The United Asian American Medical Student Association
of the University of Michigan
presents

1st Annual Asian American
Health and Cultural Fair

Access! How Asian Americans get health care and
how to get health care the Asian Americans.

Saturday, March 27, 2004

University of Michigan Medical School
Welcome

Dear Participant,

Welcome to the 1st Annual Asian American Health and Cultural Fair. This inaugural event marks the newest step in UAAMSA’s goal of increasing community awareness of Asian American cultural issues.

Asian Americans are a growing minority population in American society. Here in Ann Arbor and Southeastern Michigan, especially, their presence is not insignificant. Whether different cultures perceive and interact with the world environment. This is particularly important in health care fields simply because multicultural interactions are inevitable and unavoidable. Furthermore, the successful implementation of health care in a multicultural setting is absolutely dependent upon the ability of each party, i.e. patient and caregiver, to understand each other’s motivations and goals.

Asian Americans, as a group, are heterogeneous at best—a conglomeration of multiple cultures distinguished not only by traditions and geography, but by generation as well. The quest to describe the Asian American is more than just a simple ethnic profile, it is a multicultural endeavor. The objective of this event is to introduce participants to the various Asian cultural entities contributing to American society, and to educate them about the various different aspects of those cultures. We hope this event will foster understanding between individuals of different heritage by demonstrating the traditions that have shaped their lives, and serve as a forum for discussion of various health and cultural issues that effect Asian ethnic groups and their experiences as Americans.

This year’s event is our first collaboration with other health disciplines to provide an all around educational experience that attempts to reach beyond the limited audience of the medical school. The program you are experiencing today includes contributions from organizations in the University of Michigan schools of Medicine, Public Health, and Nursing, Department of Psychology, the Ann Arbor community, and the Medical College of Ohio. This is a significant step for us in establishing relations with other student organizations throughout the University of Michigan and the Northwest region. We are grateful to all our collaborators for making this event possible. We hope its success will strengthen ties between its contributors and provide a unified forum for all University of Michigan Asian American student organizations, especially those in the health care disciplines, to share information and educate the community.

Thank you for your support and we hope you enjoy your afternoon.

Sincerely,

UAAMSA Programming Chairs
Steven D’sa
Jeffrey Yang

UAAMSA Programming Committee
Donna Eng
Jonie Hsiao
Abid Kagalwalla
Sonia Leung
Tanya Wansom

UAAMSA President
Grace Ahn

About UAAMSA

The United Asian American Medical Student Association (UAAMSA) was founded in 1992 in response to the growing numbers of Asian Americans entering medical school as a means of providing a single united voice for Asian Americans within the University of Michigan Medical School. Our organization is devoted to expanding the knowledge of health care issues pertaining to Asian Americans and providing service to the greater community. We are regularly involved in promoting Asian American health services in the community through free clinic volunteering, blood/bone marrow drives, and health screening programs, and we advocate for increased cultural awareness through sponsorship of Asian health lectures at the medical school. Nationally, UAAMSA is an affiliate of the Asian Pacific American Medical Student Association (APAMSA).
1st Annual Asian Health and Cultural Fair
“Access! How Asian Americans get health care and how to health care to Asian Americans.”
Saturday, March 27, 2004

11:00 – 11:45  Registration and Lunch
                General Exhibition Opens
11:45 – 12:00  Opening Ceremony and Remarks
12:00 – 12:30  Keynote Address, Dr. Sanjay Gupta, M.D.
1:00 – 1:50    Workshop Block A:
                • Working with a language interpreter
                • Breast and Cervical Cancer Screening
                • Asians, Health care, and Racism
                • Hatha Yoga
2:00 – 2:50    Workshop Block B:
                • Asians, Health care, and Racism
                • Breast and Cervical Cancer Screening
                • Mental Health in the Asian community
                • Reiki
                • Hatha Yoga
3:00 – 3:50    Workshop Block C:
                • Asians and Mental Health, Panel Discussion
                • Asian Americans and HIV/AIDS
                • Falun Gong
                • Hatha Yoga
4:00 – 4:15    Closing Ceremony
                General Exhibit Closes

General Exhibition
Medical Sciences II Lobby

Hepatitis B and Liver Cancer presented by Asian-American Public Health Association
Breast and Cervical Cancer Screening presented by Healthy Asian Americans Program
Falun Gong
I M Well Center
Workshops

**Working with a language interpreter: Practical skills for the U-M health care provider**
Presenters: Michelle A. Harris, B.A., Jane C. Miller, B.A., Linping Duan, M.S., Tricia S. Tang, Ph.D.
Workshop Block A
Room: 2903

**Asians, Health care, and Racism**
Speaker: Gilbert C. Gee, Ph.D.
Workshop Block A, B
Room: West Lecture Hall (WLH)

**Breast and Cervical Cancer Screening**
Presenters: Health Asian Americans Project
Workshop Block A, B
Room: 2901

**Mental Health in the Asian Community**
Speaker: Wun Jung Kim, M.D., M.P.H.
Workshop Block B
Room: 2903

**Asians and Mental Health, Panel Discussion**
Presenters: Asian/Asian American Psychology Student Association, University of Michigan, Department of Psychology
Workshop Block C
Room: West Lecture Hall (WLH)

**Asian Americans and HIV/AIDS - What You Can Do NOW to Advocate for Your Community.**
Speaker: Tanyaporn Wansom
Workshop Block C
Room: 2901

**Hatha Yoga**
This workshop will discuss of the role of yoga in a healthy lifestyle. We will also practice a few yoga postures.
Leader: Thomas R. Gest, Ph.D.
Workshop Block A, B, C
Room: 2813-2817

**Reiki**
An introductory talk on Reiki and an opportunity to experience Reiki energy.
Leader: Ray Golden
Workshop Block B
Room: 3813-3817

**Falun Gong**
Introduction to the practice of Falun Gong, including exercise demonstration. The history of the teaching of Falun Gong, its practice around the world, and the persecution of Falun Gong practitioners in China.
Leader: Tim McDevitt
Workshop Block C
Room: 3813-3817
Keynote Speaker: Dr. Sanjay Gupta, M.D.

Dr. Sanjay Gupta is a medical correspondent for the health news unit at CNN. Gupta, a practicing neurosurgeon, plays an integral role in the medical unit news coverage, which includes daily packages, the half-hour weekend show Weekend House Call and coverage of breaking medical news. Based in Atlanta, he also contributes health news stories to CNN.com.

In 2003, Gupta spent time in Kuwait, reporting on various medical aspects of the escalating tension with Iraq. Then during Operation Iraqi Freedom, Gupta reported as a guest of the U.S. Navy's medical unit, the "Devil Docs." He provided viewers with exclusive reports from points along the unit's travel to the outskirts of Baghdad where they delivered emergency medical care near the frontline of battle from a mobile field hospital known as a Forward Resuscitating Surgical System (FRSS). He also reported from Kuwait immediately after a low-flying missile hit a Kuwaiti shopping mall.

In addition to his work for CNN, Gupta is a member of the staff and faculty of the department of neurosurgery at Emory University's school of medicine in Atlanta and performs surgery weekly at Emory University Hospital and Grady Memorial Hospital.


Workshop Speakers/Presenters/Leaders

Asian/Asian American Psychology Student Association (APSA)

APSA is an organization of International Asian and Asian American psychology graduate students and faculty members at the University of Michigan. APSA was created to promote research on APA issues, support APA students and faculty, and help recruit APA students. APSA was started by two graduate students, Benita Jackson and Michele Tugade in 1997. APSA was originally founded as a source of support for its Asian/Asian American psychology graduate students. Over the years, the number of Asian/Asian American graduate students and faculty have increased, and subsequently APSA has expanded its activities to not only address the supportive needs of its members but also to serve as a forum where APA issues and research can be studied and discussed. Currently there are 28 Asian/Asian American graduate students and 7 faculty members.

Source: [http://sitemaker.umich.edu/apsa](http://sitemaker.umich.edu/apsa)

Wun Jung Kim, M.D., M.P.H., Professor and Director, Division of Child and Adolescent Psychiatry, Medical College of Ohio. Dr. Kim is a professor and director of Division of Child and Adolescent Psychiatry, Dept of Psychiatry at the Medical College of Ohio. He also has directed the child and adolescent psychiatry residency program and the adolescent psychiatric inpatient service at MCO. Dr. Kim chaired the Task Force on Work Force Needs of the American Academy of Child and Adolescent Psychiatry (AACAP) which produced a comprehensive report on the shortage of child and adolescent psychiatrists. He currently serves on the Steering Committee of the AACAP. He has been active in educating public in general as well as governmental officials with respects to the public health issues of the children’s mental health problems and the access problems in the children’s mental health services. Dr. Kim has published extensively on work force, psychiatric education, cross cultural and children’s mental health issues, and has taken leadership in many professional organizations.
Michelle A. Harris, B.A., Director, U-M Interpreters Program.
Providing medical care when a language barrier exists is a challenging endeavor. The Interpreter Services Program strives to provide screened and trained medical interpreters to ensure that our providers are able to perform their job and that our patients receive the excellence in patient care that is expected at UMHS.

Jane Miller, B.A., Chinese Medical Interpreter, Training Coordinator, U-M Interpreters Program. Jane Chang Miller is a native Chinese speaker who grew up in Taiwan. She earned her BA degrees in Educational Psychology and English from National Taiwan Normal University in 1981. She also received her Teaching Certificate and School Counselor Certificate the same year. She taught high school English and served as a director of student counseling center. In 1987, she returned to graduate school majoring in School Administration. Two years later she was recommended by the school principal and selected by the Education Bureau, Taipei City Government for a teacher training program in California State University, Fresno. She worked at Fresno Chinese School in California as school principal for 3 years. Jane is a member of the American Translator’s Association. She is extremely proficient in translating and interpreting English to Chinese and vice versa. She worked as translator at Madonna University, Livonia, MI prior to her current job. She is currently an employee at the University of Michigan Health System as a Chinese medical interpreter and interpreter training coordinator. As a translator Jane is committed to translating from the source language to the target language faithfully, bridging ideas and concepts from one language to another and one culture to another.

Linping Duan, M.S., Research Assistant, Department of Medical Education, University of Michigan Medical School. Mrs. Duan originates from Beijing, China. After completing her high school education, she attended China Agricultural University and received her B.S. degree in Biology. After graduating she worked at Beijing Agri-Science Academy as a research associate for five years. She emigrated to the U.S.A eight years ago to join her husband who was studying for his Ph.D degree. They moved to Ann Arbor from Ithaca, NY three years ago because of her husband’s job change. She received her M.S. degree from the Department of Mathematics of Eastern Michigan University in 2002. Currently Mrs. Duan work as a research associate at the Department of Medical Education, University of Michigan. She is very interested in this diversity education workshop because of her Asian cultural background.

Tricia S. Tang, Ph.D., Assistant Professor, Department of Medical Education, University of Michigan Medical School. Dr. Tang completed her undergraduate work at Duke University where she received her B.A. in psychology. She continued on to Burlington, Vermont to pursue a doctorate in clinical psychology at the University of Vermont. She completed her pre-doctoral clinical internship in behavioral medicine at the University of Chicago Medical center and her post-doctoral fellowship in bio-behavioral breast cancer research at Mount Sinai Medical Center in New York. Currently, she is an Assistant Professor in the Department of Medical Education at University of Michigan Medical School. Dr. Tang’s primary interest in medical education is the development, implementation, and evaluation of curricula addressing culturally responsive health care delivery. Dr. Tang’s research focuses on health promotion and disease prevention among medically underserved communities. Her recent research investigates factors associated with repeat mammography behavior as well as the efficacy of low-cost, group interventions to improve and sustain lifelong diabetes self-management among African Americans with type 2 diabetes.

Thomas R. Gest, Ph.D., Associate Professor, University of Michigan Medical School, Division of Anatomical Sciences. Dr. Gest has been interested in yoga and eastern philosophy and religion since his graduate student days, thirty years ago. He has learned and practiced yoga for the past three decades, and taught yoga at the YMCA in Grand Forks, ND. Dr. Gest is also the beloved director of the medical school’s first year anatomy course.

Gilbert C. Gee, Ph.D., Assistant Professor, University of Michigan School of Public Health, Department of Health Behavior & Health Education. Dr. Gee is currently Assistant Professor in the Department of Health Behavior & Health Education at the University of Michigan. His research focuses on understanding how the contexts of place and time produce health and health disparities. One line of research investigates the relationship between neighborhood resources and stressors and health. A second path of inquiry seeks to understand how events during the life course impact well-being.

Source: http://www.sph.umich.edu/faculty/gilgee.html
Tanyaporn Wansom, University of Michigan Medical School. Ms. Wansom is a first-year Chinese-Thai American medical student. An AIDS activist from her days at Swarthmore College, she spent a year as a Fulbright scholar in Bangkok, Thailand doing HIV/AIDS clinical work and activism, working with populations such as sex workers, drug users, and others living with HIV and AIDS. Recently elected as the American Medical Student Association’s National Coordinator on Global HIV/AIDS, she is interested in getting more students involved on the fight against HIV/AIDS both in the US and around the world.

The Healthy Asian Americans Project:
Dr. Mei-yu Yu, Director
The Healthy Asian Americans Project (HAAP) at the University of Michigan School of Nursing (UM SON), initiated in 1996, has been devoting its effort to its mission to improve the overall health status of Asian Americans and to reduce health disparities through research, education, and promotion.
In the past seven years, HAAP has expanded from its single small project in one Asian sub-population in mainly one Michigan county to multiple projects among seven Asian sub-groups in a broader geographic area.

HAAP-China:
Lixin Song, Coordinator
HAAP-China is an international collaborative nursing intervention project designed to promote the early detection of breast cancer in China. The project findings and recommendations regarding early detection of breast cancer that is appropriate to China will be disseminated through various media, including an international conference.

HAAP: Breast and Cervical Cancer Control Program (BCCCP):

Asian Indian Community: Rekha Raizada
Chinese Community: Amy Seetoo
Filipino Community: Adelwisa L. Agas Weller
Vietnamese Community: Ngan My Thai

Japanese Community: CuiJuan Cai and Okamoto Akiko
Hmong Community: Mai Chou Lee
Korean Community: Oi Saeng Hong and Jung Eng Ko

Exhibitors

Asian American Public Health Association (AAPHA)
AAPHA is a student-run organization at the University of Michigan School of Public Health with an interest in helping health professionals empower themselves by increasing visibility and awareness of Asian American health issues, through community building, education, communication, and professional development. The Asian American Public Health Association at U of M encompasses any and all of those who are interested in East Asian, Southeast Asian, South Asian, and Pacific Islander health issues.
Source: http://sitemaker.umich.edu/aapha/files/index.html

Health Asian Americans Project
(see Workshop Speakers/Presenters/Leaders)

Falun Gong
Falun Gong, also known as Falun Dafa, is a practice of meditation and exercises with teachings based on the values of Truthfulness, Compassion and Forebearance. Although Falun Gong has roots in traditional Chinese culture, it is distinct and separate from other practices such as the religions of Buddhism and Taoism. The discipline was made public in May 1992 by its founder, Mr. Li Hongzhi. Today, Falun Gong is practiced in over 50 countries.

Integrative Medicine Wellness Center at the University of Michigan
Monica Myklebust, M.D., Director, Clinical Services
715 E. Huron St., Ann Arbor, MI 48104
http://www.med.umich.edu/imp/imwell
Integrative Medicine is healing-oriented medicine that takes account of the whole person (body, mind, and spirit), including all aspects of lifestyle. It emphasizes the therapeutic relationship and makes use of all appropriate therapies, both conventional and alternative.
Acknowledgements

Sponsors:

University of Michigan Medical School
Diversity and Career Development Office
Director: David Gordon, MD

University of Michigan
Rackham Student Government

Amy Seetoo

Restaurants:

New Garden Buffet
Chinese Buffet
2541 Jackson Ave.
734-998-0600

Tuptim Thai Cuisine
Thai Food
4896 Washtenaw Ave.
734-528-5588

Madras Masala
A South Indian Sizzle
328 Maynard St.
734-222-9006

Program Design: Jeffrey Yang
Program Printing: Ann Arbor Printing & Mailing
Website and Registration: Shelley Cao

Ann Arbor Printing & Mailing
771 Airport Blvd
Ann Arbor, MI 48108
(734) 994-0900

Special thanks to:

Karishma Patel, Sean Zager, Shirley Philips, Kimberly Haynes and the Lloyd Hall Scholars Program, Dr. Trisha Tang, and Dr. Arno Kumagai for their help and support in taking this project from paper to reality.