtual endomorphism, let $c: C \rightarrow X_{0}$ be a multi-curve, and let $1 \leqslant p<\infty$. Then the $p$-obstruction matrix $M_{C}^{p}$ of $C$ is the square matrix with rows and columns indexed by the components of $C$, with the $\left(C_{i}, C_{j}\right)$ entry given by

$$
\sum_{\substack{D \in \pi^{*}+C_{i} \\ \varphi_{*} D \sim C_{j}}}\left(\operatorname{deg}\left(D \xrightarrow{\pi} C_{i}\right)\right)^{1-p}
$$

In other words, consider all components $D$ of the multi-curve $\pi^{*} C_{i}$ on $X_{1}$ that push forward to $C_{j}$, and sum a power of the degree that $D$ covers $C_{i}$. There may be components of $\pi^{*} C_{i}$ that do not push forward to any $C_{j}$; these components are ignored.

The matrix $M_{C}^{p}$ is designed to mimic the action of $\varphi_{*} \pi^{*}$ on $p$-conformal multi-curves. Suppose $C$ has $n$ components and let $\gamma=\left(\gamma_{i}\right)_{i=1}^{n} \in \mathbb{R}_{\geqslant 0}^{n}$ be a non-negative vector. Then define $A(\gamma)$ to be the $p$-conformal multi-curve in which a component $C_{i}$ of $C$ is given $p$-conductance $\gamma_{i}$, or is dropped if $\gamma_{i}=0$.
Lemma 7.13. For $\gamma$ as above,

$$
\varphi_{*} \pi^{*} A(\gamma)=A\left(M_{C}^{p} \gamma\right)+A^{\prime}
$$

where $A^{\prime}$ is a p-conformal multi-curve whose support is disjoint from $C$.
Proof. Immediate from Proposition 7.9.
Observe that $M_{C}^{p}$ has non-negative entries. Therefore, by the Perron-Frobenius Theorem, it has an positive eigenvalue of maximum absolute value with a non-negative eigenvector. (Our assumptions do not guarantee that $M_{C}^{p}$ is irreducible, so the eigenvector might not be unique.) Let $\lambda\left(M_{C}^{p}\right)$ be this positive eigenvalue.

Proposition 7.14. Let $\pi, \varphi: X_{1} \rightrightarrows X_{0}$ be a virtual endomorphism and let $(C, c)$ be a multicurve on $X_{0}$. Then $\lambda\left(M_{C}^{p}\right) \geqslant 1$ iff there is a p-obstruction whose support is a sub-multi-curve of $C$.
Proof. If $\lambda=\lambda\left(M_{C}^{p}\right) \geqslant 1$, let $\gamma$ be the corresponding non-negative eigenvector. Then by Lemma 7.13,

$$
\varphi_{*} \pi^{*} A(\gamma)=A(\lambda \gamma)+A^{\prime}
$$

The $p$-conductances on the components of $A(\gamma)$ are multiplied by $\lambda$ in $\varphi_{*} \pi^{*} A(\gamma)$ and the $p$-lengths are multiplied by $\lambda^{-1 /(p-1)}$. Thus, tracing through the definition of $E_{p}^{p}$ from Equation (6.1), we have $E_{p}^{p}\left[A(\gamma) \rightarrow \varphi_{*} \pi^{*} A(\gamma)\right]=\lambda^{-1 / p} \leqslant 1$, so $A(\gamma)$ is an obstruction.

Conversely, suppose that we have a $p$-obstruction $A$ whose support is a sub-multi-curve of $C$. Form a vector $\gamma$ from the $p$-conductances of $A$, extended by 0 for components of $C$ that are not in $A$. Then Lemma 7.13 and the assumption that $A$ is a $p$-obstruction say that each component of $M_{C}^{p} \gamma$ is greater than or equal to the corresponding component of $\gamma$. By the Collatz-Wielandt formula, this implies that $\lambda\left(M_{C}^{p}\right) \geqslant 1$.
Corollary 7.15. If $\pi, \varphi: \Gamma_{1} \rightrightarrows \Gamma_{0}$ has a p-obstruction, then so do the iterates $\pi_{n}, \varphi_{n}$ : $\Gamma_{n} \rightrightarrows \Gamma_{0}$. In particular, if there is a p-obstruction for $(\pi, \varphi)$, then $\bar{E}_{p}^{p}[\pi, \varphi] \geqslant 1$.

Proof. For any $n \geqslant 1$, a matrix $M$ has an eigenvalue of absolute value greater than 1 iff $M^{n}$ does. Apply Proposition 7.10.

Let us investigate what the support of a $p$-obstruction can look like.
Definition 7.16. Let $\pi, \varphi: X_{1} \rightrightarrows X_{0}$ be a virtual endomorphism and let ( $C, c$ ) be a multicurve on $X_{0}$. Then $C$ is forwards-invariant if each component of $C$ is homotopic to a component of $\varphi_{*} \pi^{*} C$. (Here, $\varphi_{*}$ is defined as in Definition 7.8, but without any $\alpha$-lengths.) $C$ is irreducible if, for any two components $C_{i}$ and $C_{j}$ of $C$, there is some $n$ so that $C_{j}$ appears in $\left(\varphi_{*} \pi^{*}\right)^{n} C_{i}$. (An irreducible curve is necessarily forwards-invariant.) $C$ is back-invariant if each component of $\varphi_{*} \pi^{*} C$ is homotopic to a component of $C$, and $C$ is totally invariant if the components of $C$ are in bijection with the components of $\varphi_{*} \pi^{*} C$.

The terminology comes from the context of branched self-covers $f:\left(S^{2}, P\right) \wp$. Let $C$ be a multi-curve on $S^{2} \backslash P$.

- $C$ is back-invariant iff, up to homotopy in $S^{2} \backslash P$, we have $C \subset f^{-1}(C)$.
- $C$ is forwards-invariant iff $C$ is homotopic in $S^{2} \backslash P$ to a multi-curve $C_{1}$ on $S^{2} \backslash f^{-1}(P)$ with $f\left(C_{1}\right) \subset C .{ }^{4}$
If $A$ is a $p$-obstruction for $(\pi, \varphi)$, then the underlying multi-curve $C$ of $A$ must be forwardsinvariant. (Otherwise, no map $\psi: A \rightarrow \varphi_{*} \pi^{*} A$ is possible.) The matrix $M_{C}^{p}$ is irreducible in the Perron-Frobenius sense iff $C$ is irreducible as a multi-curve. On the other hand, in the context of rational maps it is more traditional to look at back-invariant multi-curves.

We can often switch between back-invariant and forward-invariant multi-curves. First, some graph-theory terminology. In a directed graph, a strongly-connected component (SCC) is a maximal set $S$ of vertices so that every ordered pair of vertices in $S$ can be connected by a directed edge-path. Every directed graph is a disjoint union of its SCCs. A strict SCC is an SCC in which every pair of edges can be connected by a non-trivial directed edge-path. A non-strict SCC is a single vertex with no self-loop.

Given a virtual endomorphism $\pi, \varphi: X_{1} \rightrightarrows X_{0}$ and a multi-curve $C$ on $X_{0}$, form the directed graph $\Gamma(C)$ whose vertices are the components of $C$, with an arrow from $C_{i}$ to $C_{j}$ if $C_{j}$ appears as a component of $\varphi_{*} \pi^{*} C_{i}$. A strict SCC of $\Gamma(C)$ gives a forward-invariant multi-curve, although not all forward-invariant multi-curves arise in this way.
Proposition 7.17. Let $\pi, \varphi: X_{1} \rightrightarrows X_{0}$ be a virtual endomorphism and let $C$ be a multicurve on $X_{0}$. Then there is an irreducible forwards-invariant sub-multi-curve $C_{0} \subset C$ with $\lambda\left(M_{C_{0}}^{p}\right)=\lambda\left(M_{C}^{p}\right)$.
Proof. $M_{C}^{p}$ is block triangular with respect to the partial order on the SCCs of $\Gamma(C)$, so its maximum eigenvalue will be equal to the Perron-Frobenius eigenvalue of a diagonal block corresponding to an SCC $S$. If $S$ is a single vertex with no self-loop, then $\lambda\left(M_{C}^{p}\right)=0$ and we can take $C_{0}$ to be empty. Otherwise, take $C_{0}$ to be the union of multi-curves in $S$.
Proposition 7.18. Let $\pi, \varphi: \Sigma_{1} \rightrightarrows \Sigma_{0}$ be a surface virtual endomorphism (with $\varphi$ a surface embedding), and let $C$ be a simple forward-invariant multi-curve on $\Sigma_{0}$. Then there is a simple back-invariant multi-curve $C_{\infty} \supset C$.
Proof. For $i \geqslant 1$, let $C_{i}=\varphi_{*} \pi^{*} C_{i-1}$ by induction. Then each $C_{i}$ is a simple multi-curve and $C_{i-1} \subset C_{i}$. Since there is a bound on how many components a simple multi-curve on a surface of finite type can have, the $C_{i}$ eventually stabilize into a back-invariant multi-curve.

[^4]Although back-invariant multi-curves are more traditional, forwards-invariant multi-curves appear to be more generally useful. In general obstructions need not be simple and there is no obvious analogue of Proposition 7.18.
7.5. Annular obstructions and asymptotic energy. Let $\pi, \varphi: \Gamma_{1} \rightrightarrows \Gamma_{0}$ be a virtual endomorphism. For any forwards-invariant multi-curve $C$ on $\Gamma_{0}$, there is unique value of $p$ so that $\lambda\left(M_{C}^{p}\right)=1$, which we denote $Q(C)$ [HP08, Lemma A.2]. Define $Q(\pi, \varphi)$ to be the maximum of $Q(C)$ over all forwards-invariant multi-curves $C$.

Proposition 7.19. Let $\pi, \varphi: \Gamma_{1} \rightrightarrows \Gamma_{0}$ be a graph virtual endomorphism. Then if $\bar{E}_{p}^{p}[\pi, \varphi] \geqslant$ 1 , we have $Q(\pi, \varphi) \leqslant p$.

Proof. Immediate from Corollary 7.15 and Propositions 7.14 and 6.10.
Compare Proposition 7.19 to the following result of Haïssinsky and Pilgrim.
Theorem 7.20 (Haïssinsky and Pilgrim [HP08]). Suppose $f: S^{2} \rightarrow S^{2}$ is topologically cxc. Then $Q(f) \leqslant \operatorname{confdim}_{A R}(f)$.

Here, $Q(f)$ is the version of $Q(\pi, \varphi)$ for branched self-covers. Topologically cxc is a topological notion of expanding branched self-covers, and in particular implies that there are no cycles with branch points in $P$ (the opposite of the hyperbolic case). The Ahlfors regular conformal dimension $\operatorname{confdim}_{A R}(f)$ is an analytically defined quantity, the minimal Hausdorff dimension of any Ahlfors regular metric in a certain quasi-symmetry class of expanding metrics canonically associated to $f$.

Theorem 7.20, like Proposition 7.19, gives upper bounds on $Q(f)$. However, it gives bounds in terms of the purely analytic Ahlfors regular conformal dimension, rather than the asymptotic energy. In addition, Theorem 7.20 applies to maps with no branched cycles in $P$, while Proposition 7.19 is vacuous unless every cycle in $P$ is branched. (If there is an unbranched cycle in $P$, then $\bar{E}_{p}^{p}[\varphi] \geqslant 1$ for every $p \in[1, \infty]$.)
Question 7.21. Suppose $f:(\Sigma, P) \circlearrowleft$ is a branched self-cover of hyperbolic type, with compatible virtual endomorphism $(\pi, \varphi)$. Is it true that $\bar{E}_{p}^{p}[\pi, \varphi]<1$ iff there is no $p$ obstruction? Is there an analytic interpretation of either $\bar{E}_{p}^{p}[\pi, \varphi]<1$ or the existence of $p$-obstructions in terms of Ahlfors regular conformal dimension?

Theorem 7.4 and Theorem 1 combine to say that the answer to Question 7.21 is positive for $p=2$. However, the proof is quite roundabout, needing the full strength of both theorems. One could hope for a more direct proof of equivalence of the two criteria and a generalization to other values of $p$. (This might also give another proof of Theorem 7.4.)

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[^1]:    ${ }^{1}$ In this paper, a graph map is a continuous map, not necessarily taking vertices to vertices.

[^2]:    ${ }^{2}$ Fekete's Lemma: if $\left(a_{n}\right)_{n=1}^{\infty}$ is sub-additive, then $\lim _{n \rightarrow \infty} a_{n} / n$ exists and is equal to the infimum of the terms.

[^3]:    ${ }^{3}$ Nekrashevych's combinatorial models are more general, allowing higher-dimensional cells.

[^4]:    ${ }^{4}$ Recall that the forward image of a multi-curve in $S^{2} \backslash P$ is not well-defined.

