Annotated Bibliography

Books/Journals


   The journal article studies mood management through media consumption. The study also factors in time of the consumption of music when analyzing emotional reactions. This source is very reliable because it is focused around a scientific study that is written by three researchers from the University of Alabama. The journal article includes several charts and tables picturing the results of their study. The finding from this source includes proof that being in a sad mood affects the length of how much an individual listens to particular type of music. This article is relevant to our topic because it writes about media (in particular, the listening of music) and the psychological effects of it, such as moods. Also, the information is update because the journal was published in 2007.


   The article discusses why music so appealing to humans, second only to sex, as well as the uses of music to incite violence, and how it affects the attitudes of the average listener. The article is relevant to our topic for that reason and is reliable as well as many other scholarly texts were cited within the article. Executive Editor Dr. Larry Dossey graduated with honors from the University of Texas at Austin and has lectured all over the world and written several scholarly articles about medicine. He has authority to speak over the subject.

This book is about the experience and the aesthetics of music and its effect on the body, mind, and brain. It explains how music affects the general population through theoretical, neurophysical, and physiological approaches. This source is reliable because the author received her PhD from Northwestern University in Music Education. She also references numerous other researchers in her work. Dura’s writing takes an analytical and scientific approach of music effects over the course of history. This book is relevant because it has been published in the past ten years. Overall, this book has an abundance of information about our topic.


This journal article incorporates the aspect of prosocial behavior into its research. The study observes how prosocial music can encourage prosocial behavior. The journal article explores the possibility of mediating effects. This article is relevant to our subject matter because it concerns music and its possible effects. I like how it also includes possible mediating factors, something that I think some studies fail to take note of. The author is reliable because he did his research from the University of Sussex and his work was published in a scholarly journal. Additionally, this article was written in July 2009 so the information is very up-to-date.


This article describes the study oh how music was use a therapeutic tool to help aid elders with Alzheimer disease. In this study, it is explained in the article how researches revealed positive results in having using particular music that patients chose, to help reduce the symptoms of depression and anxiety. This research is very relevant because if shows a complete detailed link on the connections between the mind and music. This source is also reliable because this study was conducted under the restrictions of a educational environment.

The journal article features three different studies about how music can induce “thrills and chills” in people. In the researchers’ studies, they combine other forms of media (such as paintings or stories) with classical music to see if there is a greater emotional/physiological reaction by the participant. The researchers did not find a significant correlation to listening to the classical music and mood/behavior there after. This study is important for us to look at because it goes against much of the other studies we have found. It is important for our research that we do not ignore arguments made, even if they go against much of our other research. This source is reliable because it comes from an academic journal. This article was published in 2007 and therefore, it relatively updated information.


This article focuses on the negative effects music like hard rock, punk, rap, and hip/hop can have on listeners. The author studies whether music can have an effect on self-injurious decisions and thoughts among the listeners. These bad attitudes that can be gained from music offer insight into how music can affect the mind negatively and for that reason this journal article is relevant to our topic. Published in 2006, the article is very recent. It is also reliable as it was written by scholars and contains a lot of studies and citations from other scholarly works. Adrian C. North is a lecturer at Heriot Watt University and David J. Hargreaves is a Professor of Education at Roehampton University. They are authoritative figures to write on this topic.


The whole book is not necessarily relevant to our topic of music effects; however, there is a particular chapter (chapter 16) within this book about the effects of music on mood. The research in the book uses meta-analysis to come to its theories. The book covers a breadth of media analysis that has been conducted by some of the most prestigious researchers in the communication field. There is twenty plus authors each with a backgrounds that give them authority to discuss the topic. The findings for this research suggested that media, such as music, can contribute to children behaviors. Overall, the source is reliable.
because it is published book with several editors and scholarly authors that was copyrighted in 2007.


This book relates the connections between ones satisfaction in life, to their choice in music. In this book, it was revealed that a study through a clinical trial was done to see if people who listen to a certain type of music were more likely to be more optimistic in life than others. This book is relevant because it shows directly how people view their life when exposed to certain music. This book is also a credible source because the author is a medical doctor.


This book explains how the affect of music can affect people and persuade them to purchase certain items. This particular book explains how businesses use music as an advantage to entice their audience into investing into their product. This source is reliable because the author received her PhD at the University of Michigan. This article is also relevant because it reveals how business use music as a tool effects the minds of the public.

Websites


This website is about, as the title clearly describes, seven ways music can affect moods of a person. The blog focuses on how music improves and controls moods. Although it is in blog format, there is one author who is identified. The author is credible and has authority to speak on this topic because he is a researcher at the University College London. It is relevant because it includes a recent study about music affecting moods. Since it is a blog,
biases can occur, especially from the readers’ comments. The blog is short, but to the point.


   This website is about both the cognitive and motor functions music can have on both your body and your mind. In particular, the website focuses on how the brain reacts differently when exposed to certain types of music. The author of the website is identified as Laurence O’Donnell. He is a rightfully credible source because he sites all of the sources he incorporated his research. The research was also the result of his senior thesis project for his University. Also, the author lists his contact information in case of any questions with research. This topic is relevant because it describes in detail how the mind can affect the human body as a whole.


   William House, editor of reversespins.com wrote the essay on the website. He cites several authoritative figures, making the essay reliable. Reverse Spins dedicates its website to articles on the media and its effects on society. The specific article examines music’s effect on the minds of mice and other animals as well as plants. It explains how music changes the attitudes of those listening to it and how it can essentially affect one’s spirituality. The article is very relevant to our topic and is recent as it was written in 2003.


   This website is about the particular negative effects music can have on an individual’s mentality. On the website, the author discussed how there is evidence that supports that there is data that shows music has a clear influence on people. Along with that study, Koen states that there is also a lot of evidence that music can in fact harm people by influencing them in more of a negative aspect. This website is credible because it is based on an educational website. However, a negative aspect of this website is that there is not enough information on the author himself. This topic overall is good because it shows another side of how music can affect the mind.

Kristian David Olson wrote the article on the website. She has been cited numerous times in other scholarly texts, thus the website is authoritative. The article posted contains much information on the effects of music on learning as well as attitude, and is highly relevant to our topic. Within the article are analyses of several studies performed on children and adults, which provide more sources for information. The article was written in 1996, which is fairly recent. The results of this website showed that music help persuade different types of mood.