





River Diving Larry "Harris" Taylor, Ph.D. Diving Safety Coordinator, U of Michigan





Your Instructor

U of MI Diving Safety Coordinator AAUS sanctioned Diving Safety Officer Internationally rated 3 - star instructor (CMAS)

National Master Scuba Instructor (President's Council)

- > 100 Diving Certifications
- > 200 Diving Publications

> 1,200,000 visitors to "Diving Myths & Realities" web site Library: one of the best resources in North America

Scuba Diver since 1977 Scuba Instructor since 1980 DAN Instructor since 1991

EAN_x Instructor since 1992 Ph.D. Biochemistry













Lecture is a Democracy! You control speed with your questions





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There are no "stupid questions" !





The only "Dumb Question" is the one that is unanswered 'cause it was not asked The "Dumbest Question" is the unasked question that could've solved a problem



Socratic Method: Asking & Answering Questions

Still one of the best learning tools









The Water-work is Dictatorship! Do as instructed or leave the water





Knowledgeable, Physically Fit Divers









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The St. Clair River



Named by La Salle (1679) Used commercially for more 300 years > 27 million cargo tons / year Vast numbers of recreational boats MI has largest # registered boats in US



~ Forty mile long river Connects Lake Huron to Lake St. Clair

The St. Clair River

Considered One Of Best Walleye Fishing Sites in NA Rummaging Pine Grove Park, Port Huron: Artifacts Antiques Contraband Fishing Tackle (lures, weights, bells) Bicycles Skate Boards Anchors Waterway = Garbage dump for > 300 years







The St. Clair River



Flow ~ 182,000 – 230,000 ft³ / sec (~ 81.7 - 85.1 million gallons per min) One of NA's most intense navigable waterways Drainage area ~ 223,600 square miles

> Current under Blue Water Bridge can exceed 10 knots Recreational Source For Boaters, Fishermen, Tubers

Drinking Water



~ 40 % (~132 Million) Michigan Residents rely on St Clair-Detroit River



St Clair River Water Filtration Plants Port Huron Marysville St. Clair East China Marine City Algonac





Underwater: Large pipes headed to river bottom locates water plant



River Diving Specialty



Why River Diving?

Physically Challenging Mentally Stimulating Emotionally Thrilling



Like driving 100 mph at night in the rain with the lights on dim

Ever changing environment Exploring Wrecks Prospecting for old bottles, anchors, fossils, and fishing tackle > 300 years of "stuff" on the bottom of the river

No two dives are ever identical

Why River Diving?

Swift Water Rivers: An exhilarating place to play With proper equipment, training, and experience Or A terrifying place to die



Open water training/ techniques / equipment are not sufficient where the bubbles do not move straight up!

Many deaths result from: Overestimation of skill Underestimation of the force of moving water



River Diving Equipment



River Diving Equipment

River diving equipment must: Be Reliable Be Durable Withstand forces of the swift water environment



River Diving Is Equipment Intensive





Marks drift dive exit point **10 pound anchor with yellow duct tape stripes** 20' double eye-spiced 3/8" polypropylene line **2** locking carabineers (for line attachment) **Dive flag float** with 2 3/16" polypropylene eye-splices **Port Huron Local Custom: Dive flag not towed north of Black River: Intense current Abundance of fishing lines**





Dive Flag: Drift Diving Assembly



Truck tire inner tube Trident inner tube flag support Figure 8 for line attachment 2 Locking carabineers for attachments 90' 3/8" polypropylene line Eye-spliced at each end 3.5" (ID) Stainless steel ring Buddy line & float attached to the ring



Drift Diving: Inner Tube Flag Support



32" Inner tube Inflated to 29" (60 psig) **Trident flag support** ¹/₂" reflective tape **Figure 8 for line attachment** For attaching "goodies" **3 3/8" Additional lines 3 non-locking carabineers** 2 2" clips **Blue case holds:** Laminated business card **Inner tube tool** 2 Extra valve cores **3 Yellow Strobes** For inland night diving

Drift Diving: Line Attachment and Float



Line Attachment

Separate 3/8" line Each end eye spliced Figure 8



Float lifts buddy line above bottom 6" float 3/8" line Eye spliced at each end Attaches to buddy line carabineer

Drift Diving: Buddy Line



3.5" (ID) Stainless steel ring

Attaches to line from diver's flag float with a locking carabineer

2 4' 3/8" Polypropylene lines – eye spliced at both ends6" Float attaches to the locking carabineer

Allows Buddy contact in limited visibility Minimizes snag potential of buddy lines



Thermal Protection

Wet suit Dry Suit As Needed



Moving water rapidly removes heat

Buoyancy Control

BC always worn **Back mount minimizes potential abrasion**

Diving a dry suit without BC is "death-seeking behavior"

Gloves: Always Worn



Protection from: Abrasion Thermal loss Kevlar abrasion resistance Especially at finger tips

Instrument Console



Gauges: SPG Depth Timing Device

Optional: Compass Thermometer Slate

Protect console with plexiglass plate

Masks



Straps taped Holds firm during dive

Snorkel has quick connect Quick install if needed

Snorkel carried (in chaps), but not worn In current, the snorkel constantly strikes the head

Storm Whistle



Worn on BC hose Much louder than common BC whistles

Considered "World's Loudest Whistle" Works underwater

Weight belt (If weights on belt)



Double buckle Both buckles arranged to open in same direction Minimizes risk of lost belt

Typically a few pounds (not more than 5 extra) heavier than open water diving

After dive: remove belt as practice dropping belt

Fins





Best to have solid, rigid fin blade (no holes) (holes are potential source of entrapment) I have seen objects protrude thru the holes Tape straps to minimize potential snags









Commercial Chaps

Protection for wet / dry suit Carry snorkel in pocket Velcro secures leg covering Made from pack cloth



Knives

Minimum of three easily accessible cutting edges





Primary Large "Bowie" Knife Worn on thigh to minimize snag hazard More useful as pry tool than as a cutter Secondary Mounted on wrist plate (To facilitate safe replacement)

Additional Cutting Edges





"Penny Cutters" Worn on chest strap of BC Mounts in front of chest Line Cutter Superb for cutting fishing line

"River Stick"

Primary Tool That Allows: Control of position / direction / speed while drifting near bottom Ability to stop and hold position Moving upstream



US Govt. Surplus Pick Ax Seat belt cutter For cutting line entanglements Yellow duct tape for visibility Velcro Wrist strap

> Larger stick preferred: Better locking mechanism More rigid spike right angle

Comparison Of Control Tools



Large River Stick – 20" 2.2 pounds Small River Stick – 15" 1.0 pound Crawl Dad – 12" 1.4 pounds

Other "Control" Devices



Rick Ryan's Crawl-Dad Works well for: Scrapping Digging



Mini-Pick Axes Gardening 3-prong trowel Spikes may break free



Securing Velcro Strap

Angle the Velcro Strap attachment Allows rapid removal

> Divers should avoid "dangles" Gauges / Octopus, etc Excess Strap Length Fins, mask, knives, etc Anything attached Potential snag hazards

Everything attached should be easily removed and replaced

Moving Upstream: The "Creeper"



Not commercially available Made by welding ³/₄" steel rods Weighs 17.5 pounds



Angling front legs backwards facilitates moving the creeper Also used as stable anchor for search operations Center ring is attachment point for flag and diver(s) Attachment to diver via snap shackle
Storing / Transporting The Creeper



Tips Protected: Tubes from M&M Mini's Small piece of foam

Snap Shackle: Locked on top bar

The Creeper As Stationary Search Anchor

Dive flag attached to creeper Line: ~ 1.5 x the depth Allows surface to monitor location Diver attached via snap shackle Attached to chest harness Search site by scraping bottom Current carries away silt



Depth gauge & timer on front bar



Single Diver Configuration For 2 divers: Attach buddy line to large ring

Minnow Bucket

Replaces mesh "goody bags" Allows safe containment of fishing lures Smooth surface not an entanglement hazard Trap-door facilitates ease of use 15" line allows bucket to ride along side diver Secured with quick-release snap-shackles Attached to diver via climbing chest harness





Air chambers drilled Top and bottom Allows flooding (sinking)





Pull to open

Preferred attachment device Will open under full load





Scrapers and Paddles



Used to move surface silt / dirt in stationary search

Gardener's Saw



For seldom used need to do underwater cutting Very labor intensive

Secchi Disk and Thermometer





- 6 lbs of lead in inverted mushroom form plus 1" (ID) eye bolt Black and white acrylic paint
- 3/16 " polypropylene line marked every foot to 35 feet Tags every 5 feet

Fisherman's thermometer used to estimate thermocline depth Infrared thermometer used to estimate surface temperature



Diving Techniques



Physical Fitness a Necessity



River diving can be physically demanding May instantly require increased work load

Divers should have physical fitness program Aerobic conditioning for stamina Anaerobic conditioning for strength

Diet affects weight Exercise affects size

Fatigue a factor in ~ 50 % of diving fatalities Many fatalities at the end of a dive Tired diver cannot cope with environment

Consider Physical Fitness To Be Part Of Your Life Support

Current Demands Respect





Respect moving water 'cause If you fight the river, you will lose Be content with what the river provides

River Diving "Cardinal Rule" Keep Your Fins Lower Than Your Ass



Fins higher than ass: Loss of control Possible tumbling

Before Dive Checks

Buddy Check = SEABAG: S = Signals E = Emergency Plans A = Activity of Dive B = Buoyancy Check A = Air On G = Go Diving!

Each Diver Air Check: Check SPG Breathe 4 Times Recheck Gauge



For Diving Along Breakwall Designate Status for Lost Diver: Mover Non-Mover

Lost Buddy Procedure: Drift Along Seawall



Non-Mover: Wait 3 minutes **Mover: Move upstream for 2 minutes Drift downstream for 1 minute** After 3 minutes: **Both ascend** Use "river sticks" to hold position Use spike contact to wall **Note position** Wait 10 minutes If no contact, exit and call for assistance

Lost Buddy Procedure: Drifting With Flag

If buddy line lost:

Move to surface Note position relative to shore Move to inner tube/flag

If float moving: Stay on surface If float stationary: Move down line to check for buddy





Descent At The Breakwall (Pine Grove Park)

Divers ~ 50 feet apart on the surface fencing Enter heavy BC / Dry Suit deflated Grab the breakwall with the river stick and descend to bottom

Downstream diver Enters first Descends to bottom and faces upstream

Upstream diver Waits ~ 30 sec after downstream diver has entered Descends to bottom and drifts downstream to make contact

Moving Downstream

Move downstream using river stick to "stick and glide"

Preferred to move perpendicular to current Allows facing buddy Allows better visibility Silt created separate from diver's face



Avoid moving feet first "nightmare" = Drifting into an open 55 gallon drum

Moving Upstream: River Stick

Use river stick as a pivot point Then "Stick and Pull"

Physically demanding



Moving Upstream: "Inch Worm"

Lift Ass Current will hold body to bottom Stretch forward Repeat Physically demanding



MOVING AGAINST CURRENT

CURRENT FLOWS OVER DIVER CURRENT HELPS POSITION DIVER ON BOTTOM

STRETCH UPPER BODY FORWARD



ТРТ

Drift Diving: Technique



Buddy line signals between divers:

2 pulls: stop ... I found something worth exploring4 pulls: I need assistance

Moving Upstream In Intense Current: The Creeper

Use front spikes as pivot points Lift one spike and move forward Anchor and move other front spike Walk upstream in zig-zag fashion







The Creeper: Search Point

Secure dive flag to the Creeper using carabineer Allows surface to monitor progress Anchor the Creeper Secure diver to Creeper with a snap shackle Search Local area For extended operation: Secure search line to the creeper with locking carabineer Single diver: use the creeper as a focal point for search sweeps Two divers: use buddy to widen search area



Ascents

Best to avoid direct ascents Danger from surface traffic Prefer to move along bottom to exit point Allows easy holding depth for safety stop



Secchi Disk: Estimating Visibility



- **1. Measure distance to water surface**
- 2. Lower disk
- **3.** Measure distance to disappearance of contrasting quarters
- **4.** Distance **3** Distance **1** = Estimate of in-water visibility

Turbidity Index

Measurement of suspended solids (Visibility)

Water Plant	Phone Number	Reading	~Visibility (feet)
Algonac	810-794-3281	< 1.0	30 - 50
		1.0	15 - 20
Marine City	810-765-8087	10	5 - 10
Port Huron	810-984-9780	20	0.5
St. Clair	810-329-7121		

Port Huron Metrics



1 Nephelometric Turbidity Unit (NTU) = 1 mg finely divided silica / liter



Special Hazards



Fishing Lines / Lures / Hooks Lines Often Invisible Underwater





Active Fishing Lines Abundant in Pine Grove Park Area Lost Fishing lines / Lures

Lines can entangle Lures can cut / embed in diver



Primary Reason for Multiple Cutting edges If entangled, first try to free from line Cut line only as last resort

Bottom Entanglements













Sharp Edges





Logs / Pilings Broken Glass Scrap Metal Scrap Metal Fishing Hooks Re-Rod Construction Debris Wrecks Garbage Dumps





Chemical Pollution

St Clair River: Designated Area of Concern by both US and Canada





Sewage Storm Water Run-off Refinery Waste Mercury Manufacturing Waste Pulp Mill Acids Pesticides Farm Waste







Surface Traffic

St. Clair River Has Intense Surface Traffic Sailboats may be "silent"





Stay out of shipping channel Avoid surface Avoid major river events / races

When you hear / feel freighter prop wash Check depth Hug bottom







Marinas



Hazards: Surface Traffic Pollution Improperly Grounded Boats "can electrify the water"





Ferries



Near Islands: Harsens Russell Walpole Avoid: Docking areas





Large Dams



Provide: Increased depth for recreation Flood Control Electrical power

Avoid areas anywhere near a dam



Circular Flow (hydraulic)

Low-Head Dams

Typically just an underwater wall (no spillways or flood gates)
"Drowning Machines"
Flow over dam creates circular flow nearly impossible to escape
Circular flow termed "roller" or "hydraulic"







Reading Rivers



Reading Rivers

Looking at river topology, traffic, and current flow



Assists in: Planning dive entry / exits Determining places to search Determining potential hazards
Depth Indicators





Difference in color from changes in: Depth Plants covering bottom

Riffles, when further out is calm, or Calm, when further out is choppy

Seasonal Variation Effected by: Rain Melting snow / ice Evaporation Ice floes / dams Winds Tides / Bores

US Army Corps of Engineering keeps level appropriate for commercial traffic

River Bank Slope Is Clue to Depth





Opposite sides of river often have different slopes Result of: Current flow strength Geology of river bank Geologic age of river Erosion at different rates

Current Is Swiftest On Outside of River Bend



Wind Influences Current Flow Opposing wind decreases current / can increase visibility Strong opposing wind indicated by white caps Similar wind increases current / can decrease visibility



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Current Flow Differs With Cross-Section

Assuming Laminar (Parallel) Flow



Side View

Front View

Fastest Current: Center, near surface

Turbulent Flow Around Objects





Objects "splits" flow Alters direction Alters velocity

Turbulent Flow Around Objects

Flow disturbances can deposit debris



Area behind objects: Good place to search for "goodies" Rest area when moving upstream

Debris Builds Up Where Current Slows



Debris accumulation (X) is a good place to search for objects

Inner Bend of River

Each End of Island

Eddy Currents



Eddy current forms downstream from any diversion of current Can be horizontal or vertical (depending on local topography)

Eddy Currents

Circular flow as water "backfills" around objects







Where eddy meets main flow: Often visible sharp line of "wave cancellation" Sand ripples on the bottom

Eddy Currents



Backflow can be a substantial movement upstream

Current Flow

Current Velocity = <u>Volume of Flow</u> Width x Depth

At Constant Flow:

River Narrows – Current Increases River Widens – Current Decreases River Deepens – Current Decreases River Less Deep – Current Increases



Determining Surface Current Flow

Measure time it takes for object to move 100 feet





Time (sec)	ft/sec	ft/min	knots	miles/hour
5	20.00	1200.00	11.85	13.64
10	10.00	600.00	5.92	6.82
15	6.67	400.00	3.95	4.55
16	6.25	375.00	3.70	4.26
17	5.88	352.94	3.49	4.01
18	5.56	333.33	3.29	3.79
19	5.26	315.79	3.12	3.59
20	5.00	300.00	2.96	3.41
21	4.76	285.71	2.82	3.25
22	4.55	272.73	2.69	3.10
23	4.35	260.87	2.58	2.96
24	4.17	250.00	2.47	2.84
25	4.00	240.00	2.37	2.73
30	3.33	200.00	1.97	2.27
35	2.86	171.43	1.69	1.95
40	2.50	150.00	1.48	1.70
45	2.22	133.33	1.32	1.52
50	2.00	120.00	1.18	1.36
60	1.67	100.00	0.99	1.14
70	1.43	85.71	0.85	0.97
80	1.25	75.00	0.74	0.85
90	1.11	66.67	0.66	0.76
100	1.00	60.00	0.59	0.68

Moving Water Exerts Force

St Clair River Current Can Move 1000' Freighters Moving water always defeats humans

Current Velocity (mph)	Current Velocity (knots)	Average Force On Legs (lbs)	Average Force On Body (lbs)	Average Force Swamped Boat (lbs)
3	2.6	16.8	33.6	168
6	5.2	67.2	134	672
9	7.8	151.0	302	1512
12	10.4	269	538	2668



NOAA Charts

NOAA Chart Locator

Chart No 1 (Abbreviations and Symbols)

St. Clair River Booklet Chart

Detroit River Booklet Chart

Coast Pilot 6 (Great Lakes)









Vector Approach to Navigation



Navigation



Navigation:

Process of precisely determining position on map or chart Art of determining path between two points

Vector approach assumes: Current flow is constant in speed and direction Diver swims in a straight line at constant speed and direction

In reality: vector approach is a "best guess"

Best to aim for area upstream from calculated track

Vectors Represent Velocity

Vector = A line that has: Specific direction Specific length (magnitude)



Example: A = Direction and velocity of river current B = Divers swimming direction and speed



Combining vectors (head-to-tail addition) Gives result of the interacting forces

Diver, swimming at speed and direction, B In current direction and velocity, A Moves from point 1 to 2

Drawing Vectors: Tools Needed



Graph Paper Straight Edge Protractor Drawing Compass

Estimating Dive to a Wreck

A diver wishes to dive on the a river wreck

- **Diver measures current**
- Diver knows (from previous determination) their swimming speed

The wreck is directly North on the entry point and 500 feet offshore The current is moving 50 ft/min in direction 075 degrees The diver swims 100 feet in 1.5 minutes (speed = 66.7 ft / min)



Time to wreck: 550 ft / 66.7 ft / min = 7.5 min

The diver assumes they can swim directly from entry to wreck

Use graph paper where: graph scale represents time lines represent direction and speed



Draw the resultant (the addition product) connecting the two points

Vectors suggest at 7.5 minutes, the diver is 300 feet beyond target



Pont D is estimated position of diver swimming straight North from entry point

First, draw the intended track from entry to wreck on graph paper Second, draw the current vector from the starting point

This presents result of current acting on the diver



E = **Entry Point R** = **Result of current vector**

Set a drawing compass to the length of the current vector Draw an arc that intersects the intended path line

Connect current lector R to the intersection point



Desired heading (315 degrees ... from R to intended track) To reach wreck From entry point: Swim Against the current at heading 315 for 7.5 minutes

If current has increased to 300 ft / minute (about 3 knots)



Arc of diver's speed vector does not intersect intended track Dive from entry point not possible by diver swimming

If current has increased to 300 ft / minute (about 3 knots)

Start from the wreck and draw reciprocal of the current vector Add the diver's speed vector <u>Extend the resultant to the chart to determine new entry point</u>



New entry point 1080 feet upstream from original entry point

Vector Approach: Conclusion

This method is not perfect But, It does give reasonable guesses for short paths





Legal Stuff



State of Michigan

Michigan Law 324.76115 – Dangers Accepted by Scuba Divers



Each person who participates in the sport of scuba diving on the Great Lakes bottomlands accepts the dangers that adhere in that sport insofar as the dangers are obvious and necessary. Those dangers include, but are not limited to, injuries which can result from entanglements in sunken watercraft or aircraft; the condition of sunken watercraft or aircraft; the location of sunken watercraft or aircraft; the failure of the state to fund staff or programs at bottomlands preserves; and the depth of the objects and bottomlands within preserves.



Michigan DNR – Dive Flag Guide



Vessels displaying these signal flags could be moored, anchored, drifting or slowing towing divers. DO NOT APPROACH. STAY A SAFE DISTANCE AWAY.

Divers: use common sense; avoid high boat traffic areas and always display a diver down flag when diving

Michigan Act 451 of 1994324.80155

Any person diving or submerging in any of the waters of this state with the aid of a diving suit or other mechanical diving device shall place a buoy or boat in the water at or near the point of submergence. The buoy or boat shall bear a red flag not less than 14 inches by 16 inches with a 3-1/2 inch white stripe running from 1 upper corner to a diagonal lower corner. The flag shall be in place only while actual diving operations are in progress. A vessel shall not be operated within *200 feet* of a buoyed diver's flag unless it is involved in tendering the diving operation. A person diving shall stay within a surface area of *100 feet* of the diver's flag.

Port Huron

Ordinance Sec 18-3 Scuba diving from city owned property allowed But, prohibited in: Harbors Boat Launching Sites Mooring Facilities Exceptions: Authorization of harbor master Search and rescue operations







Detroit

Ordinance 39-1-81

Swimming, water skiing, surf boarding, and skin diving prohibited in all or on all city rivers, canals, ditches, and fountains Ordinance 39-1-83

Diving allowed if properly fitted with underwater breathing apparatus which covers all portions of the body so that no water can reach the mouth, nostrils, or skin.





Critters



Common St. Clair River Game Fish



Brown Trout

Slender reddish-brown body with long, narrow head





Length: 16-31 inches Weight: 2.2 - 60 pounds Lifespan ~ 10-23 years



Carp

Covered with silvery scales appearing like body armor



Considered an invasive / pest fish: destroys vegetation Length: 15 - 32 inches Weight : 15- 25 pounds Lifespan ~ 38 - 47 years




Catfish

Named for prominent barbels which resemble cat's whiskers



Length: 4 - 62 inches Weight: 1- 220 pounds Lifespan ~ 5 - 30 years





Crappie



Length: 10 - 19 inches Weight: 1- 2 pounds Lifespan ~ 4 - 15 years



Crayfish / Crawldad



Length: 1 - 7 inches Weight: 1- 500 grams Lifespan ~ 3 - 8 years





Drum



Length: 1 - 4 feet Weight: 1- 225 pounds Lifespan ~ 10 - 50 years





Large Mouth Bass



Length: 10 - 38 inches Weight: 1- 25 pounds Lifespan ~ 10 - 50 years





Muskellunge (Muskie)



Length: 20 - 72 inches Weight: 15- 36 pounds Lifespan ~ 10 - 30 years





Northern Pike



Length: 24 - 30 inches Weight: 3- 6 pounds Lifespan ~ 10 - 30 years





Salmon



Length: 24 - 58 inches Weight: 3 - 126 pounds Lifespan ~ 10 - 30 years





Silver (White) Bass



Length: 12 - 20 inches Weight: 2 - 7 pounds Lifespan ~ 4 - 9 years





Small Mouth Bass





Length: 12 - 16 inches Weight: 2 - 12 pounds Lifespan ~ 6 - 14 years



Smelt



Length: 1- 8 inches Weight: 1 - 6 ounces Lifespan ~ 8 - 10 years









Length: 3- 23 feet Weight: 80 - 3400 pounds Lifespan ~ 50 - 150 years





Walleye



Length: 20- 42 inches Weight: 80 - 30 pounds Lifespan ~ 10 - 29 years



White Fish



Length: 14 - 20 inches Weight: 1 - 3 pounds Lifespan ~ 10 - 20 years





Yellow Perch



Length: 7 - 20 inches Weight: 1 - 4 pounds Lifespan ~ 8 - 11 years





Zebra Muscles



Length: 0.25 - 1.5 in Lifespan ~ 2 - 9 years





Last Thoughts

The Difference Between Fun & Tragedy:

Physical Fitness Training Proper Equipment Gradual Increase In Comfort Zone Practice









Woo Hoo! All done!

Dive long and prosper

LPT