

## **DANIEL EISENBERG**

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### **RESEARCH INTERESTS**

Mental health, help-seeking, and human capital; substance use and related policy; economic evaluation.

### **CURRENT POSITION**

Assistant Professor, Department of Health Management and Policy  
University of Michigan School of Public Health

### **OTHER AFFILIATIONS**

University of Michigan Comprehensive Depression Center  
University of Michigan Substance Abuse Research Center

### **EDUCATION and TRAINING**

NIMH Postdoctoral Trainee, UC Berkeley School of Public Health, 2002-2004

Ph.D., Stanford University Department of Economics, 2002

- Dissertation: "Risky Health Behaviors and Public Policy"
- Advisors: Doug Bernheim, Antonio Rangel, Mark McClellan, John Shoven

BA, Stanford University Department of Economics, with Honors and Distinction, 1997

### **COURSES TAUGHT**

HMP 610: Cost Effectiveness Analysis in Health

HMP 663: Economics of Health Management and Policy II (co-instructor)

HMP 664: Applied Public Health Policy Analysis

HMP 693: Mental Health Policy in the United States

HMP 840: Integrative Seminar in Health Services, Organization, and Policy

HHCR 741: Health Care Delivery & Financing (RWJ Clinical Scholars) (co-instructor)

### **PEER-REVIEWED JOURNAL PUBLICATIONS**

**Eisenberg, D.**, Golberstein, E., Hunt, J. (2009). Mental Health and Academic Success in College. *B.E. Journal of Economic Analysis & Policy* (forthcoming).

Hunt, J, **Eisenberg, D.** Mental Health in College: An Unrealized Opportunity to Improve Societal Wellbeing and Productivity. *Journal of Adolescent Health* (forthcoming).

- Eisenberg, D.**, Downs, M., Golberstein, E., Zivin, K. (2009). Stigma and Help-seeking for Mental Health among College Students. *Medical Care Research and Review* 66(5): 522-541.
- Serras, A., Saules, K., Cranford, J., **Eisenberg, D.** Prevalence and Co-occurrence of Substance Use and Self-injury among College Students. *Psychology and Addictive Behaviors* (forthcoming).
- Eisenberg, D.**, and Rowe, B. (2009). The Effects of Smoking in Young Adulthood on Smoking and Health Later in Life: Evidence based on the Vietnam Era Draft Lottery. *Forum for Health Economics and Policy* 12(2): Article 4.
- Eisenberg, D.**, and Okeke, E. (2009). Too Cold for a Jog? Weather, Exercise, and Socioeconomic Status. *B.E. Journal of Economic Analysis & Policy* 9(1) (*Contributions*): Article 25.
- Golberstein, E., **Eisenberg, D.**, Gollust, S.(2009). Perceived Public Stigma and Help-seeking in a Longitudinal Sample of College Students. *Psychiatric Services* (forthcoming).
- Hefner, J., **Eisenberg, D.** (2009). Social Support and Mental Health in a University Student Population. *American Journal of Orthopsychiatry* (forthcoming).
- Zivin, K., **Eisenberg, D.**, Gollust, S., Golberstein, E. (2009). Persistence of Mental Health Problems and Needs in a College Student Population. *Journal of Affective Disorders* 117(3): 180-185.
- Cranford, J., **Eisenberg, D.**, Serras, A. (2009). Substance Use Behaviors, Mental Health Problems, and Use of Mental Health Services in a Probability Sample of College Students. *Addictive Behaviors* 34(2):134-145.
- Valenstein, M, **Eisenberg, D.**, et al. (2009). Utilization and Cost Implications of Meeting FDA Guidelines for Suicide Monitoring in the VA Setting. *Psychiatric Services* 60(4):439-44.
- Carpenter, C, **Eisenberg, D.** (2009). Alcohol Availability and Alcohol Consumption: New Evidence from Sunday Sales Restrictions in Canada. *Journal of Studies on Alcohol and Drugs* 70(1):126-33.
- Valenstein, M., Kim, M., Ganoczy, D., McCarthy, J., Zivin, K., Austin, K., Hoggatt, K., **Eisenberg, D.**, Piette, J., Blow, F., Olfson, M. (2009). Higher Risk Periods for Patients Receiving Depression Treatment in VA Settings: Hospitalization, Antidepressant Initiation, and Dosage Change. *Journal of Affective Disorders* 112(1-3):50-8.
- Gollust, S, **Eisenberg, D.**, Golberstein, E. (2008). Prevalence and Correlates of Self-Injury among University Students. *Journal of American College Health* 56(5): 491-498.
- Golberstein, E, **Eisenberg, D.**, Gollust, S. (2008). Perceived Stigma and Mental Health Care Seeking. *Psychiatric Services* 59: 392-399.
- Eisenberg, D.**, Golberstein, E, Gollust, S, Hefner, J. (2007). Prevalence and Correlates of Depression, Anxiety and Suicidality Among University Students. *American Journal of Orthopsychiatry* 77(4): 534-542.
- Eisenberg, D.**, Golberstein, E, Gollust, S, Hefner, J. (2007). Help-seeking and Access to Mental Health Services in a University Student Population. *Medical Care* 45(7): 594-601.
- Eisenberg, D.**, Freed, G. (2007). Reassessing How Society Prioritizes the Health of Young People. *Health Affairs* 26(2): 345-354.

**Eisenberg, D**, Schneider, H. (2007). Perceptions of Academic Skills of Children Diagnosed with Attention Deficit Hyperactivity Disorder. *Journal of Attention Disorders* 10: 390-397.

**Eisenberg, D**, Quinn, B. (2006). Estimating the Causal Effect of Smoking Cessation on Weight Gain: An Instrumental Variables Approach. *Health Services Research* 41(6): 2255-2266.

Schneider, H, **Eisenberg, D**. (2006). Who is Diagnosed with Attention Deficit Hyperactivity Disorder in the United States Elementary School Population? *Pediatrics* 117: e601-e609.

**Eisenberg, D**, Warner, K. (2005). The Effects of Snowfalls on Motor Vehicle Collisions, Injuries, and Deaths. *American Journal of Public Health* 95: 120-124.

**Eisenberg, D**, Ketcham, J. (2005). Economic Voting in U.S. Presidential Elections: Who Blames Whom for What? *B.E. Journal of Economic Analysis & Policy* 4(1): Article 19.

**Eisenberg, D**. (2004). The Mixed Effects of Precipitation on Traffic Crashes. *Accident Analysis and Prevention*: 36(4): 637-647.

**Eisenberg, D**. (2003). Evaluating the Effectiveness of Policies related to Drunk Driving. *Journal of Policy Analysis and Management*: 22(2), 249-274.

## MANUSCRIPTS UNDER REVIEW

**Eisenberg, D**, Nicklett, E.J., Roeder, K.M., Kirz, N. Eating Disorder Symptoms among College Students: Prevalence, Persistence, Correlates, and Treatment-seeking. *Journal of American College Health* (revised and resubmitted).

Hunt, J., **Eisenberg, D**., Kilbourne, A. College Student Mental Health: Consequences of DSM IV Psychiatric Diagnoses on Postsecondary Educational Attainment. *Psychiatric Services* (revised and resubmitted).

Kim, M., Ganoczy, D., **Eisenberg, D**., ..., Valenstein, M. The Relationship between Clinical Monitoring and Suicide Risk: Matched Case Control Study and Instrumental Variable Approaches. *Health Services Research* (revised and resubmitted).

Soliman, S., **Eisenberg, D**., Delva, J. What Happens When the "truth" Stops Being Told? Youth Smoking in the Context of Funding Cuts to Florida's Anti-tobacco Campaign.

Keyes, C., **Eisenberg, D**. Mental Health and Mental Illness in America's College Students: Findings from the 2007 Healthy Minds Study.

Hunt, J., Watkins, D., **Eisenberg, D**. How Do College Campuses Make Decisions about Allocating Resources for Student Mental Health? Findings from Key Participant Interviews at 10 Campuses.

**Eisenberg, D**, Prosser, L, Freed, G. Age Preferences for Health: New Evidence from a Nationally Representative Survey.

Watkins, D., Hunt, J., **Eisenberg, D**. Increased Demand for Mental Health Services on College Campuses: Perspectives from Interviews of Campus Mental Health Administrators.

## UNPUBLISHED WORKING PAPERS

Bailey, MJ, **Eisenberg, D.**, Bachman, J., O'Malley, P. (2008). Peer Effects and Risky Behaviors among Adolescents.

**Eisenberg, D.** (2003). Are We Substituting One Heart Disease Risk For Another?

**Eisenberg, D.** (2004). Peer Effects for Adolescent Substance Use: Do They Really Exist?

## NON-REFEREED PUBLICATIONS

**Eisenberg, D.**, and Neighbors, K. (2007). Economic and Policy Issues in Preventing Mental Disorders and Substance Abuse among Young People. (Report commissioned by the National Research Council-Institute of Medicine Committee on "Prevention of Mental, Emotional, and Behavioral Disorders among Young People").

**Eisenberg, D.** et al (2007). University of Michigan's Three-Pronged Approach to Student Mental Health. *Student Affairs Leader* 35(19): 1-5.

**Eisenberg, D.** (2005). Book Review of Traffic Safety by Leonard Evans. *JAMA* 294: 746-747.

**Eisenberg, D.**, Starkweather, N., Scheffler, R. (2004). Profile of Mental Health in California's Counties (2004). *Petris Center Report*.

**Eisenberg, D.**, Scheffler, R. (2004). Mental Health Financing in the United States: Assessing the System (2004). *Family Therapist Magazine*, March/April 2004.

## RESEARCH GRANTS AND CONTRACTS:

NIMH (RC1—Challenge Grant) 10/01/09-9/30/11  
Mental Health First Aid for College Students:  
A Multi-Campus Randomized Control Trial of a Community Health Intervention  
Total costs: \$1,000,000  
Role: Co-PI

W.T. Grant Foundation ("Major Research Grant" Program) 05/01/09-4/30/11  
How Do Peers Influence Each Other's Mental Health and Help-seeking in College?  
Direct costs: \$373,682  
Role: PI

NIMH (R34) 05/01/09-12/31/11  
College Students with Elevated Suicide Risk: Enhancing Treatment Linkage  
Direct costs: \$455,614  
Role: Co-Investigator (PI: Cheryl King)

Center for Health Research and Transformation (CHRT) 06/01/09-5/31/11  
Impact of Expansion of Mental Health and Addiction Benefits on Quality, Patterns, and Costs of Care  
Direct Costs: \$155,928

Role: Co-Investigator (PI: Kyle Grazier)

Michigan Department of Community Health 10/1/08-9/30/09  
(DHHS Centers for Medicare and Medicaid Services, Prime Sponsor)  
Integrated Care for Medicaid Consumers with Behavioral Health Care Needs  
Direct costs: \$980,760  
Role: Co-Investigator (PI: David Neal)

NIMH (R01) 09/19/08-05/31/13  
Implementing Chronic Care Management for Bipolar Disorder  
Direct costs: \$2,560,221  
Role: Co-Investigator (PI: Amy Kilbourne)

RWJF Substance Abuse Policy Research Program 07/01/08-12/31/10  
Evaluation of an Innovative Program to Reduce DUI  
Direct costs: \$89,270  
Role: Co-PI (PI: Peter Jacobson)

The Guidance Center (Wayne County, MI) 09/01/07-08/31/09  
Economic Evaluation of Mental Health Programs  
Direct costs: \$32,370  
Role: PI

U-M Comprehensive Depression Center Innovation Grant 10/01/06 – 11/30/08  
Healthy Minds Study  
Direct costs: \$25,000  
Role: PI

University of Michigan Tobacco Research Network 09/01/06-08/31/08  
The Contribution of Differential Diffusion of Non-Smoking Behaviors to Social Disparities in Smoking  
Direct costs: \$37,905  
Role: Faculty mentor (for Soheil Soliman)

NIMH (R01) 06/01/06-05/31/09  
Antidepressants, Concurrent Treatments, and Completed Suicide in VA Registry Data  
Direct costs: \$761,160  
Role: Co-Investigator (PI: Marcia Valenstein)

Rackham Faculty Research Enhancement Award 06/01/06–12/31/06  
Mental Health in University Student Populations in the United States  
Direct costs: \$15,000  
Role: PI

Blue Cross Blue Shield Foundation of Michigan 01/15/06-07/15/07  
The Michigan Health Minds Study  
Direct costs: \$71,472  
Role: PI

McNerney Award, U-M Dept of Health Mgt & Policy 09/01/05-08/31/06  
Healthy Minds Study  
Direct costs: \$5,000  
Role: PI

Office of the Vice President of Research/SPH 09/01/05-05/31/06  
Mental Health Services for UM Students: Need, Barriers, and Utilization  
Direct costs: \$30,000  
Role: PI

U.S. Department of Veterans Affairs 08/01/05-07/31/08  
Suicide Among Veterans: Using the VA Depression Registry to Inform Care  
Direct costs: \$783,812  
Role: Co-Investigator (PI: Marcia Valenstein)

Rackham Spring/Summer Faculty-Student Partnership 05/01/05-08/31/05  
Mental Health Services in the U-M Student Population  
Direct costs: \$4,000  
Role: PI

UC Berkeley Center for Health Research Grant 06/01/03-10/31/04  
ADHD and Academic Performance for Elementary School Children  
Direct costs: \$4,300  
Role: Co-PI (PI: Richard Scheffler)

## PROFESSIONAL SERVICE

- Author of report for the National Research Council-Institute of Medicine (NRC/IOM) committee on Preventing Mental, Emotional and Behavioral Disorders Among Young People
  - Drafted report and presented to the committee at a workshop on October 31, 2007
  - Revised report based on feedback from committee and peer reviewers.
  - Provided additional consultation during 2008 on the report, which eventually served as the basis for the committee's chapter on the "Benefits and Costs of Prevention."
- Scientific reviewer in January 2008 for NRC/IOM report, "Adolescent Health Services: Missing Opportunities."
- Abstract reviewer and session chair for Behavioral Health section of AcademyHealth's Annual Research Meeting (2008)
- Annual Depression on College Campuses conference
  - Member of planning committee (2005-2006)
  - Co-chair of planning committee (2007-2009)
- Grant reviews
  - Blue Cross Blue Shield of Michigan Foundation, September 2006
  - Cancer United Kingdom, Population and Behavioral Sciences Committee, January 2007
- Referee for journals (2004-present)  
*American Economic Review; American Journal of Preventive Medicine; BE Press Journals in Economic and Policy Analysis; Contemporary Economic Policy; Economics and Human Biology; Empirical Economics; Forum for Health Economics and Policy; Health Economics; Health Psychology and Medicine; Health Services and Outcomes Research Methodology; Health Services Research; Journal of Health Economics; Journal of Health Politics, Policy, and Law; Journal of Mental Health Policy and Economics; Journal of Policy Analysis and Management; Journal of Policy History; Medical Care; Medical Care Research and Review; Psychiatric Services; Psychiatry Research; Social Service Review; Social Psychiatry and Psychiatric Epidemiology.*